



March Menu 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	4 Cereal and Milk	5 Oatmeal Bars	6 Cereal and Milk	7 Whole Grain Waffles with Strawberry Preserves	8 Bananas and Milk
Lunch	Fish Sticks, Broccoli, Pears and Milk	Macaroni and Cheese, Green Beans, Peaches and Milk	Pizza, Corn, Pineapple and Milk	Meatloaf, Potatoes, Peas and Milk	Baked Ziti, Mixed Veggies, Applesauce and Milk
PM Snack	Pita and Hummus	Waffle Grahams	Pudding	Wheat Crackers and Cheese	Caramel Rice Cakes and Milk
AM Snack	11 Cereal and Milk	12 English Muffin with Applebutter	13 Yogurt and Raisins	14 Cereal and Milk	15 Chef's Choice
Lunch	Diced Turkey, Rice Pilaf, Mixed Fruit and Milk	Ham and Cheese Wrap, Yogurt, Apple Slices and Milk	Spaghetti with Meat Sauce, Green Beans, Salad with Italian Dressing and Milk	Turkey Tacos, Diced Potatoes, Oranges and Milk	
PM Snack	Animal Crackers	Trail Mix	Whole Grain Goldfish Crackers	Apples	
AM Snack	18 Oatmeal Bars	19 Cereal and Milk	20 Cheese Omelet	21 Cereal and Milk	22 Cereal and Milk
Lunch	Sunflower Butter and Jelly on Whole Grain Bread, Carrot Sticks with Ranch Dressing, Peaches and Milk	Grilled Chicken Patty, Potatoes, Peas and Milk	Turkey Sloppy Joes on Whole Grain Bun, Green Beans, Pears and Milk	Bow Tie Pasta with Parmesan Cheese, Carrots, Oranges and Milk	Cheese Quesadilla, Mixed Veggies, Mixed Fruit and Milk
PM Snack	Apples	Graham Crackers with Sunbutter	Orange Slices	Pretzel Fish	Trail Mix
AM Snack	25 Cereal and Milk	26 French Toast Sticks	27 Cereal and Milk	28 Bananas and Milk	29 Oatmeal Bars
Lunch	Ravioletti in Tomato Sauce, Green Beans, Applesauce and Milk	Hamburgers on Whole Grain Bun, Corn, Pears and Milk	Sweet and Sour Chicken, White Rice, Peas and Milk	Grilled Cheese on Whole Grain Bread, Apples, Broccoli and Milk	Chicken Nuggets, Cheesy Cauliflower, Pineapple and Milk
PM Snack	Animal Crackers	Waffle Grahams	String Cheese	Cantaloupe and Milk	Oatmeal Cookies