



# JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>			1	2	3
<b>Lunch</b>			<b>No School</b>	Turkey Chili, Garden Salad with Ranch, Peaches, and Milk	Cereal with Milk
<b>PM Snack</b>				Fresh Banana	Graham Crackers
<b>AM Snack</b>	6	7	8	9	10
<b>Lunch</b>	Cereal with Milk	Half an English Muffin with Apple Butter and Milk	Cereal with Milk	Half an English Muffin with Apple Butter and Milk	Cereal with Milk
<b>PM Snack</b>	Cheese Ravioli, Peas, Mixed Fruit, and Milk	BBQ Grilled Chicken, Mixed Veggies, Pineapple Tidbits, and Milk	Scrambled Eggs, Turkey Sausage, Mini Bagel, Fruit Cocktail, and Milk	Cheese and Crackers, Tomato Soup, Fruit Cocktail, and Milk	Meatloaf, Vegetarian Baked Beans, Pineapple Tidbits, and Milk
<b>AM Snack</b>	13	14	15	16	17
<b>Lunch</b>	Chef's Surprise!	Vanilla Greek Yogurt	Cinnamon Applesauce Cup	Fresh Apple Slices	Cheese and Crackers
<b>PM Snack</b>	Cereal with Milk	Peach	Cereal with Milk	Apple Oatmeal Bar with Milk	Cereal with Milk
<b>AM Snack</b>	20	21	22	23	24
<b>Lunch</b>	Mac and Cheese, Mixed Veggies, Mixed Fruit, and Milk	Turkey Burger on Whole Wheat Roll, Corn, Mandarin Oranges, and Milk	Mexican Grilled Chicken, Broccoli, Pears, and Milk	Chicken Noodle Soup, Cheese and Crackers, Mandarin Oranges, and Milk	Soybutter and Jelly Pocket, Broccoli, and Pears
<b>PM Snack</b>	Chef's Surprise!	Whole Grain Pita with Hummus	Strawberry Banana Yogurt	Pretzel Goldfish Crackers	Cheese and Crackers
<b>AM Snack</b>	27	28	29	30	31
<b>Lunch</b>	Chef's Surprise!	Whole Grain Buttermilk Pancakes, Turkey Sausage, Cheese Stick, Sliced Apples, and Milk	Grilled Chicken Breast, Garden Salad with Ranch, Fruit Cocktail, and Milk	Cheese and Crackers, Tomato Soup, Fruit Cocktail, and Milk	Turkey Sandwich on Whole Wheat Bread, Carrots, Warm Cinnamon Apples, and Milk
<b>PM Snack</b>	Chef's Surprise!	Apple Cinnamon Waffle Grahams	Unsweetened Applesauce	Fresh Banana with Sunbutter	Apple Cinnamon Waffle Grahams
<b>AM Snack</b>	27	28	29	30	31
<b>Lunch</b>	Chef's Surprise!	Peach Yogurt	Cereal with Milk	Orange Cranberry Muffin with Milk	Cereal with Milk
<b>PM Snack</b>	Chef's Surprise!	Baked Ziti, Garden Salad with Ranch, Pears, and Milk	Breakfast Sandwich (Egg and Turkey Sausage on English Muffin), Peaches, and Milk	Mac and Cheese, Green Beans, Peaches, and Milk	Meatball Sandwich, Green Beans, and Pears
<b>AM Snack</b>	Chef's Surprise!	Cheese Stick and Raisins	Vanilla Pudding	Whole Grain Goldfish Crackers	Animal Crackers