

November Menu 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Cereal and Milk 4	Cereal and Milk 5	Oatmeal Bars 6	Cereal and Milk 7	Cereal and Milk 8
Lunch	Sweet and Sour Chicken, White Rice, Mandarin Oranges and Milk	CLOSED for IN-Service	Meatloaf, Potatoes, Peas and Milk	Turkey Chili, Corn Bread, Peaches and Milk	Chef's Choice
PM Snack	Whole Grain Goldfish Crackers		Yogurt and Raisins	Pretzel Fish and Milk	
AM Snack	Oatmeal Bars 11	Cereal and Milk 12	French Toast 13	Bananas and Milk 14	Cereal and Milk 15
Lunch	Grilled Cheese on Whole Grain Bread, Tomato Soup, Pineapple and Milk	Turkey Tacos, Diced Potatoes, Pears and Milk	Chicken Nuggets, Broccoli, Applesauce and Milk	Tortellini with Tomato Sauce, Carrots, Peaches and Milk	Grilled Chicken, Potatoes, Green Beans and Milk
PM Snack	Cheese and Crackers	Apple Slices and Milk	Graham Crackers and Jelly	Pita and Hummus	Animal Crackers
AM Snack	Muffins and Milk 18	Cereal and Milk 19	Cereal and Milk 20	Cereal and Milk 21	Cereal and Milk 22
Lunch	Pasta with Tomato Sauce, Salad with Italian Dressing, Peaches and Milk	Fish Bites, Green Beans, Applesauce and Milk	