



# September 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	CLOSED	Nutri-Grain Bar	Bananas	Whole Grain Cereal	Bagels with Grape Jelly
Lunch		Grilled Cheese, Tomato Soup, Crackers, Peaches	Cheeseburgers, Tots, Applesauce	Lasagna, Cauliflower, Mandarin Oranges	Pizza, Salad Mix with Ranch Dressing, Apple Slices
PM Snack		Chips and Salsa	Pretzels	Cheese Sticks	Rice Krispy Treat
AM Snack	Yogurt and Granola	French Toast	Muffins	Poptarts	Oatmeal Bar
Lunch	Beef Nuggets, Green Beans, Applesauce	Turkey Tacos, Corn, Pineapple	Chicken Nuggets, Fresh Carrots, Pears	Mac and Cheese, Ham, Zucchini, Mandarin Oranges	Turkey, Stuffing, Gravy, Peas, Peaches
PM Snack	Animal Crackers	Chips and Salsa	Pretzels	Bananas	Chex Mix- Strawberry
AM Snack	English Muffin with Apple Butter	Nutri-Grain Bar	Bananas	Whole Grain Cereal	Bagels with Grape Jelly
Lunch	French Toast, Sausage Links, Apple Slices	Grilled Cheese, Tomato Soup, Crackers, Peaches	Cheeseburgers, Tots, Applesauce	Lasagna, Cauliflower, Mandarin Oranges	Pizza, Salad Mix with Ranch Dressing, Apple Slices
PM Snack	Whole Grain Goldfish	Cheddar Chex Mix	Caramel Rice Cakes	Cheese Sticks	Rice Krispy Treat
AM Snack	Yogurt and Granola	French Toast	Muffins	Poptarts	Oatmeal Bar
Lunch	Beef Nuggets, Green Beans, Applesauce	Turkey Tacos, Corn, Pineapple	Chicken Nuggets, Fresh Carrots, Pears	Mac and Cheese, Ham, Zucchini, Mandarin Oranges	Turkey, Stuffing, Gravy, Peas, Peaches
PM Snack	Animal Crackers	Chips and Salsa	Pretzels	Bananas	Chex Mix- Strawberry
AM Snack	English Muffin with Apple Butter				
Lunch	French Toast, Sausage Links, Apple Slices				
PM Snack	Whole Grain Goldfish				