



# November 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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AM Snack	*Breakfast is served daily from 7:30 am - 8:00 am				Nutrigrain Bar and Water
Lunch	**All snacks are served with water unless otherwise noted				Chicken Nuggets, Potato Pancakes, Mandarin Oranges, and Organic Milk
PM Snack					Soft pretzels and Cheese Dip
	4	5	6	7	8
AM Snack	Strawberry Yogurt	Apple Slices and Crackers	Bananas with Vanilla Wafers	Graham Crackers with Cream Cheese	Blueberry Muffins with Organic Milk
Lunch	Chicken Tetrazzini, Broccoli, Applesauce and Organic Milk (v: spaghetti noodles)	Grilled Cheese and Tomato Soup, Pears and Organic Milk	Sloppy Joes, Green Beans, Peaches and Organic Milk (v: Cheese Sandwich)	Spanish Rice with Ground Beef, Mixed Veggies, Mandarin Oranges and Organic Milk	Homemade Sausage Pizza, Peas & Carrots, Applesauce, and Organic Milk (v: Cheese Pizza)
PM Snack	Cheese and Ritz Crackers	Tortilla Chips and Salsa (I/T: Cheerios and Cheese)	Carrots with Ranch Dressing (I/T: Yogurt and Fruit)	Veggie Straws and String Cheese	Bananas and Wheat Thins
	11	12	13	14	15
AM Snack	Closed for	Wheat Thins and Fruit	Rice Cakes with Sun Butter	Animal Crackers and Bananas	Bagels with Cream Cheese
Lunch	Teacher's	Chicken Patty Sandwich, Green Beans, Applesauce, and Organic Milk (v: Sun Butter and Jelly Sandwich)	Spaghetti and Meatballs, Steamed Carrots, Pears, and Organic Milk	Turkey and Cheese Wraps, Mixed Veggies, Mandarin Oranges, Organic Milk	Chicken Stir Fry, Pineapple, and Organic Milk
PM Snack	In-Service	Pita Chips and Hummus (I/T: Puffs and Milk)	Celery with Cream Cheese (I/T: Crackers and Fruit)	Pepperoni Slices, Cheese, and Crackers	Corn Puffs and Fresh Fruit
	18	19	20	21	22
AM Snack	Fruit and Animal Crackers	Yogurt with Vanilla Wafers	Waffles with Organic Milk	Graham Crackers with Cream Cheese	Hawaiian Rolls with Jelly
Lunch	Homemade Mac N Cheese, Mixed Veggies, Peaches and Organic Milk	Meatball Sandwiches, Sweet Potato Tots, Pears and Organic Milk (v: Cheese Sandwich)	Pizza Pockets, Steamed Carrots, Pineapple and Organic Milk	Thanksgiving Feast!	Chicken Nuggets, Apple slices, Steamed Carrots and Organic Milk (v: Cheese Wrap)
PM Snack	Carrots and Hummus (I/T: Puffs and Cheese)	Ritz Crackers and String Cheese	Veggie Chips and Apple Slices	Fresh Vegetables and Ranch Dressing (I/T: Graham Crackers and Milk)	Tortilla Chips and Nacho Cheese (I/T: Puffs and Fruit)
	25	26	27	28	29
AM Snack	Muffins with Organic Milk	French Toast Sticks and Organic Milk	English Muffins with Jelly		
Lunch	Ham & Cheese on Hawaiian Roll, Tomato Soup, Pineapple and Organic Milk	Chicken Casserole, Peas & Carrots, Peaches and Organic Milk	Chili Mac Bake, Mixed Veggies, Applesauce, and Organic Milk	Closed for Thanksgiving Break	Closed for Thanksgiving Break
PM Snack	Homemade Trail Mix	Soft Pretzel Bites and Cheese	Corn Puffs and Fresh Fruit		