



# LUNCH MENU

JANUARY 2019

			2 <b>CHEF'S CHOICE</b> AM – Strawberry Yogurt PM – Crackers & Cheese	3 Macaroni & Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail  AM – Cereal Bar PM – Chex Mix
6 White Meat Asian Chicken, White Rice, Green Beans, Peaches  AM – Cheerios PM – Graham Crackers	7 Penne Pasta in Marinara Sauce, Green Beans, Pears  AM – Banana Muffin PM – Cheez-Its	8 Grilled Cheese on WG Bread, Tomato Soup, Mandarin Oranges  AM – Apple Slices PM – Vanilla Wafers	9 <b>CHEF'S CHOICE</b> AM – Vanilla Yogurt PM – Crackers & Cheese	10 Cheese Pizza on WG Crust, Cooked Carrots, Fruit Cocktail  AM – Cereal Bar PM – Chex Mix
13 White Meat Chicken Nuggets, Rice Pilaf, Green Beans, Peaches  AM – Rice Krispies PM – Graham Crackers	14 WG Pancakes w/ Maple Syrup, Turkey Sausage Links, Pineapple  AM – Blueberry Muffin PM – Goldfish	15 Turkey Ham & Cheese on WG Tortilla, Baked French Fries, Pears  AM – Orange Slices PM – Oatmeal Cookies	16 <b>CHEF'S CHOICE</b> AM – Strawberry Yogurt PM – Crackers & Cheese	17 Macaroni & Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail  AM – Cereal Bar PM – Chex Mix
20 White Meat Asian Chicken, White Rice, Green Beans, Peaches  AM – Cheerios PM – Graham Crackers	21 Penne Pasta in Marinara Sauce, Green Beans, Pears  AM – Banana Muffin PM – Cheez-Its	22 Grilled Cheese on WG Bread, Tomato Soup, Mandarin Oranges  AM – Apple Slices PM – Vanilla Wafers	23 <b>CHEF'S CHOICE</b> AM – Vanilla Yogurt PM – Crackers & Cheese	24 Cheese Pizza on WG Crust, Cooked Carrots, Fruit Cocktail  AM – Cereal Bar PM – Chex Mix
27 White Meat Chicken Nuggets, Rice Pilaf, Green Beans, Peaches  AM – Rice Krispies PM – Graham Crackers	28 Soft Shell Tacos on WG Tortilla w/ Turkey Meat, Corn, Pineapple  AM – Blueberry Muffin PM – Goldfish	29 Turkey Ham & Cheese on WG Tortilla, Baked French Fries, Pears  AM – Orange Slices PM – Oatmeal Cookies	30 <b>CHEF'S CHOICE</b> AM – Strawberry Yogurt PM – Crackers & Cheese	31 Macaroni & Cheese w/ WG Pasta, Cooked Carrots, Fruit Cocktail  AM – Cereal Bar PM – Chex Mix