WEEKLY MENU

BREAKFAST SNACK

Our breakfast snack is prepared by our opening teacher. This is not meant to be a full breakfast, but rather a small snack, in addition to your child's breakfast at home and/or until our morn-

MONDAY
Cheerios with organic 1% milk

TUESDAY
Kix with organic 1% milk

WEDNESDAY
Rice Krispies with organic 1% milk

THURSDAY
Cheerios with organic 1% milk

FRIDAY
Frosted Flakes with organic 1% milk

MORNING SNACK

Our morning snack is served with mainly fresh fruit. Our canned fruit is served in pear juice. Not all fresh

MONDAY
Saltines with sun butter and water

TUESDAY
Cereal bar with fruit and water

WEDNESDAY
Bagels with jelly, apple slice and water

THURSDAY
Vanilla yogurt with graham crackers and water

FRIDAY
Animal crackers with bananas and water

LUNCH

Our lunch is prepared with love. The staff has created many of our favorite recipes. Served daily at 11:30 am

MONDAY Sweet and sour chicken, rice, carrots, pineapple and organic milk	Veg– vegetarian chicken
TUESDAY Mac and cheese, mixed vegetables, peaches and organic milk	Veg.–
WEDNESDAY Spaghetti with meat sauce, green beans, pears, and organic milk	Veg– soy crumbles
THURSDAY Sloppy Joes on a bun, sweet potato tots, apple slices, and organic milk	Veg– soy crumbles
FRIDAY Cheese pizza, corn, ap-plesauce and organic Milk	Veg– I/T peas

AFTERNOON SNACK

This snack is prepared mostly with fresh fruits and vegetables. Served daily at 3:30

MONDAY
Ritz crackers with jelly with water

TUESDAY
Pretzel rods with sun butter with water

WEDNESDAY
Goldfish crackers with mixed fruit with water

THURSDAY
Hawaiian rolls with jelly and water

FRIDAY
Cheese sticks with apple slices and water

NOTE TO FAMILIES:

Organic whole milk is served to our infant and toddler rooms. Organic 1% milk is served to all other children. Our food is delivered on Wednesday and we tend to serve our fresh fruits and fresh vegetables on Wednesday afternoon through Friday. The fruit that has good shelf life will

Jan. 27 – Jan.31, 2020

CHESTERBROOK ACADEMY
A Nobel Learning Community