Sunbutter and Jelly Uncrustables, Sweet Potato Puffs, Pears and Milk	Bowties with Parmesan, Broccoli, Peaches and Milk	Chef's Choice
PM Snack	String Cheese	Oatmeal Cookie	Waffle Grahams	Bananas and Milk	
AM Snack	Yogurt and Raisins 25	Cereal and Milk 26	Oatmeal Bars 27	Happy Thanksgiving! 28	Whole Grain Waffles 29
Lunch	Hamburger on Whole Grain Bun, Mixed Veggies, Pineapple and Milk	Thanksgiving Feast - Turkey, Potatoes, Corn and Milk	Chicken Parm., Salad with Ranch Dressing, Pears and Milk	CLOSED	Chicken Quesadilla, Peas, Mandarin Oranges and Milk
PM Snack	Townhouse Crackers and Sunbutter	Spikers	Sunchips		Pudding

































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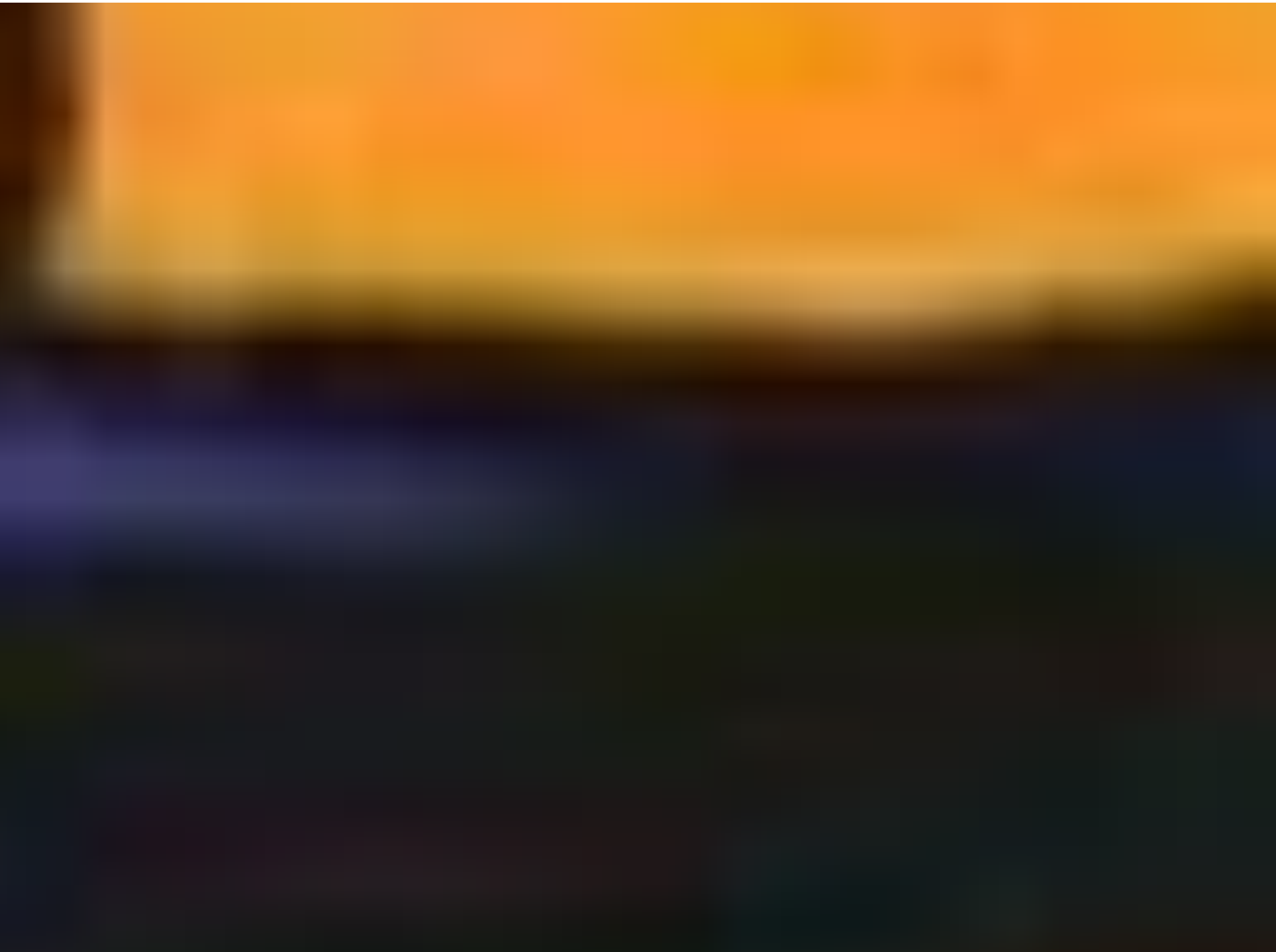








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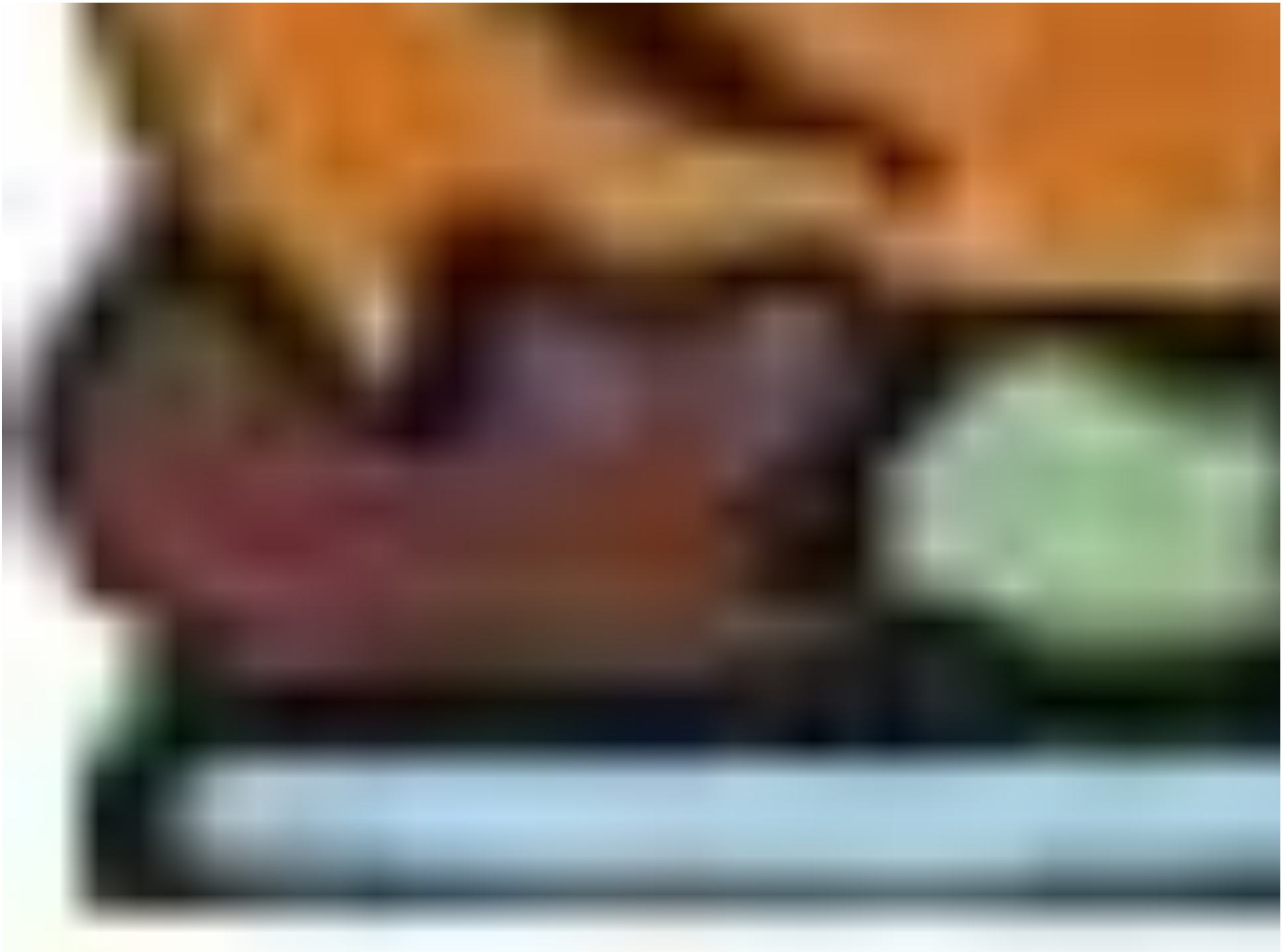




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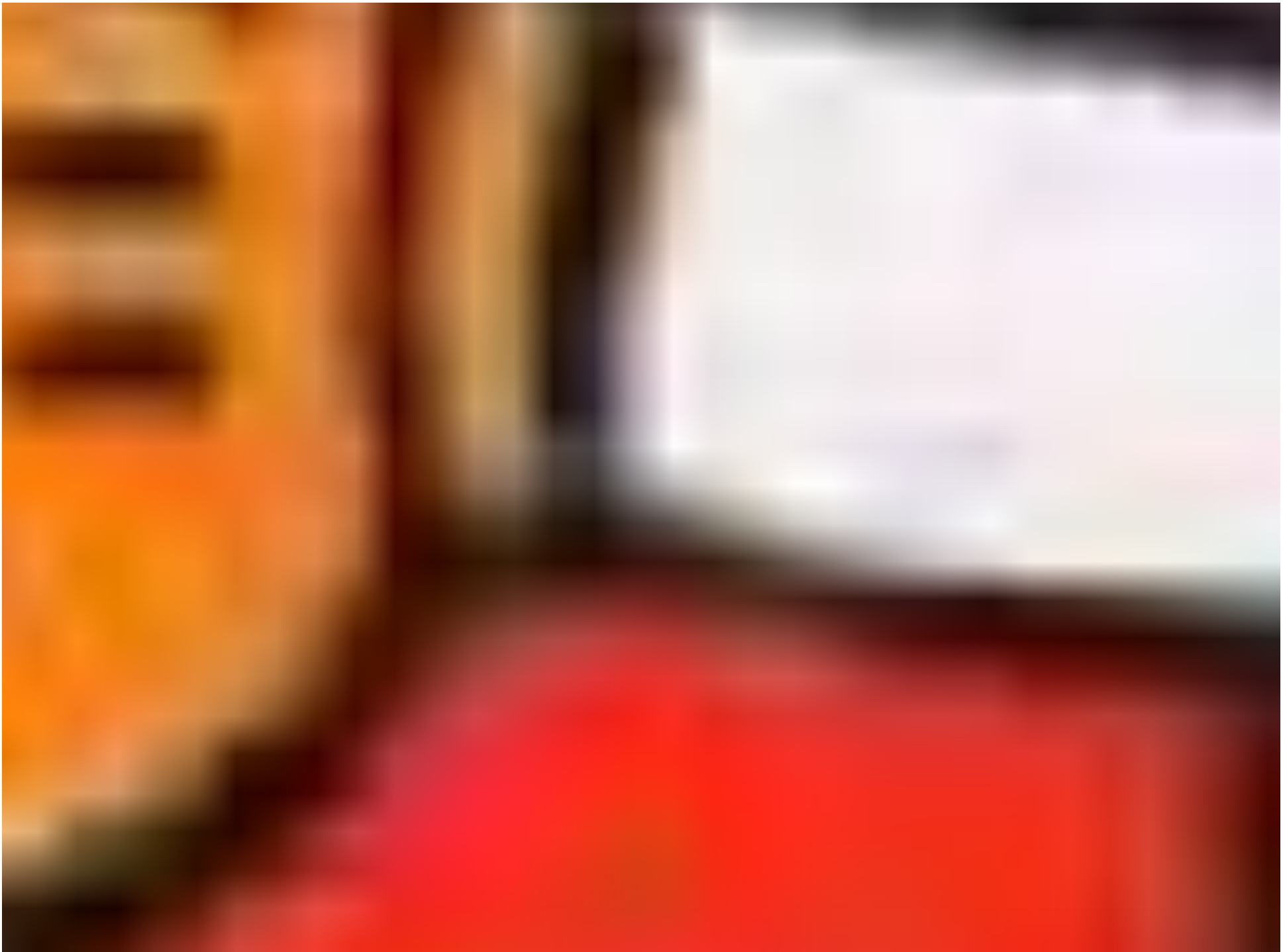














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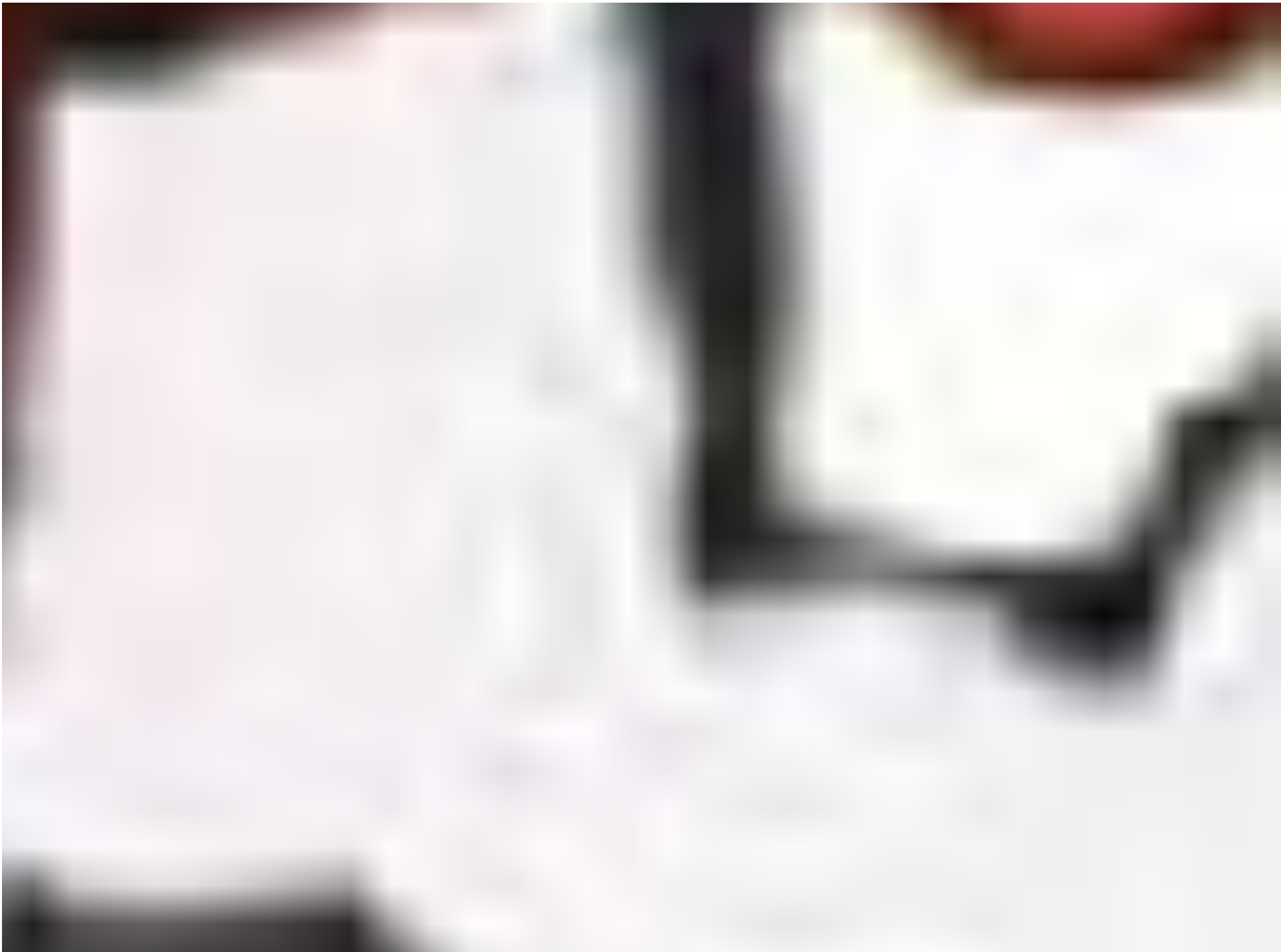




















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