

\*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



# October Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		1	2	3	4
Lunch		CHEF'S CHOICE	Pizza Muffins, Salad, Pineapple	Tortellini Alfredo, Spinach, Peaches	Tacos, Yellow Rice, Cucumbers & Dip
PM Snack			Graham Crackers	Nilla Wafers	Mandarin Oranges
AM Snack	7	8	9	10	11
Lunch	Muffin	CHEF'S CHOICE	Granola Bar	Oranges	Cereal
PM Snack	Chicken Nuggets, Tater Tots, Green Beans		Mini Pancakes, Turkey Sausage, Banana	Turkey & Cheese Roll Ups, Garden Veggie Pasta Salad	Asian Chicken Bites, Rice Pilaf, Carrots
AM Snack	14	15	16	17	18
Lunch	Melon		Crackers & Cheese	Cracker Bites	Apple Slices
PM Snack	Applesauce		Cereal	Yogurt	Oatmeal Bar
AM Snack	21	22	23	24	25
Lunch	Swedish Meatballs, Noodles, Peas	CHEF'S CHOICE	Chicken Cacciatore, Fruit Cocktail	Cheese Burger Sliders with Pickles, Baked Beans, Apple Slices	Fish Sticks, Peas, Melon
PM Snack	Cheese Sticks		Crackers & Hummus	Animal Crackers	Goldfish
AM Snack	28	29	30	31	
Lunch	Sunbutter & Crackers	CHEF'S CHOICE	Waffle Grahams	Granola Bar	Cereal
PM Snack	Au Gratin Potatoes & Ham, Peas, Peaches		French Toast Sticks, Hash Browns, Orange Slices	Raviolis, Garlic Bread, Salad	Red Beans & Rice, Pears, Peppers & Hummus
AM Snack	31				
Lunch	Tortilla Chips & Salsa		Applesauce	Tropical Fruit Cocktail	Apricot Slices
PM Snack	Muffin		Cereal	"BOO"nanas!	
AM Snack	31				
Lunch	Pulled Chicken Sliders, Baked Fries, Melon	CHEF'S CHOICE	Pasta Fagioli (Fazool), Applesauce	Grilled Cheese, Sweet Potato Fries, Mandarin Oranges	
PM Snack	Rice Cakes		Cucumbers & Dip	Class Parties!	