



September 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	CLOSED	2 Mini Muffins, Fresh Fruit, Milk	3 Waffles, Fruit Juice, Milk	4 Trix Cereal Bars, Fresh Fruit, Milk	5 Soft Tortilla Shell, Banana, Milk
Lunch	LABOR DAY	6 Fish Nuggets, Green Beans, Peaches, Bread, Milk	7 Spaghetti w/ meat sauce, Diced Carrots, Pineapple Tidbits, Milk	8 Meatloaf, Diced Potatoes, Mixed Fruit, Bread, Milk	9 Asst. Deli Meat'n Cheese Sandwich, Mixed Vegetables, Diced Pears, Milk
PM Snack		10 Ritz Crackers & Cheese, Water	11 Jaws Snack Mix, Fresh Fruit	12 Cheezits, Fruit Juice	13 Fresh Fruit, Milk
AM Snack	9 Cheerios ,Fresh Fruit, Milk	10 English Muffins, Fruit Juice, Milk	11 Cheese Toast, Fresh Fruit, Milk	12 Pancake, Fruit Juice, Milk	13 Biscuit, Fresh Fruit, Milk
Lunch	14 Beef Stew w/ mixed vegetables, Rice, Applesauce, Milk	15 Chicken n' Dumplings, Lima Beans, Diced Peaches, Milk	16 Chil 'n Cheese Burrito, Green Beans, Mixed Fruit, Milk	17 Pinto Beans, Mashed Potatoes, Pineapple Tidbits, Cornbread, Milk	18 Sliced Turkey Ham, Sweet Potatoes, Diced Pears, Bread, Milk
PM Snack	19 Carrot Sticks, Crackers, Water	20 Wheat Bread Sticks, Fresh Fruit	21 Gardetto's Snack Mix, Fruit Juice	22 Fresh Fruit, Crackers, Water	23 Goldfish, Fruit Juice
AM Snack	16 Honey Graham Cereal, Fresh Fruit, Milk	17 French Toast Sticks, Fruit Juice, Milk	18 Bagelette, Fresh Fruit, Milk	19 Cereal Bar, Fruit Juice, Milk	20 Rice Cake, Bananas, Milk
Lunch	21 Macaron & Cheese w/Turkey Ham, Peas, Applesauce, Milk	22 Fish Nuggets, Green Beans, Peaches, Bread, Milk	23 Salisbury Steak w/ gravy, Mixed Vegetables, Pineapple, Bread, Milk	24 Chicken Pattie Sandwich, Diced Carrots, Mixed Fruit, Milk	25 Chili Beans, Diced Potatoes, Diced Pears, Cornbread, Milk
PM Snack	26 Soft Tortilla Shell, Banana, Milk	27 Apples & Cheese, Water	28 Oyster Crackers, Juice	29 Cheese w/ Wheat Crackers, Water	30 Graham Crackers, Milk
AM Snack	23 Cheerios ,Fresh Fruit, Milk	24 Mini Muffins, Fruit Juice, Milk	25 Waffles, Fruit Juice, Milk	26 Trix Cereal Bars, Fresh Fruit, Milk	27 Soft Tortilla Shell, Banana, Milk
Lunch	28 Hamburger w/ Bun, Carrots, Pineapple, Milk	29 Pepperoni Pizza, Green Beans, Peaches, Milk	30 Chicken Nuggets, Lima Beans, Pears, Bread, Milk	31 Ravioli, Mixed Vegetables, Mixed Fruit, Bread, Milk	32 Chicken w/ pasta, Peas, Applesauce, Milk
PM Snack	33 Pretzels, Juice	34 Ritz Crackers & Cheese, Water	35 Jaws Snack Mix, Fresh Fruit	36 Cheezits, Fruit Juice	37 Fresh Fruit, Milk
AM Snack	28 Honey Graham Cereal, Fresh Fruit, Milk	29 English Muffins, Fruit Juice, Milk	30 Cinnamon Toast, Fresh Fruit, Milk		
Lunch	31 Chicken Pot Pie w/ Mixed Vegetables, Applesauce, Bread, Milk	32 Taco Salad w/meat, cheese, lettuce, tomatoes, Diced Pears, Tortilla Shell, Milk	33 Corn Dogs, Baked Beans, Diced Potatoes, Pineapple, Milk		
PM Snack	34 Carrot Sticks, Crackers, Water	35 Wheat Bread Sticks, Fresh Fruit	36 Gardetto's Snack Mix, Fruit Juice		