



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					Oatmeal Bars 1
Lunch					Beef Nuggets, Dinner Roll, Veggies, Fruit
PM Snack					Apple Crisp with Oats
AM Snack	Whole Grain Waffles 4	Banana Muffin 5	Cereal 6	Oatmeal Bars 7	Whole Grain French Toast 8
Lunch	Fish, Tater Tots, Veggies, Fruit	Turkey Tacos, Veggies, Fruit	Soybutter with Grape Jelly Sandwich, Veggies, Fruit	Meatloaf, Sweet Potato Fries, Fruit	Cheese Pizza, Veggies, Fruit
PM Snack	Bear Grahams	Cheezits	Vanilla Wafers	Cracker Bites	String Cheese
AM Snack	Granola Bites 11	Whole Grain French Toast 12	Maple Turkey Pancake Wrap 13	Breakfast Patties 14	Cereal 15
Lunch	Chicken Fries, Tater Tots, Veggies, Fruit	Mac and Beef, Veggies, Fruit	Chicken Nuggets, Sweet Potato Fries, Veggies, Fruit	Sliced Turkey with Rice, Veggies, Fruit	Salisbury Steak, Mashed Potatoes, Veggies, Fruit
PM Snack	Wheat Crackers	Sportbites	Pita and Hummus	Chips and Salsa	Strawberry Chexmix
AM Snack	Egg and Cheese Burrito 18	Cereal	Oatmeal Bars 20	Whole Wheat Pancakes 21	Breakfast Patties 22
Lunch	Soybutter and Grape Jelly Sandwich, Veggies, Fruit	Lasagna with Bolognese, Veggies, Fruit	Chicken Parmesan, Veggies, Fruit	Chicken and Dumplings, Veggies, Fruit	Sloppy Joes on a Roll, Veggies, Fruit
PM Snack	Cracker Bites	Graham Crackers	Strawberry Chexmix	Goldfish	Animal Crackers
AM Snack	Breakfast Sandwich 25	Whole Wheat Pancakes 26	Cranberry Orange Muffin 27	Cereal 28	Oatmeal Bars 29
Lunch	Chicken Fajita Pasta, Veggies, Fruit	Meatballs, Mashed Potatoes, Veggies, Fruit	Turkey Tacos, Veggies, Fruit	Vegetable Lasagna, Fruit	Cheese Pizza, Veggies, Fruit
PM Snack	Harvest Cheddar Sunchips	Waffle Grahams	String Cheese	Fig Newton	Cheezits

