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| **February 2020**  Child’s Name  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Classroom   |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | **Date** | **1** | **2** | **3** | **4** | **5** | | **Feb 3** |  |  |  |  |  | | **Feb 4** |  |  |  |  |  | | **Feb 5** |  |  |  |  |  | | **Feb 6** |  |  |  |  |  | | **Feb 7 \*\*** |  |  |  |  |  | | **Feb 10** |  |  |  |  |  | | **Feb 11** |  |  |  |  |  | | **Feb 12** |  |  |  |  |  | | **Feb 13** |  |  |  |  |  | | **Feb 14 \*\*** |  |  |  |  |  | | **Feb 17** |  |  |  |  |  | | **Feb 18** |  |  |  |  |  | | **Feb 19** |  |  |  |  |  | | **Feb 20** |  |  |  |  |  | | **Feb 21 \*\*** |  |  |  |  |  | | **Feb 24** |  |  |  |  |  | | **Feb 25** |  |  |  |  |  | | **Feb 26** |  |  |  |  |  | | **Feb 27** |  |  |  |  |  | | **Feb 28 \*\*** |  |  |  |  |  |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **3**  **Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh Fruit**  **Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **4**  **Breakfast for Lunch--Sweet Potato Pancakes, Lyonnaise Potatoes, Eggs, Fresh Fruit**  **Baked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh Fruit**  **Pasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **5**  **Lean Ground Beef & Cheese Enchiladas, Rice & Beans, Fresh Fruit**  **Cheese Enchiladas, Rice & Beans, Fresh Fruit**  **Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **6**  **BBQ Chicken, Baked Beans, Corn Bread, Fresh Fruit**  **BBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh Fruit**  **Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **7**  **Pulled Beef & Cheese Nachos, Black Beans, Fresh Fruit**  **Cheese Pizza, Veggies & Dip, Fresh Fruit**  **Cheese Pizza, Veggie Chips, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |
| **10**  **Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Farmer’s Cheesy Rigatoni Pasta w/Chicken, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **11**  **Picadillo, Brown Rice, Roasted Seasonal Veggies, Fresh Fruit**  **Cheese Tortellini w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit**  **Cheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **12**  **Chicken Teriyaki Bowl (Chicken over Fried Rice), Steamed Veggies, Fresh Fruit**  **Teriyaki Chicken Sandwich, Steamed Veggies, Fresh Fruit**  **Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **13**  **Lean Beef Burgers, Roasted Seasonal Veggies, Fresh Fruit**  **Lean Beef Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit**  **Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **14**  **Fish Tacos w/Slaw (on the side), Roasted Potatoes, Fresh Fruit**  **Cheese Pizza, Veggies & Dip, Fresh Fruit**  **Cheese Pizza, Veggie Chips, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is **$90.00**
4. Tear off the completed form and **RETURN by January 22nd.**

Meals x $4.50 =

Paid by: check # or cash

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **17**  ***Pasta w/Low Fat Alfredo Sauce w/Chicken, Roasted Seasonal Veggies, Fruit***  ***Pasta w/Low Fat Alfredo Sauce, Roasted Seasonal Veggies, Fresh Fruit***  ***Grilled BBQ Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit***  ***Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit***  ***MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit*** | **18**  **Baked Chicken Nuggets, Glazed Carrots, Fresh Fruit**  **Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit**  **Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **19**  **Lemon Pepper Chicken w/Lo Mein Noodles, Steamed Veggies, Fresh Fruit**  **Grilled Chicken Sandwich, Roasted Potatoes, Fresh Fruit**  **Grilled Cheese, Roasted Potatoes, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **20**  **Turkey Meatball Sub, Roasted Seasonal Veggies, Fresh Fruit**  **Turkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit**  **Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **21**  **Chicken Chop w/Saffron Rice, Black Beans, Roasted Seasonal Veggies, Fresh Fruit**  **Cheese Pizza, Veggies & Dip, Fresh Fruit**  **Cheese Pizza, Veggie Chips, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |
| **24**  **Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit**  **Pasta Ponza Parmesan w/Turkey Crumbles, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **25**  **Lean Beef Sloppy Joe’s, Roasted Seasonal Veggies, Fresh Fruit**  **Cheese Ravioli w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit**  **Cheese Ravioli w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **26**  **“Make Your Own Yummy...” Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit**  **“Make Your Own Yummy...” Tofu Fajitas, Brown Rice, Black Beans, Fresh Fruit**  **Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **27**  **Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit**  **Breaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potatoes, Fresh Fruit**  **Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** | **28**  **Chicken & Vegetable Pot Pie, Haricot Vert w/Shallots & Garlic, Fresh Fruit**  **Cheese Pizza, Veggies & Dip, Fresh Fruit**  **Cheese Pizza, Veggie Chips, Fresh Fruit**  **Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit**  **MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit** |