



## Links to Learning

### FEBRUARY TODDLERS

#### Links to Home: Shared Activities for Parents & Children

Activities using music and songs add fun and happiness to your child's day. Moving to music helps your child learn that she can use her muscles in different and fun ways. Songs help her practice words that she is just learning to say.

Here are some music activities to help promote your child's growing vocabulary and gross motor skills:

- Play a happy song for your child. Move to the music and see if she will copy your movements. Try waving your arms, nodding your head, swaying back and forth, stomping your feet and clapping your hands.
- Sing songs to your toddler about her name or the toy that she is holding. Use the melodies from favorite songs like "Mary Had a Little Lamb" or "Here We Go Round the Mulberry Bush," substituting words that relate to her and what she is doing.
- Bring out a box of dress-up clothes for your child to wear. Put on music and let her dance and sing while putting on different costumes. Add props such as toy instruments, jewelry, balls or hoops. This is a fun way to encourage movement and creativity.








# How your child will be developing and learning during this stage.



## Links to Learning

Your child's teacher will take a purposeful approach to model, nurture and provide opportunities for growth in these Links to Learning skill areas.

# 12-16 Months

 <b>Language and Literacy</b>	 <b>Mathematics</b>
<p><b>Communication</b></p> <ul style="list-style-type: none"> <li>Builds vocabulary</li> <li>Imitates new words</li> <li>Uses baby sign language and other gestures to communicate</li> <li>Imitates animal sounds</li> <li>Points to and names familiar objects</li> <li>Points to facial features when named</li> <li>Responds to simple one-step directions</li> <li>Responds to simple questions with 'yes' or 'no'</li> </ul>	<p><b>Geometry and Relationships</b></p> <ul style="list-style-type: none"> <li>Remembers where things are kept</li> <li>Nests or stacks three rings</li> <li>Demonstrates an understanding of 'up' &amp; 'down'</li> </ul>
<p><b>Literacy</b></p> <ul style="list-style-type: none"> <li>Enjoys being read to</li> <li>Looks at picture books independently</li> <li>Points to and names familiar objects in books</li> <li>Gives a book to an adult to read</li> <li>Turns pages in book</li> </ul>	<p><b>Problem Solving and Reasoning</b></p> <ul style="list-style-type: none"> <li>Retrieves a ball that has rolled out of sight</li> <li>Handles three objects by setting one object aside</li> <li>Matches lids with appropriate containers</li> </ul>
<p> <b>Wellness</b></p>	<p> <b>Creative Expression</b></p>
<p><b>Gross Motor Skills and Balance</b></p> <ul style="list-style-type: none"> <li>Walks with increased stability</li> <li>Crawls up stairs</li> <li>Pushes and pulls toys while walking</li> <li>Throws a ball forward</li> <li>Sits in a child-sized chair</li> </ul>	<p><b>Music and Musicians</b></p> <ul style="list-style-type: none"> <li>Listens intently to music and tries to sing songs</li> <li>Bobs or rocks body in response to music</li> <li>Plays simple musical instruments</li> </ul>
<p><b>Fine Motor Skills</b></p> <ul style="list-style-type: none"> <li>Puts items into a container</li> <li>Turns over small containers to find objects</li> <li>Pushes button to produce an effect (for example, pop-up toy)</li> <li>Stacks a tower of two to three blocks</li> <li>Pulls apart pop beads</li> <li>Points with index finger</li> </ul>	<p><b>Art and Artists</b></p> <ul style="list-style-type: none"> <li>Experiments with thick crayons and markers</li> <li>Scribbles on paper using whole-arm movement</li> <li>Experiments with finger paint</li> </ul>
<p><b>Health, Safety and Nutrition</b></p> <ul style="list-style-type: none"> <li>Eats a variety of table foods</li> <li>Stops in response to "no"</li> <li>Sleeps on a toddler-sized cot</li> </ul>	<p><b>Dramatic Play</b></p> <ul style="list-style-type: none"> <li>Imitates familiar adult behavior, particularly "helper" and "clean-up" behaviors</li> <li>Pretends to be familiar animals</li> </ul>
	<p> <b>Social-Emotional</b></p>
	<p><b>Self-Help Skills</b></p> <ul style="list-style-type: none"> <li>Helps to dress and undress self</li> <li>Feeds self independently with hands</li> <li>Attempts to feed self with spoon</li> <li>Points to self when named</li> <li>Takes off socks and shoes</li> </ul>
	<p><b>Social Interaction</b></p> <ul style="list-style-type: none"> <li>Assists in picking up toys</li> <li>Offers a toy when prompted</li> <li>Engages in parallel play</li> <li>Engages in multi-sensory activities</li> </ul>

# How your child will be developing and learning during this stage.



## Links to Learning

Your child's teacher will take a purposeful approach to model, nurture and provide opportunities for growth in these Links to Learning skill areas.

# 16-20 Months

<b>☐</b> <b>Language and Literacy</b>	<b>🎵</b> <b>Creative Expression</b>
Communication	Music and Musicians
<ul style="list-style-type: none"> <li>• Builds vocabulary</li> <li>• Imitates new words</li> <li>• Uses newly acquired vocabulary</li> <li>• Uses sign language and other gestures to communicate</li> <li>• Refers to self by name</li> <li>• Indicates knowledge of some friends' names verbally or by pointing</li> <li>• Names some common animals</li> <li>• Names some simple facial features</li> <li>• Responds to simple one-step directions</li> <li>• Responds to simple questions with 'yes,' 'no,' or simple responses</li> </ul>	<ul style="list-style-type: none"> <li>• Dances in response to music</li> <li>• Stands with feet apart; sways side to side to music</li> <li>• Listens intently to music</li> <li>• Tries to sing songs</li> <li>• Plays simple musical instruments</li> </ul>
Literacy	Art and Artists
<ul style="list-style-type: none"> <li>• Turns familiar pictures right side up</li> <li>• Shows sustained interest in pictures</li> <li>• Pretends to read a book</li> <li>• Shows a preference for a familiar book</li> <li>• Listens to a 5-minute story with pictures</li> <li>• Responds to specific words in stories by showing what was named</li> <li>• Turns pages in book</li> </ul>	<ul style="list-style-type: none"> <li>• Experiments with thick crayons and markers</li> <li>• Scribbles on paper using whole-arm movement</li> <li>• Experiments with finger paint</li> <li>• Uses a paintbrush</li> <li>• Engages in multi-sensory art activities</li> </ul>
Literacy	Dramatic Play
<ul style="list-style-type: none"> <li>• Turns familiar pictures right side up</li> <li>• Shows sustained interest in pictures</li> <li>• Pretends to read a book</li> <li>• Shows a preference for a familiar book</li> <li>• Listens to a 5-minute story with pictures</li> <li>• Responds to specific words in stories by showing what was named</li> <li>• Turns pages in book</li> </ul>	<ul style="list-style-type: none"> <li>• Engages in dress-up activities</li> <li>• Mimics transportation noises and behaviors</li> </ul>
<b>123</b> <b>Mathematics</b>	<b>👤</b> <b>Social-Emotional</b>
Numbers and Number Sense	Self-Help Skills
<ul style="list-style-type: none"> <li>• Begins to understand the number concept of one</li> <li>• Repeats numbers 1-5</li> </ul>	<ul style="list-style-type: none"> <li>• Drinks from an open cup</li> <li>• Feeds self with spoon</li> <li>• Recognizes self in mirror</li> <li>• Shows preferences, likes and dislikes</li> <li>• Retrieves personal items from cubby</li> </ul>
Geometry and Relationships	Social Interaction
<ul style="list-style-type: none"> <li>• Points to simple shapes</li> <li>• Points to common colors</li> <li>• Matches a picture of an object to an object</li> <li>• Demonstrates an understanding of 'big' &amp; 'little'</li> </ul>	<ul style="list-style-type: none"> <li>• Briefly shares with others when prompted</li> <li>• Engages in give and take play, such as rolling a ball back and forth</li> <li>• Pays attention to other children</li> </ul>
Problem Solving and Reasoning	
<ul style="list-style-type: none"> <li>• Attempts to find out how a toy runs</li> <li>• Attempts to place shaped blocks into correct holes; changes holes if object does not fit</li> </ul>	

(continued on the back)



# 16-20 Months (contd.)

## Wellness

### Gross Motor Skills and Balance

- Dumps large containers
- Catches a ball rolled from a short distance
- Walks backwards
- Turns around
- Seats self and maintains balance in a child-sized chair
- Steps on or kicks ball in attempt to engage in kicking behavior

### Fine Motor Skills

- Pulls apart and pushes pop beads back together
- Uses a large cup to scoop material
- Manipulates Play-Doh through squeezing and pounding
- Imitates motions of finger play
- Pull up large zippers
- Stacks 3-4 rings on a stick
- Uses hands together to complete fine motor tasks

### Health, Safety and Nutrition

- Holds railing going up or down stairs
- Gets a tissue when prompted




# How your child will be developing and learning during this stage.



## Links to Learning

Your child's teacher will take a purposeful approach to model, nurture and provide opportunities for growth in these Links to Learning skill areas.

# 20-24 Months

 <b>Language and Literacy</b>	 <b>Creative Expression</b>
Communication	Music and Musicians
<ul style="list-style-type: none"> <li>• Uses two to four word sentences</li> <li>• Asks simple questions</li> <li>• Builds vocabulary</li> <li>• Uses newly acquired vocabulary</li> <li>• Uses sign language and other gestures to communicate</li> <li>• Shows recognition of peers and teachers verbally and/or emotionally</li> <li>• Knows and uses names of some friends &amp; teacher</li> <li>• Responds to simple two-step directions</li> <li>• Responds to questions with simple responses</li> <li>• Uses "me" and "my" to refer to self and possessions</li> </ul>	<ul style="list-style-type: none"> <li>• Sings simple songs and claps along with music</li> <li>• Dances in response to music</li> <li>• Plays simple musical instruments</li> </ul>
Literacy	Art and Artists
<ul style="list-style-type: none"> <li>• Listens to a 5-minute story with pictures</li> <li>• Answers questions about familiar objects and events in books</li> <li>• Looks at picture books independently</li> <li>• Asks to be read to</li> <li>• Fills in words in familiar stories</li> </ul>	<ul style="list-style-type: none"> <li>• Experiments with crayons and markers</li> <li>• Imitates vertical crayon stroke</li> <li>• Finger paints with some control</li> <li>• Uses a paintbrush</li> <li>• Engages in multi-sensory art activities</li> </ul>
Mathematics	Dramatic Play
Numbers and Number Sense	<ul style="list-style-type: none"> <li>• Acts out familiar routines with baby dolls and stuffed animals</li> <li>• Engages in symbolic play, such as calling someone with a pretend banana</li> <li>• Uses dress-up props to become new characters, animals, or people</li> </ul>
<ul style="list-style-type: none"> <li>• Understands the number concept of one</li> <li>• Begins to understand the number concept of two</li> <li>• Repeats numbers 1-10</li> <li>• Tells which is one and which is many</li> </ul>	 <b>Social-Emotional</b>
Geometry and Relationships	Self-Help Skills
<ul style="list-style-type: none"> <li>• Names simple shapes and common colors</li> <li>• Matches a picture of an object to an object</li> <li>• Sorts by color and begins to sort by size</li> </ul>	<ul style="list-style-type: none"> <li>• Recognizes self in photographs</li> <li>• Engages in clean-up routines including clearing spot after eating</li> <li>• Feeds self with spoon and fork</li> <li>• Indicates need for diaper change</li> <li>• Washes hands with minimal support</li> <li>• Attempts to put on shoes</li> <li>• Drinks small amounts of liquid from an open cup</li> </ul>
Problem Solving and Reasoning	Social Interaction
<ul style="list-style-type: none"> <li>• Uses size words to describe an object, such as big or little</li> <li>• Completes 1-3 piece puzzles through trial &amp; error</li> <li>• Uses toys for intended purpose, including stacking blocks, simple puzzles, and interlocking blocks</li> </ul>	<ul style="list-style-type: none"> <li>• Engages in close parallel play</li> <li>• Follows classroom routine and schedule with minimal prompting</li> <li>• Attends to and plays with a toy independently for a short span of time</li> <li>• Shows varied feelings</li> <li>• Says "please"</li> </ul>

(continued on the back)



# 20-24 Months (contd.)

## Wellness

### Gross Motor Skills and Balance

- Jumps in place with two feet
- Runs
- Climbs steps independently
- Throws a ball forward
- Sits upright on floor with legs crisscrossed
- Fills and dumps containers

### Fine Motor Skills

- Puts large pegs in a peg board
- Places blocks in a row
- Strings large beads
- Turns large knobs
- Builds a tower of 4 or more blocks
- Lifts lids from large containers

### Health, Safety and Nutrition

- Climbs playground stairs holding the railing
- Sits and stands from child-sized chair without falling