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| **May 2019**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** |
| **April 29** |  |  |  |
| **April 30** |  |  |  |
| **May 1** |  |  |  |
| **May 2** |  |  |  |
| **May 3 \*\*** |  |  |  |
| **May 6** |  |  |  |
| **May 7** |  |  |  |
| **May 8** |  |  |  |
| **May 9** |  |  |  |
| **May 10 \*\*** |  |  |  |
| **May 13** |  |  |  |
| **May 14** |  |  |  |
| **May 15** |  |  |  |
| **May 16** |  |  |  |
| **May 17 \*\*** |  |  |  |
| **May 20** |  |  |  |
| **May 21** |  |  |  |
| **May 22** |  |  |  |
| **May 23** |  |  |  |
| **May 24 \*\*** |  |  |  |
| **May 27** |  |  |  |
| **May 28** |  |  |  |
| **May 29** |  |  |  |
| **May 30** |  |  |  |
| **May 31 \*\*** |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 29Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitPasta w/Lean Beef Meatballs & Tomato Sauce, Roasted Veggies, Fresh FruitPasta w/Olive Oil, Roasted Veggies, Fresh Fruit | 30Chicken Caprese Sandwich, Roasted Veggies, Roll, Fresh FruitChicken Caprese Sandwich **(w/o Cheese)**, Roasted Veggies, Fresh FruitPasta Primavera, Roasted Seasonal Veggies, Fresh Fruit | 1Philly Cheesesteak, Roasted Seasonal Veggies, Fresh FruitBeef & Broccoli Stir Fry, Lo Mein Noodles, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 2Mojo Grilled Chicken w/Black Bean Salsa, Baked Plantains, Brown Rice, Fresh FruitJerk Chicken Sandwich, Plantain Chips, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 3Mexican Carne Asada w/Pico de Gallo, Spanish Rice, Roasted Seasonal Veggies, Fresh FruitCheese Pizza, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |
| 6Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 7Breakfast for Lunch--Sweet Potato Pancakes, Eggs, Fresh FruitBaked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh FruitPasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit | 8Lean Ground Beef & Cheese Enchiladas, Rice & Beans, Fresh FruitCheese Enchiladas, Rice & Beans, Fresh FruitGrilled Cheese, Roasted Veggies, Fresh Fruit | 9BBQ Chicken, Baked Beans, Corn Bread, Fresh FruitBBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 10Jambalaya, Dirty Rice, Roasted Veggies, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is $108.00
4. Tear off the completed form and **RETURN by Monday, April 15th.**

Meals x $4.50 = \_\_\_\_\_\_\_\_

Paid by: check # \_\_\_\_\_\_\_

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 13Baked Chicken Nuggets, Roasted Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Veggies, Fresh FruitRigatoni Genovese w/Chicken, Roasted Veggies, Fresh Fruit | 14Picadillo, Baked Plantains, Roasted Veggies, Fresh FruitVegetarian Picadillo, Baked Plantains, Roasted Veggies, Fresh FruitCheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 15Chicken Teriyaki Bowl (Chicken over Fried Rice), Steamed Veggies, Fresh FruitTeriyaki Chicken Sandwich, Steamed Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 16Lean Beef Burgers, Roasted Veggies, Fresh FruitLean Beef Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 17Fish Tacos w/Slaw, Roasted Potatoes, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |
| 20Pasta w/Low Fat Alfredo Sauce w/Chicken, Roasted Veggies, Fresh FruitPasta w/Low Fat Alfredo Sauce, Roasted Veggies, Fresh FruitBaked Chicken Nuggets, Glazed Carrots, Fresh Fruit | 21Lean Beef Tacos, Rice & Beans, Fresh FruitVeggie Crumble Tacos, Rice & Beans, Fresh FruitPasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit | 22Lemon Pepper Chicken w/Lo Mein Noodles, Steamed Veggies, Fresh FruitBuffalo Chicken & Blue Cheese Sandwich, Roasted Potatoes, Fresh FruitGrilled Cheese, Roasted Potatoes, Fresh Fruit | 23Turkey Meatball Sub, Roasted Seasonal Veggies, Fresh FruitTurkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 24Chicken Chop w/Saffron Rice, Black Beans, Roasted Veggies, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 27NO YUMMY LUNCHESMEMORIAL DAY | 28Baked Chicken Nuggets, Roasted Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Veggies, Fresh FruitCheese Ravioli w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit | 29“Make Your Own Yummy...” Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit“Make Your Own Yummy...” Tofu Fajitas, Brown Rice, Black Beans, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 30Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitBreaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potatoes, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 31Beef Gyro w/Tzatziki, Sautéed Peppers, Tomatoes & Onions, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |