



May 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	29 Cereal and Milk	30 Oatmeal Bars and Milk	1 Cereal and Milk	2 Whole Grain Waffles with Apple Butter	3 Bananas and Milk
Lunch	Macaroni & Cheese, Broccoli, Pears and Milk	Cheesesteak on Whole Grain Bun, Green Beans, Peaches and Milk	Tuna Sandwich on Whole Grain Bread, Applesauce, Carrot Sticks with Ranch Dressing and Milk	Grilled Chicken Patty, Potatoes, Peas and Milk	Pizza, Salad with Ranch Dressing, Pineapple and Milk
PM Snack	Pita and Hummus	String Cheese	Yogurt and Raisins	Wheat Crackers and Cheese	Waffle Grahams
AM Snack	6 Cereal and Milk	7 English Muffin with Sunflower Butter	8 Yogurt and Granola	9 Cereal and Milk	10 Cereal and Milk
Lunch	Diced Turkey, Rice Pilaf, Mixed Veggies and Milk	Ham and Cheese Wrap on Whole Grain Tortilla, Yogurt, Apple Slices and Milk	Lasagna Roll Ups, Green Beans and Milk	Turkey Tacos, Salad with Ranch Dressing, Oranges and Milk	Chef's Choice
PM Snack	Applesauce and Milk	Animal Crackers	Whole Grain Goldfish Crackers	Apples	
AM Snack	13 Oatmeal Bars	14 Cereal and Milk	15 Cheese Omelet	16 Bananas and Milk	17 Cereal and Milk
Lunch	Chicken Patty on Whole Grain Bun, Carrot Sticks with Ranch Dressing, Peaches and Milk	Meatloaf, Diced Potatoes, Peas and Milk	Turkey and Cheese on Whole Grain Bread, Corn, Pineapple and Milk	Bow Tie Pasta with Parmesean Cheese, Carrots, Oranges and Milk	Cheese Quesadilla on Whole Grain Tortillas, Mixed Veggies, Peaches and Milk
PM Snack	Oranges Slices and Milk	Graham Crackers with Sunflower Butter	Apples	Pretzel Goldfish	Trail Mix
AM Snack	20 Cereal and Milk	21 Whole Grain Waffles	22 Cereal and Milk	23 Bananas and Milk	24 Cereal and Milk
Lunch	Ravioletti in Tomato Sauce, Green Beans, Applesauce and Milk	Hamburgers on Whole Grain Bun, Corn, Pears and Milk	Pancakes, Turkey Sausage, Fruit and Milk	Grilled Cheese on Whole Grain Bread, Apples, Broccoli and Milk	Chef's Choice
PM Snack	Oatmeal Cookie	Waffle Grahams	String Cheese	Cantalope and Milk	
AM Snack	27 Closed	28 Oatmeal Bars	29 Cereal and Milk	30 Yogurt	31 Cereal and Milk
Lunch	Memorial Day	Chicken Nuggets, Corn, Mixed Fruit and Milk	Cheese Tortellini, Green Beans, Applesauce and Milk	Ham Slice, Cheesy Cauliflower, Peaches and Milk	Sweet and Sour Chicken, White Rice, Mandarin Oranges and Milk
PM Snack		Trail Mix	Chocolate Pudding	Crackers and Cheese	Apples



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