



# August 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8	8
<b>AM Snack</b>	Cereal and Milk	Oatmeal Bars	Cereal and Milk	Fresh Fruit	
<b>Lunch</b>	Chicken Nuggets, Sweet Potato Fries, Carrots and Milk	Mac and Cheese, Green Beans, Pears and Milk	Ravioli with Tomato Sauce, Mixed Veggies, Peaches and Milk	Sunbutter and Jelly on Whole Grain Bread, Apple Slices, Yogurt and Milk	Chef's Choice
<b>PM Snack</b>	Goldfish Crackers	Graham Crackers and Milk	Tiki Crackers and String Cheese	Waffle Grahams	
	12	13	14	15	16
<b>AM Snack</b>	Waffles w/ Apple Butter	Cereal and Milk	Oatmeal Bar	Cereal and Milk	Fresh Fruit
<b>Lunch</b>	Cheese Quesadilla, Green Beans, Pineapple and Milk	Tuna Wrap, Corn, Fresh Fruit and Milk	Pierogies, Broccoli, Pears and Milk	Ham and Cheese Wrap, Oranges, String Cheese and Milk	Pizza, Salad with Ranch Dressing, Peaches and Milk
<b>PM Snack</b>	Oatmeal Cookies	Pita and Hummus	Animal Crackers	Fresh Fruit	Crackers and Cheese
	19	20	21	22	23
<b>AM Snack</b>	French Toast	Cereal and Milk	Cereal and Milk	Bagels and Cream Cheese	
<b>Lunch</b>	Bow Tie Pasta with Parm., Peas, Oranges and Milk	Chicken Parm, Corn, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Applesauce and Milk	Turkey and Cheese on Whole Grain Bread, Fresh Fruit, Carrot Sticks and Milk	Chef's Choice
<b>PM Snack</b>	Rice Cakes and Milk	Pretzel Fish	Spikers Crackers and String Cheese	Fresh Fruit and Milk	
	26	27	28	29	30
<b>AM Snack</b>	Yogurt and Granola	Cereal and Milk	Waffles	Cereal and Milk	Oatmeal Bars
<b>Lunch</b>	Sweet and Sour Chicken, White Rice, Broccoli and Milk	Turkey Tacos, Corn, Fresh Fruit and Milk	Pasta with Tomato Sauce, Green Beans, Pears and Milk	Hamburgers, Sweet Potato Fries, Carrots and Milk	Pizza, Applesauce, Green Beans and Milk
<b>PM Snack</b>	Yogurt and Granola	Graham Crackers and Raisins	Cucumbers with Ranch dressing and string cheese	Tiki Crackers and String Cheese	Waffle Grahams