



April Menu 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1 Cereal and Milk	2 Yogurt	3 Oatmeal Bar	4 Whole Grain Bagel and Cream Cheese	5 Cereal and Milk
Lunch	Turkey and Cheese on Whole Grain Bread, Cucumbers, Apple Slices and Milk	Ham Slice, Green Beans, Peaches and Milk	Chicken Quesadilla, Corn, Pineapple and Milk	Sunbutter and Jelly on Whole Grain Bread, Orange Slices, Carrots and Milk	Pizza, Applesauce, Peas and Milk
PM Snack	Whole Grain Goldfish Crackers	Oatmeal Cookie and Milk	Yogurt and Raisins	Animal Crackers and Milk	Bananas and Milk
AM Snack	8 Cereal and Milk	9 Oatmeal Bars and Milk	10 Cereal and Milk	11 Whole Grain Waffles with Apple Butter	12 Chef's Choice
Lunch	Grilled Cheese on Whole Grain Bread, Mixed Fruit and Milk	Turkey Tacos, Oven Brownd Diced Potatoes, Oranges and Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce and Milk	Pierogies, Green Beans, Peaches and Milk	
PM Snack	Pita Bread with Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices	
AM Snack	15 Cereal and Milk	16 Muffins with Milk	17 English Muffins with Sunflower Butter	18 Cereal and Milk	19 Bananas and Milk
Lunch	Meatloaf with Brown Gravy, Mashed Potatoes, Peas and Milk	Turkey and Cheese Wrap on Whole Grain Tortilla, Grapes, Yogurt and Milk	Spaghetti with Meat Sauce, Salad with Ranch Dressing, Pears and Milk	Hamburger on Whole Grain Roll, Cheesy Cauliflower, Applesauce and Milk	Fish Sticks, Mixed Veggies, Diced Potatoes, Milk
PM Snack	Carrot Sticks with Ranch Dressing and String Cheese	Waffle Grahams	Pretzel Fish	Sunflower Butter and Crackers	Wheat Thins and String Cheese
AM Snack	22 Oatmeal Bars and Milk	23 Yogurt and Raisins	24 Cereal and Milk	25 Apple Slices	26 Chef's Choice
Lunch	Ham and Cheese on Whole Wheat Tortillas, Apple Slices, Corn and Milk	Chicken Nuggets, Broccoli, Pineapple and Milk	Raviloetti with Tomato Sauce, Green Beans, Oranges and Milk	Chicken Parm, Salad with Ranch Dressing, Peachs and Milk	
PM Snack	Pretzel fish and Milk	Applesauce and Milk	Pita and Hummus	Trail Mix and Milk	