



November 2019 Menu



*Whole milk is served to children 2 and under

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Pancake Wrapped Sausage Nuggets/1% Milk ⁴	Cheesy Grit/1% Milk ⁵	Omelet/1% Milk ⁶	Whole Grain Cereal/1% Milk ⁷	Whole Grain Pancake with Sugar Free Syrup/1% Milk ⁸
Lunch	BBQ Chicken Sandwich on White Bun/Succotash/Diced Pears/1% Milk	Cheese Ravioli with Marinara Sauce/Steamed Broccoli/Mandarin Oranges/1% Milk	Beef Stroganoff/ Mixed Vegetables/Tropical Fruit Salad/1% Milk	Baked Chicken Nuggets/Diced Peaches/Steamed Corn/ 1/2 Slice Wheat Bread/1% Milk	Cheese Pizza/Salad with Ranch Dressing/ Mandarin Oranges/1% Milk
PM Snack	Strawberries with Whipped Fruit Dip/Graham Crackers/Chilled Water	Strawberry Cheerio Bar/Chilled Water	Mozzerella Cheese Sticks/Ritz Crackers/Chilled Water	Fresh Carrot w Ranch Dressing/Wheat Crackers/Chilled Water	Goldfish Crackers/100% Fruit Juice
Vegetarian	Macaroni and Cheese Nugget	Cheese Ravioli	Vegetable Nugget	Corn Nugget	Cheese Pizza
AM Snack	¹¹	Croissant/1% Milk ¹²	Toast with Jelly/1% Milk ¹³	Whole Grain Cereal/1% Milk ¹⁴	Turkey Bacon/Wheat Bread Slice/1% Milk ¹⁵
Lunch	CLOSED	Grilled Cheese Sandwich/ Vegetable Soup/Mandarin Oranges/1% Milk	Meatloaf/Broccoli&Cauliflower Mix/Diced Pears/Wheat Bread Slice/1% Milk	Baked Corn Dog Nuggets/Dinner Roll/Lima Beans/Diced Pineapple/1% Milk	Beef Stew with Mixed Vegetables, Wheat Bread Slice, Tropical Fruit/1% Milk
PM Snack		Pita Bread Triangle with Hummus/Chilled Water	Sun Butter Spread with Graham Crackers/Chilled Water	Strawberry Chex Mix/Chilled Water	Animal Crackers/Fresh Orange Slices/Water
Vegetarian		Sunbutter and Jelly Sandwich	Corn Nugget	Macaroni and Cheese Nugget	Vegetable Nugget
AM Snack	¹⁸	Golden Hashbrown/1% Milk ¹⁹	Blueberry Bagel with Cream Cheese Spread/1% Milk ²⁰	Whole Grain Cereal/1% Milk ²¹	Raspberry Nutri-Grain Bars /1% Milk ²²
Lunch	Beef Ravioli/Steamed Corn/Diced Pears/1% Milk	Baked Chicken Sandwich on White Bun/Grilled Squash&Zucchini/Baked Apples/ 1% Milk	Macaroni and Cheese/Steamed Peas/Pineapple Tidbits/1% Milk	Baked Fish Nuggets/Wheat Bread Slice/Steamed Peas/Diced Peaches/1% Milk	Sliced Turkey with Gravy/Steamed Green Beans/Dressing/Mashed Potatoes/Cranberry Sauce/1% Milk
PM Snack	Ritz Crackers/Cheddar Cheese Cubes/Chilled Water	Fig Newton Bars/Chilled Water	Fresh Sliced Apples/Oyster Crackers/Chilled Water	Graham Crackers/Tropical Fruit Salad/Chilled Water	Goldfish Crackers/100% Fruit Juice
Vegetarian	Baked Corn Nugget	Sunbutter and Jelly Sandwich	Macaroni and Cheese	Macaroni and Cheese Nugget	Vegetable Nugget
AM Snack	²⁵	Golden Biscuit/1% Milk ²⁶	Whole Grain Cereal/1% Milk ²⁷	Happy Thanksgiving! ²⁸	²⁹
Lunch	Mozzarella Cheese Bread/Diced Pears/Steamed Mixed Vegetables/1% Milk	Hamburger on White Bun/Peas and Carrot Blend/Pineapple Tidbits/1% Milk	Baked Beef Nuggets/ Broccoli and Cauliflower Medley/Diced Peaches/Dinner Roll/1% Milk		CLOSED
PM Snack	Cucumber Slices with Ranch Dressing/ Ritz Crackers/Chilled Water	Soft Pretzels with Nacho Cheese/ Chilled Water	Trail Mix/ 100% Fruit Juice		
Vegetarian	Mozzarella Cheese Bread	Macaroni and Cheese Nugget	Corn Nugget		

