



# December 2019 Menu



\*Whole milk is served to children 2 and under

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>AM Snack</b>	Pancake Wrapped Sausage Nuggets/1% Milk <sup>2</sup>	Cheesy Grits/1% Milk <sup>3</sup>	Omelet/1% Milk <sup>4</sup>	Whole Grain Cereal/1% Milk <sup>5</sup>	Whole Grain Pancake with Sugar Free Syrup/1% Milk <sup>6</sup>	
<b>Lunch</b>	Hamburger on White Bun/Succotash/Diced Pears/1% Milk	Baked Ravioli with Marinara Sauce/Steamed Broccoli/Mandarin Oranges/1% Milk	Beef Stroganoff/ Mixed Vegetables/Tropical Fruit Salad/1% Milk	Baked Chicken Nuggets/Diced Peaches/Steamed Corn/ 1/2 Slice Wheat Bread/1% Milk	Cheese Pizza Quesadilla/Salad with Ranch Dressing/ Pineapple Tidbits/1% Milk	
<b>PM Snack</b>	Strawberries with Whipped Fruit Topping/ Graham Crackers/ Chilled Water	Strawberry Cheerio Bar/Chilled Water	Mozzerella Cheese Sticks/Ritz Crackers/Chilled Water	Fresh Carrot w Ranch Dressing/Wheat Crackers/Chilled Water	Goldfish Crackers/100% Fruit Juice	
<b>Vegetarian</b>	Macaroni and Cheese Nugget	Cheese Ravioli	Vegetable Nugget	Corn Nugget	Cheese Pizza	
<b>AM Snack</b>	Golden Hashbrown/1% Milk <sup>9</sup>	Croissant/1% Milk <sup>10</sup>	Toast with Jelly/1% Milk <sup>11</sup>	Whole Grain Cereal/1% Milk <sup>12</sup>	Turkey Bacon/Wheat Bread Slice/1% Milk <sup>13</sup>	
<b>Lunch</b>	Meatballs in Gravy/ Steamed Rice/Broccoli and Cauliflower Medley/Apple Slices/ 1% Milk	Grilled Cheese Sandwich/ Vegetable Soup/Mandarin Oranges/1% Milk	Turkey with Gravy/Mashed Potatoes/Green Beans/Cranberry Sauce/1% Milk	Baked Corn Dog Nuggets/Dinner Roll/Lima Beans/Pineapple Tidbits/1% Milk	Creamy Chicken and Rice/Peas and Carrot Medley/ Tropical Fruit/1% Milk	
<b>PM Snack</b>	Strawberry or Peach Yogurt/ Craisins/ Chilled Water	Pita Bread Triangle with Hummus/Chilled Water	Sun Butter Spread with Graham Crackers/Chilled Water	Strawberry Chex Mix/Chilled Water	Animal Crackers/Fresh Orange Slices/Chilled Water	
<b>Vegetarian</b>	Vegetable Nuggets	Sunbutter and Jelly Sandwich	Corn Nugget	Macaroni and Cheese Nugget	Cheesy Rice	
<b>AM Snack</b>	Whole Grain Waffle with Sugar Free Syrup/1% Milk <sup>16</sup>	Oatmeal with Baked Apples/1% Milk <sup>17</sup>	Blueberry Bagel with Cream Cheese Spread/1% Milk <sup>18</sup>	Whole Grain Cereal/1% Milk <sup>19</sup>	Raspberry Nutri-Grain Bars /1% Milk <sup>20</sup>	
<b>Lunch</b>	Beef Ravioli/Steamed Corn/Diced Pears/1% Milk	Baked Chicken Sandwich on White Bun/Grilled Squash&Zucchini/Baked Apples/ 1% Milk	Macaroni and Cheese/Steamed Peas/Pineapple Tidbits/1% Milk	Baked Fish Nuggets/Wheat Bread Slice/Steamed Carrots/Diced Peaches/1% Milk	Chicken Alfredo/Broccoli/Fruit Cocktail/1% Milk	
<b>PM Snack</b>	Ritz Crackers/Cheddar Cheese Cubes/Chilled Water	Fig Newton Bars/Chilled Water	Fresh Sliced Apples/Oyster Crackers/Chilled Water	Graham Crackers/Tropical Fruit Salad/Chilled Water	Goldfish Crackers/100% Fruit Juice	
<b>Vegetarian</b>	Baked Corn Nugget	Sunbutter and Jelly Sandwich	Macaroni and Cheese	Macaroni and Cheese Nugget	Vegetable Nugget	
<b>AM Snack</b>	Blueberry Muffin/1% Milk <sup>23</sup>	Golden Biscuit/1% Milk <sup>24</sup>	<b>CLOSED</b>		Whole Grain Cereal/1% Milk <sup>26</sup>	
<b>Lunch</b>	Mozzarella Cheese Bread/Steamed Mixed Vegetables/Diced Pears/1% Milk	BBQ Chicken Sandwich on White Bun/Peas and Carrot Blend/Pineapple Tidbits/1% Milk			Baked Beef Nuggets/ Broccoli and Cauliflower Medley/Diced Peaches/Dinner Roll/1% Milk	
<b>PM Snack</b>	Cucumber Slices with Ranch Dressing/ Ritz Crackers/Chilled Water				Mozzerlla Cheese Stick/Sliced Apples/Chilled Water	Soft Pretzels with Nacho Cheese/ Chilled Water
<b>Vegetarian</b>	Mozzarella Cheese Bread	Macaroni and Cheese Nugget			Vegetable Nugget	

[This Photo](#) by  
Unknown  
Author is  
licensed  
under [CC BY-](#)  
[SA-NC](#)