



December 2019 Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|---|---|---|---|--|
| AM Snack | 2 Muffins and Milk | 3 Cereal and Milk | 4 Oatmeal Bars and Milk | 5 Whole Grain Bagel with Cream Cheese | 6 Cereal and Milk |
| Lunch | Grilled Chicken Patty, Potatoes, Mixed Veggies and Milk | Ravioletti in Tomato Sauce, Peas, Peaches, Milk | Sweet and Sour Chicken, Rice, Mandarin Oranges and Milk | Turkey Chili, Corn Bread, Green Beans and Milk | Diced Turkey, Rice Pilaf, Carrots and Milk |
| PM Snack | Waffle Grahams and Milk | Wheat Thins and String Cheese | Yogurt and Raisins | Bananas | Rice Cakes and Milk |
| AM Snack | 9 Cereal and Milk | 10 Oatmeal Bars and Milk | 11 Cereal and Milk | 12 Whole Grain Waffles with Apple Butter | 13 Chef's Choice |
| Lunch | Pasta with Meat Sauce, Green Beans, Pears and Milk | Tacos, Oven Browned Diced Potatoes, Oranges, Milk | Pizza, Applesauce, Carrots, Milk | Mac & Cheese, Broccoli, Peaches, Milk | |
| PM Snack | Whole Wheat Pita Bread and Hummus | Yogurt and Raisins | Cheese and Crackers | Apple Slices and Milk | |
| AM Snack | 16 Muffins and Milk | 17 Yogurt and Berries | 18 Egg Patty | 19 Cereal and Milk | 20 Bananas |
| Lunch | Meatloaf with Brown Gravy, Rice, Peas, Milk | Turkey and Cheese Wrap on Whole Wheat Tortilla, Fruit, Yogurt, Milk | Spaghetti with Tomato Sauce, Green Beans, Pears, Milk | Cheese Quesadilla, Corn, Applesauce and Milk | Fish Bites, Mixed Veggies, Diced Potatoes |
| PM Snack | Graham Crackers and Jelly | Oatmeal Cookie and Milk | Goldfish Crackers | String Cheese | Cheese and Crackers |
| AM Snack | 23 Cereal and Milk | 24 Oatmeal Bars and Milk | 25 MERRY CHRISTMAS | 26 Cereal and Milk | 27 Chef's Choice |
| Lunch | Chicken Nuggets, Broccoli, Pineapple, Milk | Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges, Milk | | Ham and Cheese Roll Ups on Whole Wheat Tortillas, Apple Slices, Corn and Milk | |
| PM Snack | Apple Slices and Milk | Waffle Grahams | | Pretzel Fish | |
| AM Snack | 30 Oatmeal Bars | 31 Cereal and Milk | 1 HAPPY NEW YEAR | 2 Muffins and Milk | 3 Pancakes |
| Lunch | Chicken Parmesan, Mixed Veggies, Peaches, Milk | Sunbutter and Jelly Uncrustables, Apple Slices and Yogurt | | Grilled Chicken Patty, Peas, Pineapple and Milk | Turkey and Cheese on Whole Grain Bread, Applesauce, Carrots and Milk |
| PM Snack | Animal Crackers | Sunchips | | Yogurt | Pudding |

