

*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



December Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Oatmeal Bar ²		WG Cereal ⁴	Yogurt ⁵	Apple Slices ⁶
Lunch	WG Pancakes, Hash Browns, Applesauce	CHEF'S CHOICE	Red Beans & Rice, Peaches	Pizza on WG English Muffin, Green Beans, Pears	Turkey Ham & Cheese on WG Bread, Cucumbers, WG Tortilla Chips
PM Snack	Fresh and Mixed Fruit		Graham Crackers	Fresh Melon	WG Goldfish
AM Snack	Bananas ⁹		Crackers & Sunbutter ¹¹	Granola Bar ¹²	WG Cereal ¹³
Lunch	White Meat Chicken Nuggets, Baked Fries, Fruit Cocktail	CHEF'S CHOICE	Tortellini Alfredo, Spinach, WG Rolls	Baked White Meat Chicken Parm, Buttered Noodles, Carrots	Beef & Veggie Stew, Peaches
PM Snack	Oatmeal Cookies		Fresh Melon	Apple Slices	Peppers & Hummus
AM Snack	Yogurt ¹⁶		WG Cereal ¹⁸	Muffin ¹⁹	Fresh Oranges ²⁰
Lunch	Au Gratin Potatoes & Turkey Ham, Peas	CHEF'S CHOICE	Fish Sticks, Mac & Cheese, Broccoli	Pasta Fagioli "Fazool", Applesauce	Meatloaf, Mashed Potatoes, Corn
PM Snack	Fresh Pineapple		Mango	WG Tortilla Chips & Salsa	Homemade Banana Pudding
AM Snack	Yogurt ²³			WG Cereal ²⁶	Cheese & Crackers ²⁷
Lunch	BBQ White Meat Chicken & Rice, Carrots, Fresh Melon	CHEF'S CHOICE	CLOSED	Grilled Cheese on WG Bread, Soup, Pears	WG Spaghetti & Meatballs in Sauce, WG Rolls, Salad
PM Snack	Nilla Wafers			WG Goldfish	Fresh Pineapple
AM Snack	Bananas ³⁰				
Lunch	French Toast Sticks, Fresh Oranges, Turkey Sausage Links	CHEF'S CHOICE			
PM Snack	Graham Crackers				