



CHESTERBROOK ACADEMY OF WASHINGTON TWP.

LUNCH MENU

→ DECEMBER 2019

2 White Meat Chicken Nuggets, Rice Pilaf, Green Beans, Peaches AM – Rice Krispies PM – Graham Crackers	3 Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple AM – Blueberry Muffin PM – Goldfish	4 WG French Toast, Turkey Sausage Patty, Pears AM – Orange Slices PM – Oatmeal Cookies	5 CHEF'S CHOICE AM – Strawberry Yogurt PM – Crackers & Cheese	6 Macaroni & Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail AM – Cereal Bar PM – Chex Mix
9 White Meat Asian Chicken, White Rice, Green Beans, Peaches AM – Rice Krispies PM – Graham Crackers	10 Penne Pasta in Marinara Sauce, Green Beans, Pears AM – Banana Muffin PM – Cheez-Its	11 Grilled Cheese on WG Bread, Tomato Soup, Mandarin Oranges AM – Apple Slices PM – Vanilla Wafers	12 CHEF'S CHOICE AM – Vanilla Yogurt PM – Crackers & Cheese	13 Cheese Pizza on WG Crust, Cooked Carrots, Fruit Cocktail AM – Cereal Bar PM – Chex Mix
16 White Meat Chicken Nuggets, Rice Pilaf, Green Beans, Peaches AM – Rice Krispies PM – Graham Crackers	17 WG Pancakes w/ Maple Syrup, Turkey Sausage Links, Pineapple AM – Blueberry Muffin PM – Goldfish	18 Turkey Ham & Cheese on WG Tortilla, Baked French Fries, Pears AM – Orange Slices PM – Oatmeal Cookies	19 CHEF'S CHOICE AM – Strawberry Yogurt PM – Crackers & Cheese	20 Macaroni & Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail AM – Cookies & Cocoa PM – Chex Mix
23 White Meat Asian Chicken, White Rice, Green Beans, Peaches AM – Rice Krispies PM – Graham Crackers	24 CHEF'S CHOICE AM – Banana Muffin NO PM SNACK		26 CHEF'S CHOICE AM – Vanilla Yogurt PM – Crackers & Cheese	27 Cheese Pizza on WG Crust, Cooked Carrots, Fruit Cocktail AM – Cereal Bar PM – Chex Mix
30 White Meat Chicken Nuggets, Rice Pilaf, Green Beans, Peaches AM – Rice Krispies PM – Graham Crackers	31 Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple AM – Blueberry Muffin PM – Goldfish			

