



# January 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	Oatmeal Bars <b>30</b>	Cereal and Milk <b>31</b>	CLOSED	Muffins and Milk <b>2</b>	Pancakes <b>3</b>
<b>Lunch</b>	Chicken Parm, Mixed Veggies, Peaches and Milk	Sunbutter and Jelly Uncrustables, Apple Slices, Yogurt and Milk	<b>Happy New Year!</b>	Grilled Chicken Patty, Peas, Pineapple and Milk	Turkey and Cheese on Whole Grain Bread, Applesauce, Carrots and Milk
<b>PM Snack</b>	Animal Crackers	Sunchips		Yogurt	Pudding
<b>AM Snack</b>	Oatmeal Bars <b>6</b>	Cereal and Milk <b>7</b>	Egg Patty <b>8</b>	Yogurt and Fruit <b>9</b>	<b>10</b>
<b>Lunch</b>	Cheese Quesadilla, Corn, Pears and Milk	Tortellini in Tomato Sauce, Green Beans, Mixed Fruit and Milk	Chicken Nuggets, Broccoli, Peaches and Milk	Bow Tie Pasta with Parmesan, Carrots, Mandarin Oranges and Milk	Chef's Choice
<b>PM Snack</b>	Caramel Rice Cakes and Milk	Graham Crackers and Sunflower Butter	String Cheese and Wheat Thins	Spikers Crackers and Milk	
<b>AM Snack</b>	Whole Grain Muffins <b>13</b>	Cereal and Milk <b>14</b>	Whole Grain Bagel with Cream Cheese <b>15</b>	Bananas and Milk <b>16</b>	Cereal and Milk <b>17</b>
<b>Lunch</b>	Diced Turkey, Rice Pilaf, Mixed Veggies and Milk	Pizza, Applesauce, Peas and Milk	Mac & Cheese, Broccoli, Pineapple and Milk	Turkey Tacos, Diced Potatoes, Corn and Milk	Chicken Sandwich on Whole Grain Roll, Sweet Potato Puffs, Apples and Milk
<b>PM Snack</b>	Apples	Yogurt and Raisins	Oatmeal Cookie and Milk	Crackers and Cheese	Whole Grain Goldfish Crackers
<b>AM Snack</b>	Cereal and Milk <b>20</b>	French Toast and Milk <b>21</b>	Cereal and Milk <b>22</b>	Whole Grain Muffins <b>23</b>	<b>24</b>
<b>Lunch</b>	Grilled Cheese on Whole Grain Bread, Tomato Soup, Applesauce and Milk	Hamburger on Whole Grain Roll, Green Beans, Mixed Fruit and Milk	Spaghetti with Meatsauce, Salad with Ranch Dressing, Oranges and Milk	Ham and Cheese Sandwich on Whole Grain Bread, Bananas, Yogurt and Milk	Chef's Choice
<b>PM Snack</b>	Pretzel Fish and Milk	String Cheese and Crackers	Animal Crackers and Milk	Graham Crackers with Sunbutter	
<b>AM Snack</b>	Oatmeal Bars <b>27</b>	Cereal and Milk <b>28</b>	Pancakes <b>29</b>	Muffins <b>30</b>	Cereal and Milk <b>31</b>
<b>Lunch</b>	Sweet and Sour Chicken, Rice, Mandarin Oranges and Milk	Grilled Chicken Patty, Potatoes, Broccoli and Milk	Meatloaf with Gravy, Mashed Potatoes, Lima Beans and Milk	Turkey Chili, Corn Bread, Mixed Veggies and Milk	Fish Sticks, Corn, Pears and Milk
<b>PM Snack</b>	Pita and Hummus	Yogurt and Raisins	Goldfish Crackers	Pudding	Waffle Grahams

