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| **February 2020**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** | **4** | **5** |
| **Feb 3** |  |  |  |  |  |
| **Feb 4** |  |  |  |  |  |
| **Feb 5** |  |  |  |  |  |
| **Feb 6** |  |  |  |  |  |
| **Feb 7 \*\*** |  |  |  |  |  |
| **Feb 10** |  |  |  |  |  |
| **Feb 11** |  |  |  |  |  |
| **Feb 12** |  |  |  |  |  |
| **Feb 13** |  |  |  |  |  |
| **Feb 14 \*\*** |  |  |  |  |  |
| **Feb 17** |  |  |  |  |  |
| **Feb 18** |  |  |  |  |  |
| **Feb 19** |  |  |  |  |  |
| **Feb 20** |  |  |  |  |  |
| **Feb 21 \*\*** |  |  |  |  |  |
| **Feb 24** |  |  |  |  |  |
| **Feb 25** |  |  |  |  |  |
| **Feb 26** |  |  |  |  |  |
| **Feb 27** |  |  |  |  |  |
| **Feb 28 \*\*** |  |  |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **3****Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh Fruit****Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **4****Breakfast for Lunch--Sweet Potato Pancakes, Lyonnaise Potatoes, Eggs, Fresh Fruit****Baked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh Fruit****Pasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **5****Lean Ground Beef & Cheese Enchiladas, Rice & Beans, Fresh Fruit****Cheese Enchiladas, Rice & Beans, Fresh Fruit****Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **6****BBQ Chicken, Baked Beans, Corn Bread, Fresh Fruit****BBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh Fruit****Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **7****Pulled Beef & Cheese Nachos, Black Beans, Fresh Fruit****Cheese Pizza, Veggies & Dip, Fresh Fruit****Cheese Pizza, Veggie Chips, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |
| **10****Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Farmer’s Cheesy Rigatoni Pasta w/Chicken, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **11****Picadillo, Brown Rice, Roasted Seasonal Veggies, Fresh Fruit****Cheese Tortellini w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit****Cheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **12****Chicken Teriyaki Bowl (Chicken over Fried Rice), Steamed Veggies, Fresh Fruit****Teriyaki Chicken Sandwich, Steamed Veggies, Fresh Fruit****Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **13****Lean Beef Burgers, Roasted Seasonal Veggies, Fresh Fruit****Lean Beef Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit****Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **14****Fish Tacos w/Slaw (on the side), Roasted Potatoes, Fresh Fruit****Cheese Pizza, Veggies & Dip, Fresh Fruit****Cheese Pizza, Veggie Chips, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is **$90.00**
4. Tear off the completed form and **RETURN by January 22nd.**

Meals x $4.50 =

Paid by: check # or cash

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **17*****Pasta w/Low Fat Alfredo Sauce w/Chicken, Roasted Seasonal Veggies, Fruit******Pasta w/Low Fat Alfredo Sauce, Roasted Seasonal Veggies, Fresh Fruit******Grilled BBQ Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit******Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit******MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit*** | **18****Baked Chicken Nuggets, Glazed Carrots, Fresh Fruit****Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit****Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **19****Lemon Pepper Chicken w/Lo Mein Noodles, Steamed Veggies, Fresh Fruit****Grilled Chicken Sandwich, Roasted Potatoes, Fresh Fruit****Grilled Cheese, Roasted Potatoes, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **20****Turkey Meatball Sub, Roasted Seasonal Veggies, Fresh Fruit****Turkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit****Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **21****Chicken Chop w/Saffron Rice, Black Beans, Roasted Seasonal Veggies, Fresh Fruit****Cheese Pizza, Veggies & Dip, Fresh Fruit****Cheese Pizza, Veggie Chips, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |
| **24****Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit****Pasta Ponza Parmesan w/Turkey Crumbles, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **25****Lean Beef Sloppy Joe’s, Roasted Seasonal Veggies, Fresh Fruit****Cheese Ravioli w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit****Cheese Ravioli w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **26****“Make Your Own Yummy...” Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit****“Make Your Own Yummy...” Tofu Fajitas, Brown Rice, Black Beans, Fresh Fruit****Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **27****Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit****Breaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potatoes, Fresh Fruit****Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **28****Chicken & Vegetable Pot Pie, Haricot Vert w/Shallots & Garlic, Fresh Fruit****Cheese Pizza, Veggies & Dip, Fresh Fruit****Cheese Pizza, Veggie Chips, Fresh Fruit****Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit****MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |