



CHESTERBROOK ACADEMY NEWS

May 2019

2018-2019 School Closures:

9/3: Labor Day

11/6: Election Day

(Staff Development)

11/22: Thanksgiving

12/24: Christmas Eve

(closing early 3:00 pm)

12/25: Christmas Day

1/1: New Year's Day

2/18: President's Day

(Staff Development)

5/27: Memorial Day

7/4: Independence Day

From the Principal's Desk:

Thank you all for helping our school celebrate Earth Day last month. Together students created a beautiful rock garden, celebrated the grand opening of our new playground, and helped keep the earth healthy by using recyclable materials for crafts.

We can't wait to spend summer with you and your children and hope you'll join us at the family activities we have planned this month!

- As we move into the warmer months, please be sure your child has **TWO** weather appropriate (and correctly sized)changes of clothing in their cubby. It is important that they come to school in close toes shoes with sunscreen on. Please stop by the front desk if you need a sunscreen permission form, or have any questions.

Educationally Yours,

Sincerely,

Kristen Roselli

May Dates to Remember:

5/2 Mr. Dave Music

5/3 NO LIL SPORTS

5/4 Open House

5/6—5/11 Teacher Appreciation Week

5/6 Soccer Shots

5/7 Lil' Dance

5/9 Mr. Dave Music

5/10 Muffins with Mom

-7:00—9:00am or 4:00—5:30 pm

5/10 Lil' Sports

5/13 Soccer Shots

5/14 Lil' Dance

3/15 Lil' Sports MAKEUP class

5/16 Mr. Dave Music

5/17 Lil' Sports

5/20 Soccer Shots

5/21 Lil' Dance (Last Class)

5/23 Mr. Dave Music

5/24 Lil' Sports

5/31 Lil' Sports (Last Class)

May Announcements

- Join us in celebrating moms and mother figures in our community on **Friday, May 10th** from 7:00 - 9:00 am or 4:00 - 5:30 pm during *Muffins with Mom!* Please join us for muffins, juice, coffee and lots of fun photo ops.
- Teacher Appreciation Week begins on Monday, May 6th. We **love** our teachers and will be working hard to show them how important they are to us!
- Starting on May 6th, our school lunches will be catered by Chef Chipper's Early Learning Lunch Program. He'll be stopping by our facility before catering begins to learn all about our student's dietary needs. If you would like to take a deeper look into the program, please visit www.chefchipper.com

Positive Reinforcement 101: Answers to Some of Your FAQs

Reinforcement is a great way to reward your child for good behavior. When rewards follow desired behavior, they can help boost your child's self-esteem and character development, and increase the likelihood the behavior will be repeated.

Below are answers to some of the most frequently asked questions related to positive reinforcement.



1. What types of reinforcers are there?

Direct: These reinforcers occur naturally. For example, your child will get invited to more play dates if he interacts appropriately with friends.

Social: Express praise in a group setting. While your child is playing well with a sibling say, "Great job sharing your toy with your sister. She's so happy!"

Activity: Allow your child to engage in a preferred activity, such as playing at the park or coloring a picture.

Tangible: Provide toys, trinkets, trophies or awards to your child.

Tokens or points: These have little value in themselves, but your child can exchange them for something valuable.

2. How do I choose a reinforcer?

Reinforcers should be age-appropriate. Watch and listen to see what motivates your child. What activities does he like? Who does he enjoy playing with? Monitor him to see if a reinforcer is working or if a new one is necessary.

3. How can I be successful at positive reinforcement?

Be specific in acknowledging the exact behavior that you'd like to see be repeated. For example, "I'm so proud of you for putting your blocks in the bin on the shelf. You did such a great job!"

Deliver reinforcement immediately following the positive behavior. If you wait until the end of the day, the effect of reinforcement is reduced.

Recognize and praise all improvements. Don't wait until your child's behavior is perfect before delivering reinforcement.

4. Aren't I bribing my child by giving positive reinforcement?

No. A bribe influences a behavior before it happens (i.e., when you give your child a toy first and then he promises to behave). Reinforcers are provided after your child engages in the appropriate behavior. Reinforcers are planned and systematic and are given to elicit a change in behavior long-term.