



FEBRUARY NEWSLETTER

A Note From Our Principal,

The year is off to a great start so far and we're enjoying spending the winter season with you and your children. This time of year, our students spend extra time participating in our SPARK physical fitness program, ensuring that they are able to work on their gross motor skills no matter the weather. We're having a great time jumping, dancing and playing together!

We also want to extend a heartfelt welcome to the new families that joined us recently! We hope you have been enjoying your time with us so far and look forward to much more! We also celebrated our 20th anniversary as a preschool! What an amazing accomplishment. Thank you all who have supported us and helped us celebrate! Our families are so important to us and we appreciate all that you do.

Have a wonderful month and Happy Valentine's Day!

Sincerely,
Jessica Powell

Priority Enrollment for the 2020-2021 School Year

Are you planning on re-enrolling for the next school year? We hope so! Please be on the lookout for more information. We will be running our early bird enrollment special for internal families starting in March!

Class Valentine's Day Celebrations

Our classes will be celebrating Valentine's Day on February 14th at 3:30 p.m. with a special craft and snack. Parents are always welcome, but photos will be shared on Links 2 Home as well!

President's Day and Professional Development Training for Teachers

We are closed for President's Day to our families. Our teachers will be attending our Professional Development training in Sterling. We look forward to bringing all the information back and utilizing it in our classrooms.

PARENT DATE NIGHT!

Need a make-up Valentine's Day? On February 21st we will be having a parent date night from 6:30-9 p.m. The cost is \$30 for the first child and \$20 for each additional child. We will be serving them dinner and having a game night! It is also pajama day, so no need to worry about changing them later! Sign up is at the front desk. If you are interested in bringing a friend, please see Ms. Jessica or Ms. Tiffany for more information!

We love our parents!

Do you know any parents who have recently moved to the area, are expecting a baby or are unhappy with their current preschool? We value our current parents and would love more families like yours at our school! Refer a new family to our school and your family could receive a free week of tuition. For more information, see Ms. Jessica or Ms. Tiffany.

Important Dates

February 3rd—Wear your favorite football team's Jersey for our Superbowl Day
February 7th—Wear RED for Heart Health Awareness
February 14th—Classroom Valentine's Day celebrations 3:30 p.m.
February 17th—We are CLOSED for President's Day
February 21st—Parent Date night (6:30-9 p.m.), Progress Reports sent home.
February 24th—Academy Awards Day
February 25th—Mardi Gras Parade at 3:30 p.m.
February 26th—Wear pink for Anti-bullying
February 28th—Parent folders go home

3 No-Bake Recipes to Make with Your Preschooler this Valentine's Day

January, 2020 | Topics: [Wellness](#)

Celebrate Valentine's Day with your little one by making some easy, festive snacks together! Spending time in the kitchen is a great way to evoke your child's senses and to practice counting, following instructions, measuring, and using sequence words and descriptive language.

Below are three quick snacks that require no baking.



Red Smoothie

Make a delicious, healthy smoothie using a handful of ice, $\frac{1}{2}$ cup raspberries, $\frac{1}{2}$ cup strawberries, $\frac{1}{2}$ banana, and 1 cup yogurt. Ask your child to wash and measure the produce, add the ingredients to the blender, and press the "on" button.

Valentine Snack Board

Go grocery shopping with your child and ask him to pick a few of his favorite fruits, vegetables, and cheeses. Use a small, heart-shaped cookie cutter and create a festive snack board together. Encourage him to sort the items and count each one as he adds it to the plate.

Chocolate Covered Pretzels

Gather pretzel rods, chocolate bars or candy melts, and assorted red, white and pink sprinkles. Melt the chocolate according to package directions. Ask your child to dip the pretzel rods into the melted chocolate and top with sprinkles. Place the pretzels on wax paper and allow to dry.