

\*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



# January Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1	2	3
Lunch			CLOSED	Salisbury Steak, Mashed Potatoes, Corn	Creamy Turkey Bacon WG Bow Tie Pasta, Green Beans, Fruit Cocktail
PM Snack				Pears	WG Goldfish
AM Snack	6 Banana	7	8	9	10
Lunch	Chicken Cacciatore, Fresh Melon	CHEF'S CHOICE	Fish Sticks, Mac & Cheese with WG Pasta, Peas	Swedish Meatballs, Egg Noodles, Carrots	Red Beans & Rice, Cucumbers & Dip, Pears
PM Snack	Fig Newtons		Apricots	Apple Slices	Cheese Sticks
AM Snack	13 WG Muffin	14	15	16	17
Lunch	Mini Raviolis, WG Garlic Bread, Salad	CHEF'S CHOICE	Egg Patty, Hash Brown, Banana	White Meat Chicken Nuggets, Green Beans, Rice Pilaf	Grilled Cheese with Turkey Bacon & Tomato on WG Bread, Soup, Apple Slices
PM Snack	Fresh Melon		Graham Crackers	Fresh Pineapple	Peppers & Hummus
AM Snack	20 Oatmeal Bar	21	22	23	24
Lunch	Meatball Sub on WG Bread, String Cheese, Applesauce	CHEF'S CHOICE	Tortellini Alfredo, Spinach, Peaches	Meatloaf, Mashed Potatoes, Peas	Turkey & Cheese (WG) Sandwich, Wheat Chips, Cucumbers & Dip
PM Snack	Tortilla Chips & Salsa		Crackers & Sunbutter	Fruit Cocktail	Goldfish
AM Snack	27 Applesauce	28	29	30	31
Lunch	Sloppy Joes on WG Bread, Baked Fries/Tots, Peaches	CHEF'S CHOICE	Cheeseburger Sliders on WG Rolls, Baked Fries, Apple Slices	Cheesy White Meat Chicken & Broccoli Bake, Fresh Melon	WG Mini Pancakes, Turkey Sausage, Fresh Oranges
PM Snack	Waffle Grahams		Carrot Sticks & Ranch	Nilla Wafers	Teddy Grahams

\*WG = Whole Grain