



# NOVEMBER NEWSLETTER

## **A Note From Our Principal,**

We hope your children enjoyed their fall lessons, pumpkin themed activities and classroom celebrations last month. Seeing our students enjoy their Halloween costumes and fall attire is one of the highlights of the year for us. Thank you for allowing us to be part of these special occasions! This month we are focusing on gratitude and connecting with our community. As part of this focus, we are busily preparing for our Holiday Giving campaign. This year each classroom has also come up with a giving initiative. Please check with your child's teacher for more information. As a school we will be collecting donations for Haymarket Food Pantry through the 29<sup>th</sup>. You can also donate your unwanted Halloween candy to the school by November 14<sup>th</sup> to support Soldiers Angels.

Sincerely,  
Jessica Powell

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## **Annual Fall Festival and Open house!**

On Saturday November 16<sup>th</sup> from 10am – 1pm we will be hosting our annual family fall festival. We will have vendor booths, refreshments, exhibits and fun activities for the children! If you would like to be entered for a chance to win one of our gift baskets, please bring a friend to the event! We will be auctioning off a couple of fun prizes for games and participation! If you are interested in becoming a vendor, please email Ms. Tiffany by November 6<sup>th</sup> at [Tiffany.Stillwell@nlcinc.com](mailto:Tiffany.Stillwell@nlcinc.com). We would love to see family participation. Our teachers are working very hard on making this a fun event for everyone!

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## **Illness Policy Reminder**

With cold and flu season upon us we wanted to send out a friendly reminder. Our parents are vital partners in helping us to maintain a safe and healthy environment for the students in our school. The most important thing you can do to assist us in creating a healthy environment is to keep your child home if they are ill. This reduces the spread of illness and allows your child to fully recuperate. Children may not attend school until they have been symptom free for 24 hours if they display any of the following:

- Fever of 100 degrees or more—must be fever free for 24 hours with no fever-reducing medicine before returning to school

- Vomiting, diarrhea or stomach upset
- Heavy nasal discharge requiring wiping every 3-5 minutes
- Persistent, non-productive or barking cough
- Sore throat
- Skin rash, including diaper rash
- Head lice
- Symptoms of a communicable disease
- Fussy, cranky behavior unlike child's normal demeanor that may indicate illness

For more information please see our Parent Handbook or reach out to a member of our administrative team.

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### **School-Age Day Drop in Care Available**

PWCS is closed on November 4<sup>th</sup>, November 5<sup>th</sup>, and November 27<sup>th</sup>, but we are open and holding special days of service for our School-Age students. Students will be given special community giving project during their time with us. Consisting of making cards to send to veterans, reading stories to younger students and learning what giving is all about. Please let us know if your student will be in attendance!

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### **Thanksgiving Celebrations**

Each of our classrooms will be celebrating Thanksgiving with a special lunch on November 12<sup>nd</sup> at 11:30 or noon depending on your child's classroom lunch schedule. Students are making their own placemats, hats and table décor for this fun event. Please check with your child's classroom for any special instructions and families are encouraged to attend if you're able! We will be sharing plenty of photos through Links 2 Home as well!

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### **Ancillary Sign Up is still available!**

Our Ancillary programs are filling up fast. We still have a couple of spaces available and your child can join at any time! If you are interested in Dance, Soccer or Stretch – n – Grow please let Ms. Tiffany or Ms. Jessica know.

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### **Important Dates**

November 1<sup>st</sup>—Haymarket Food Pantry donation drive begins.  
November 11<sup>th</sup>—Closed for Teacher Development Training  
November 12<sup>th</sup>—Classroom Thanksgiving Lunch celebrations  
November 13<sup>th</sup>—Picture Day!  
November 16<sup>th</sup>—Annual Fall Festival! (10am-1pm)  
November 18<sup>th</sup>—Pajama Day!  
November 28<sup>th</sup>—SCHOOL CLOSED FOR THANKSGIVING  
November 29<sup>th</sup>—SCHOOL CLOSED

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# Fun Family Recipe for November



## Apple Pie Bites

- *Prep Time:* 15 mins
- *Cook Time:* 12 mins
- *Yield:* 24 apple pie bites <sup>3x</sup>

### DESCRIPTION

- Apple Pie Bites -Delicious, quick & easy mini apple pies made with Pillsbury crescent rolls in less than 30 minutes!

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### INGREDIENTS

- 3/4 cup packed light brown sugar
- 3 teaspoon [apple pie spice](#), and additional [apple pie spice](#) (about 3/4 teaspoon) for sprinkling on top of crescent rolls
- 9 tablespoons butter, melted
- 1 cup chopped pecans (optional)
- 3 small Granny Smith apple, cored and sliced into 8 (1/2-inch) slices
- 3 (8-ounce) can Pillsbury Original crescent rolls

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### INSTRUCTIONS

1. Preheat your oven to 375 degrees F. Line a baking sheet with parchment paper.
2. In a small bowl, combine brown sugar and [apple pie spice](#). Set aside.
3. Melt butter and toss apple slices in butter, set aside.
4. Arrange crescent roll triangles on baking sheet lined with parchment paper. Evenly distribute brown sugar mixture onto each triangle.
5. Sprinkle each triangle evenly with the chopped pecans (optional).
6. Place an apple slice on the wide end of each triangle. Wrap crescent roll dough around each apple.
7. Brush each crescent roll with remaining butter. Sprinkle lightly with additional apple pie spice.
8. Bake for 10-12 minutes, or until golden brown. Cool for 5 minutes before serving.

# Fall Sensory Fun

October, 2019 | Topics: [Mathematics](#), [Social Emotional](#), [Wellness](#)



Sensory play is a wonderful opportunity for children to explore textures, sights and scents of the fall season. Multi-sensory experiences help children retain information better, build new skills, and develop a lifelong love of learning. Below are three activities that you can try with your child this month.

## Explore the Inside of a Pumpkin

Cut off the top of a pumpkin and give it to your child. Encourage him to reach inside, get a little messy, and feel the slimy texture. Encourage fine motor and math skills by asking him to pick out and count the seeds.

## Create a Fall-Themed Sensory Bin

Take a nature walk with your child and collect leaves, pine cones, sticks and acorns. Encourage him to name and count each item. When you get home, fill a bin with rice or small pasta. Add in items found in nature, such as leaves, pine cones, sticks, and acorns. Give your child cups and spoons and encourage him to explore by scooping, digging, pouring and sorting.

## Give a Pumpkin a Bath

Fill a sink or large bin with water, bubble bath solution, and a few small pumpkins. Provide your child with a sponge or brush and ask him to help you give the pumpkins a bath. He'll love dunking the pumpkins in the water and scrubbing them clean.