

# CBA Café Days!

**September 2nd – October 4th 2019**

CHECK ONE CHOICE Per Day. All entrees/sides are *nut free* and *served w/ milk & water.*



**\$5 per Day**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

2  
**NO SCHOOL**  
**LABOR DAY**

3 **Main Entrée Choices:**  
 Cheese Quesadilla (Meatless)  
 Burrito: Bean, Cheese, Rice (Meatless)  
 2 Chicken & Cheese Tacos  
 Salad w/Lettuce, Beans, Rice, Cheese & Chicken   
**Included Side:** Chips & Salsa

4 **Main Entrée Choices:**  
 Macaroni & Cheese (Meatless)  
 Chicken (Leg and Thigh)   
 Meatloaf  
 Turkey  
**Included Sides:** Cornbread, Mashed Potatoes w/gravy & Green Beans

5 **Main Entrée Choices:**   
 Chicken Sandwich  
 Yogurt & Fruit Parfait (meatless)  
 8 pack nuggets  
 6 pack nuggets  
**Included Side:** Dole Fruit Cup & Choice of Ketchup/Ranch

6 **Main Entrée Choices:**  
 2 Pepperoni Pizza Slices  
 2 Cheese Pizza Slices (meatless)  
  
**Included Side:** Applesauce

9 **Main Entrée Choices:**  
 Chicken & Broccoli   
 Sweet & Sour Chicken  
 Sesame Chicken  
 Lo Mein (Meatless)  
**Included Side:** Rice (except w/LoMein)

10 **Main Entrée Choices:**  
 Cheese Quesadilla (Meatless)  
 Burrito: Bean, Cheese, Rice (Meatless)  
 2 Chicken & Cheese Tacos  
 Salad w/Lettuce, Beans, Rice, Cheese & Chicken   
**Included Side:** Chips & Salsa

11 **Main Entrée Choices:**  
 Macaroni & Cheese (Meatless)  
 Chicken (Leg and Thigh)   
 Meatloaf  
 Turkey  
**Included Sides:** Cornbread, Mashed Potatoes w/gravy & Green Beans

12 **Main Entrée Choices:**   
 Chicken Sandwich  
 Yogurt & Fruit Parfait (meatless)  
 8 pack nuggets  
 6 pack nuggets  
**Included Side:** Dole Fruit Cup & Choice of Ketchup/Ranch

13 **Main Entrée Choices:**  
 2 Pepperoni Pizza Slices  
 2 Cheese Pizza Slices (meatless)  
  
**Included Side:** Applesauce

16 **Main Entrée Choices:**  
 Chicken & Broccoli   
 Sweet & Sour Chicken  
 Sesame Chicken  
 Lo Mein (Meatless)  
**Included Side:** Rice (except w/LoMein)

17 **Main Entrée Choices:**  
 Cheese Quesadilla (Meatless)  
 Burrito: Bean, Cheese, Rice (Meatless)  
 2 Chicken & Cheese Tacos  
 Salad w/Lettuce, Beans, Rice, Cheese & Chicken   
**Included Side:** Chips & Salsa

18 **Main Entrée Choices:**  
 Macaroni & Cheese (Meatless)  
 Chicken (Leg and Thigh)   
 Meatloaf  
 Turkey  
**Included Sides:** Cornbread, Mashed Potatoes w/gravy & Green Beans

19 **Main Entrée Choices:**   
 Chicken Sandwich  
 Yogurt & Fruit Parfait (meatless)  
 8 pack nuggets  
 6 pack nuggets  
**Included Side:** Dole Fruit Cup & Choice of Ketchup/Ranch

20 **Main Entrée Choices:**  
 2 Pepperoni Pizza Slices  
 2 Cheese Pizza Slices (meatless)  
  
**Included Side:** Applesauce

23 **Main Entrée Choices:**  
 Chicken & Broccoli   
 Sweet & Sour Chicken  
 Sesame Chicken  
 Lo Mein (Meatless)  
**Included Side:** Rice (except w/LoMein)

24 **Main Entrée Choices:**  
 Cheese Quesadilla (Meatless)  
 Burrito: Bean, Cheese, Rice (Meatless)  
 2 Chicken & Cheese Tacos  
 Salad w/Lettuce, Beans, Rice, Cheese & Chicken   
**Included Side:** Chips & Salsa

25 **Main Entrée Choices:**  
 Macaroni & Cheese (Meatless)  
 Chicken (Leg and Thigh)   
 Meatloaf  
 Turkey  
**Included Sides:** Cornbread, Mashed Potatoes w/gravy & Green Beans

26 **Main Entrée Choices:**   
 Chicken Sandwich  
 Yogurt & Fruit Parfait (meatless)  
 8 pack nuggets  
 6 pack nuggets  
**Included Side:** Dole Fruit Cup & Choice of Ketchup/Ranch

27 **Main Entrée Choices:**  
 2 Pepperoni Pizza Slices  
 2 Cheese Pizza Slices (meatless)  
  
**Included Side:** Applesauce

30 **Main Entrée Choices:**  
 Chicken & Broccoli   
 Sweet & Sour Chicken  
 Sesame Chicken  
 Lo Mein (Meatless)  
**Included Side:** Rice (except w/LoMein)

1 **Main Entrée Choices:**  
 Cheese Quesadilla (Meatless)  
 Burrito: Bean, Cheese, Rice (Meatless)  
 2 Chicken & Cheese Tacos  
 Salad w/Lettuce, Beans, Rice, Cheese & Chicken   
**Included Side:** Chips & Salsa

2 **Main Entrée Choices:**  
 Macaroni & Cheese (Meatless)  
 Chicken (Leg and Thigh)   
 Meatloaf  
 Turkey  
**Included Sides:** Cornbread, Mashed Potatoes w/gravy & Green Beans

3 **Main Entrée Choices:**   
 Chicken Sandwich  
 Yogurt & Fruit Parfait (meatless)  
 8 pack nuggets  
 6 pack nuggets  
**Included Side:** Dole Fruit Cup & Choice of Ketchup/Ranch

4 **Main Entrée Choices:**  
 2 Pepperoni Pizza Slices  
 2 Cheese Pizza Slices (meatless)  
  
**Included Side:** Applesauce

Check # \_\_\_\_\_  
 Make Payable to: **CBA**  
**ATTACH CHECK HERE**

Total \$ \_\_\_\_\_  
 (\$5 per Day)  
**ORDER TOTAL**

**DUE no later than Friday, August 30th**  
**Student Name:** \_\_\_\_\_  
 Questions? Contact Mrs. Smith: [venus.smith@nlcinc.com](mailto:venus.smith@nlcinc.com)

\_\_\_\_\_ **Room/Teacher**