



# LUNCH MENU

→ OCTOBER 2019

	<p>1</p> <p>Turkey Meatballs in Marinara on WG Roll, Green Beans, Pears</p> <p>AM – Banana Muffin PM – Cheez-Its</p>	<p>2</p> <p>Grilled Cheese on WG Bread, Chicken Soup, Mandarin Oranges</p> <p>AM – Apple Slices PM – Vanilla Wafers</p>	<p>3</p> <p><b>CHEF'S CHOICE</b></p> <p>AM – Vanilla Yogurt PM – Crackers &amp; Cheese</p>	<p>4</p> <p>Cheese Pizza on WG Cruist, Cooked Carrots, Fruit Cocktail</p> <p>AM – Cereal Bar PM – Chex Mix</p>
<p>7</p> <p>White Meat Chicken Breast, Rice Pilaf, Green Beans, Peaches</p> <p>AM – Rice Krispies PM – Graham Crackers</p>	<p>8</p> <p>Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple</p> <p>AM – Blueberry Muffin PM – Goldfish</p>	<p>9</p> <p>Turkey Ham &amp; Cheese on WG Tortilla, Baked French Fries, Pears</p> <p>AM – Orange Slices PM – Oatmeal Cookies</p>	<p>10</p> <p><b>CHEF'S CHOICE</b></p> <p>AM – Strawberry Yogurt PM – Crackers &amp; Cheese</p>	<p>11</p> <p>Macaroni &amp; Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail</p> <p>AM – Cereal Bar PM – Chex Mix</p>
<p>14</p> <p>Beef Cheeseburger Slider, Rice Pilaf, Corn, Peaches</p> <p>AM – Cheerios PM – Animal Crackers</p>	<p>15</p> <p>Penne Pasta in Marinara Sauce, Green Beans, Pears</p> <p>AM – Banana Muffin PM – Cheez-Its</p>	<p>16</p> <p>Grilled Cheese on WG Bread, Tomato Soup, Mandarin Oranges</p> <p>AM – Apple Slices PM – Vanilla Wafers</p>	<p>17</p> <p><b>CHEF'S CHOICE</b></p> <p>AM – Vanilla Yogurt PM – Crackers &amp; Cheese</p>	<p>18</p> <p>Cheese Pizza on WG Cruist, Cooked Carrots, Fruit Cocktail</p> <p>AM – Cereal Bar PM – Chex Mix</p>
<p>21</p> <p>White Meat Asian Chicken, Rice Pilaf, Green Beans, Peaches</p> <p>AM – Rice Krispies PM – Graham Crackers</p>	<p>22</p> <p>Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple</p> <p>AM – Blueberry Muffin PM – Goldfish</p>	<p>23</p> <p>Turkey Ham &amp; Cheese on WG Tortilla, Baked French Fries, Pears</p> <p>AM – Orange Slices PM – Oatmeal Cookies</p>	<p>24</p> <p><b>CHEF'S CHOICE</b></p> <p>AM – Strawberry Yogurt PM – Crackers &amp; Cheese</p>	<p>25</p> <p>Macaroni &amp; Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail</p> <p>AM – Cereal Bar PM – Chex Mix</p>
<p>28</p> <p>White Meat Asian Chicken, White Rice, Green Beans, Peaches</p> <p>AM – Rice Krispies PM – Graham Crackers</p>	<p>29</p> <p>Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple</p> <p>AM – Blueberry Muffin PM – Goldfish</p>	<p>30</p> <p>Turkey Ham &amp; Cheese on WG Tortilla, Baked French Fries, Pears</p> <p>AM – Orange Slices PM – Oatmeal Cookies</p>	<p>31</p> <p><b>CHEF'S CHOICE</b></p> <p>AM – Vanilla Yogurt PM – Crackers &amp; Cheese</p>	