



# February 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
<b>AM Snack</b>	Cottage cheese and Pineapple	French Toast Sticks with Organic Milk	Yogurt and Graham Crackers	Wheat Toast with Jelly and Bananas	Bagels with Cream Cheese
<b>Lunch</b>	Spaghetti with Meatballs, Pears, Green Beans (v. Spaghetti with Marinara)	Chicken Stir Fry Rice with Mixed Veggies, Applesauce (v. Sunbutter and Jelly Sandwich)	Ham and Cheese Wrap, Broccoli, Fresh fruit (v. Cheese Wrap)	Vegetarian Lentil Soup with Dinner Rolls, Mixed Veggies, Peaches	Homemade Pepperoni pizza, Carrots, Pineapple (v. Cheese Pizza)
<b>PM Snack</b>	Apple Slices and String cheese	Graham crackers with Sunbutter	Soft Pretzels with Cheese	Soft Pitats with Hummus	Wheat Thins and Cheese Slice (I/T: Ritz Crackers)
	10	11	12	13	14
<b>AM Snack</b>	Graham Crackers with Grape Jelly	Cinnamon Rolls with Organic Milk	Warm Oatmeal and Bananas	Pancakes with Organic Milk	Nutrigrain Bars and Fresh Fruit
<b>Lunch</b>	Meatball Pita Sandwich, Sweet Potato Tots, Peaches (v. Sun Butter and Jelly Sandwich)	Spanish Rice with Beef Crumbles, Mixed Veggies, Pears (v. Vegetarian Rice)	Chicken Fajitas, Fajita veggies, Mixed fruit (v. Cheese Quesadilla)	Grilled Cheese Sandwich, Tomato soup, Carrots, Fresh fruit	Chicken Nuggets, Apple slices, Peas and Carrots (v. Cheese Sandwich)
<b>PM Snack</b>	Applesauce and Cheerios	Wheat Thins and String Cheese	Ritz Crackers, Cheese slices, and Pepperoni	Fig Newtons and Apple slices	Tortilla Chips and Cheese (I/T: Graham Crackers and Fruit)
	17	18	19	20	21
<b>AM Snack</b>	Chesterbrook Closed	Yogurt with Granola	Applesauce and Cherrios	Waffles and Bananas	Hawaiian Rolls and Grape Jelly
<b>Lunch</b>	For Presidents Day	Chicken Tacos, Carrots, Pears (v. Cheese Quesadilla)	Ham and Cheese Sandwich on Hawaiian Rolls, Cauliflower, Pineapple (v. Cheese Sandwich)	Chicken Parmesan, Broccoli, Peaches (v. Sun butter and Jelly Sandwich)	Spaghetti with Meatballs, Broccoli, Applesauce (v. Spaghetti with Marinara)
<b>PM Snack</b>		Homemade Chexmix	Tortilla Chips and Nacho Cheese (I/T: Ritz Crackers and Fruit)	Graham Crackers and Sunbutter	Fig Newtons and Fresh Fruit
	24	25	26	27	28
<b>AM Snack</b>	Buttered Wheat Toast with Apple slices	Pancakes with Organic Milk	Warm Oatmeal and Bananas	Nutrigrain bars and Fresh Fruit	Blueberry muffins and Fresh Fruit
<b>Lunch</b>	Beef Chili Mac, Cauliflower, Pears (v. Spaghetti with Marinara sauce)	Chicken and Rice Bake, Mixed Veggies, Pineapple (v. Sun butter and Jelly Sandwich)	Beef tacos, Green Beans, Orange slices (v. Cheese Quesadilla)	Chicken Salad, Carrots, Peaches (v. Cheese Sandwich)	Tomato Soup and Cheese Sandwiches, Broccoli, Pineapple, and Organic Milk
<b>PM Snack</b>	Ritz crackers and string cheese	<b>Graham crackers with Sunbutter</b>	Soft Pitats with Hummus	Soft Pretzels with Cheese	Tortilla Chips and Salsa (I/T: Goldfish Crackers)
<b>AM Snack</b>					
<b>Lunch</b>					
<b>PM Snack</b>					