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| **December 2019**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** |
| **Dec 2** |  |  |  |
| **Dec 3** |  |  |  |
| **Dec 4** |  |  |  |
| **Dec 5** |  |  |  |
| **Dec 6 \*\*** |  |  |  |
| **Dec 9** |  |  |  |
| **Dec 10** |  |  |  |
| **Dec 11** |  |  |  |
| **Dec 12** |  |  |  |
| **Dec 13 \*\*** |  |  |  |
| **Dec 16** |  |  |  |
| **Dec 17** |  |  |  |
| **Dec 18** |  |  |  |
| **Dec 19** |  |  |  |
| **Dec 20 \*\*** |  |  |  |
| **Dec 23** |  |  |  |
| **Dec 24** |  |  |  |
| **Dec 25** |  |  |  |
| **Dec 26** |  |  |  |
| **Dec 27 \*\*** |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 2Pasta Genovese (Creamy Garlic Sauce) w/Chicken, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 3Turkey & Cheese Enchiladas, Brown Rice & Black Beans, Fresh FruitCheese Enchiladas, Brown Rice & Black Beans, Fresh FruitPasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 4Orange Chicken w/Lo Mein Noodles, Steamed Veggies, Fresh FruitGrilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Potato Wedges, Fresh Fruit | 5Lean Beef Burger, Roasted Seasonal Veggies, Fresh FruitLean Beef Meatballs w/Tomato Sauce, Roasted Seasonal Veggies, Roll, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 6Pesto Chicken, Spinach, Tomatoes & Mozzarella Pressed Sandwich, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |
| 9Chicken Parmesan w/Pasta, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 10Pasta w/Turkey Bolognese, Roasted Seasonal Veggies, Fresh FruitPasta w/Olive Oil, Roasted Seasonal Veggies, Fresh FruitBreakfast for Lunch--Waffles, Eggs, Lyonnaise Potatoes, Fresh Fruit | 11Arroz con Pollo, Baked Plantains, Fresh FruitBraised Chicken, Brown Rice, Baked Plantains, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 12Korean Beef Bowl w/Rice, Sautéed Veggies, Fresh FruitLean Beef Sloppy Joe’s, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 13Massaman Curried Chicken w/Brown Rice, Roasted Seasonal Veggies, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.50 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is **$81.00.**
4. Tear off the completed form and **RETURN WITH PAYMENT by Wednesday November 20th.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 16Low Fat Penne Alfredo w/ Chicken, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 17Ground Turkey & Cheese Burrito, Black Beans, Roasted Seasonal Veggies, Fresh FruitCheese Burrito, Black Beans, Roasted Seasonal Veggies, Fresh FruitCheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 18Philly Cheesesteak, Roasted Seasonal Veggies, Fresh FruitFrench Dip, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 19Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitBreaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 20“Make Your Own Yummy…” Chicken Ramen w/Veggies, Broth, Fresh FruitCheese Pizza, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |
| 23Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitPasta w/Lean Beef Bolognese, Roasted Seasonal Veggies, Fresh FruitPasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 24**NO YUMMY LUNCHES** | 25**NO YUMMY LUNCHES**  | 26Beef Barbacoa over Rice, Mexican Veggie Skillet, Fresh FruitBBQ Beef Sandwich, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 27Chicken Tikka Masala w/Couscous, Roasted Seasonal Veggies, Fresh FruitCheese Pizza w/Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |