

MARCH TODDLERS

Links to Home: Shared Activities for Parents & Children

Art projects are creative and fun ways to develop your child's fine motor skills. Small-muscle activities, such as painting, help your child learn to control her hand and finger movements, while developing creativity and independence.

Here are some activities to promote your child's self-expression and fine motor skills:

- Give your child a cup of water and a variety of paintbrushes. Encourage her
 to paint with water on the sidewalk or other outdoor surface. Show her how
 to dip her hand in the water and make fingerprints.
- Cover a table with a large sheet of paper and give your child a box of crayons or markers. Show your child how to use the materials to make dots, lines and swirls on the paper. Let her take over and have fun. Talk about the colors and shapes while she is drawing.
- Provide your child with non-toxic finger paints, a large piece of paper and a smock. Show your child how to finger-paint and then let her create a masterpiece. Talk about how the paint feels and what colors and shapes are on the paper. Display the artwork for future conversations.



How your child will be developing and learning during this stage.



Your child's teacher will take a purposeful approach to model, nurture and provide opportunities for growth in these Links to Learning skill areas.

12-16 Months	
Language and Literacy	Mathematics
Communication	Geometry and Relationships
 Builds vocabulary Imitates new words Uses baby sign language and other gestures to communicate Imitates animal sounds Points to and names familiar objects Points to facial features when named Responds to simple one-step directions Responds to simple questions with 'yes' or 'no' 	Remembers where things are keptNests or stacks three ringsDemonstrates an understanding of 'up' & 'down'
	Problem Solving and Reasoning
	 Retrieves a ball that has rolled out of sight Handles three objects by setting one object aside Matches lids with appropriate containers
Literacy	Creative Expression
 Enjoys being read to Looks at picture books independently Points to and names familiar objects in books Gives a book to an adult to read Turns pages in book 	Music and Musicians
	 Listens intently to music and tries to sing songs Bobs or rocks body in response to music Plays simple musical instruments
	Art and Artists
 Wellness Gross Motor Skills and Balance Walks with increased stability Crawls up stairs Pushes and pulls toys while walking Throws a ball forward Sits in a child-sized chair 	 Experiments with thick crayons and markers Scribbles on paper using whole-arm movement Experiments with finger paint
	Dramatic Play
	 Imitates familiar adult behavior, particularly "helper" and "clean-up" behaviors Pretends to be familiar animals
Fine Motor Skills	Social-Emotional
 Puts items into a container Turns over small containers to find objects Pushes button to produce an effect (for example, pop-up toy) Stacks a tower of two to three blocks Pulls apart pop beads Points with index finger 	Self-Help Skills
	 Helps to dress and undress self Feeds self independently with hands Attempts to feed self with spoon Points to self when named Takes off socks and shoes
Health, Safety and Nutrition	Social Interaction
Eats a variety of table foodsStops in response to "no"Sleeps on a toddler-sized cot	 Assists in picking up toys Offers a toy when prompted Engages in parallel play Engages in multi-sensory activities

How your child will be developing and learning during this stage.



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16-20 Months	
Language and Literacy	Creative Expression
Communication	Music and Musicians
 Builds vocabulary Imitates new words Uses newly acquired vocabulary Uses sign language and other gestures to communicate Refers to self by name Indicates knowledge of some friends' names verbally or by pointing Names some common animals Names some simple facial features Responds to simple one-step directions Responds to simple questions with 'yes,' 'no,' or simple responses 	 Dances in response to music Stands with feet apart; sways side to side to music Listens intently to music Tries to sing songs Plays simple musical instruments
	Art and Artists
	 Experiments with thick crayons and markers Scribbles on paper using whole-arm movement Experiments with finger paint Uses a paintbrush Engages in multi-sensory art activities
Literacy	Dramatic Play
 Turns familiar pictures right side up Shows sustained interest in pictures Pretends to read a book Shows a preference for a familiar book Listens to a 5-minute story with pictures Responds to specific words in stories by showing what was named Turns pages in book 	 Engages in dress-up activities Mimics transportation noises and behaviors
	Self-Help Skills Drinks from an open cup Feeds self with spoon Pacagnizes self in mirror
	• Decognized colf in mirror
Mathematics	 Recognizes self in mirror Shows preferences, likes and dislikes Retrieves personal items from cubby
Mathematics Numbers and Number Sense	 Shows preferences, likes and dislikes
	 Shows preferences, likes and dislikes Retrieves personal items from cubby Social Interaction Briefly shares with others when prompted Engages in give and take play, such as rolling a
Numbers and Number Sense • Begins to understand the number concept of one	 Shows preferences, likes and dislikes Retrieves personal items from cubby Social Interaction Briefly shares with others when prompted Engages in give and take play, such as rolling a ball back and forth
Numbers and Number Sense Begins to understand the number concept of one Repeats numbers 1-5	 Shows preferences, likes and dislikes Retrieves personal items from cubby Social Interaction Briefly shares with others when prompted Engages in give and take play, such as rolling a
Numbers and Number Sense Begins to understand the number concept of one Repeats numbers 1-5 Geometry and Relationships Points to simple shapes Points to common colors Matches a picture of an object to an object	 Shows preferences, likes and dislikes Retrieves personal items from cubby Social Interaction Briefly shares with others when prompted Engages in give and take play, such as rolling a ball back and forth



16-20 Months (contd.)



Gross Motor Skills and Balance

- Dumps large containers
- Catches a ball rolled from a short distance
- Walks backwards
- Turns around
- Seats self and maintains balance in a child-sized chair
- Steps on or kicks ball in attempt to engage in kicking behavior

Fine Motor Skills

- Pulls apart and pushes pop beads back together
- Uses a large cup to scoop material
- Manipulates Play-Doh through squeezing and pounding
- Imitates motions of finger play
- Pull up large zippers
- Stacks 3-4 rings on a stick
- Uses hands together to complete fine motor tasks

Health, Safety and Nutrition

- Holds railing going up or down stairs
- Gets a tissue when prompted

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Uses toys for intended purpose, including stacking

blocks, simple puzzles, and interlocking blocks

20-24 Months	
Language and Literacy	Creative Expression
 Communication Uses two to four word sentences Asks simple questions Builds vocabulary Uses newly acquired vocabulary Uses sign language and other gestures to communicate Shows recognition of peers and teachers verbally and/or emotionally Knows and uses names of some friends & teacher Responds to simple two-step directions Responds to questions with simple responses Uses "me" and "my" to refer to self and 	 Music and Musicians Sings simple songs and claps along with music Dances in response to music Plays simple musical instruments
	Art and Artists
	 Experiments with crayons and markers Imitates vertical crayon stroke Finger paints with some control Uses a paintbrush Engages in multi-sensory art activities
	Dramatic Play
possessions Literacy	 Acts out familiar routines with baby dolls and stuffed animals Engages in symbolic play, such as calling someone with a pretend banana Uses dress-up props to become new characters, animals, or people
 Listens to a 5-minute story with pictures Answers questions about familiar objects and events in books Looks at picture books independently Asks to be read to Fills in words in familiar stories 	
	Social-Emotional
(123) Mathematics	Self-Help Skills
Numbers and Number Sense	 Recognizes self in photographs Engages in clean-up routines including clearing spot after eating Feeds self with spoon and fork Indicates need for diaper change Washes hands with minimal support Attempts to put on shoes
 Understands the number concept of one Begins to understand the number concept of two Repeats numbers 1-10 Tells which is one and which is many 	
Geometry and Relationships	Drinks small amounts of liquid from an open cup
 Names simple shapes and common colors Matches a picture of an object to an object Sorts by color and begins to sort by size 	Social Interaction Engages in close parallel play Follows classroom routine and schedule with
Problem Solving and Reasoning Uses size words to describe an object, such as big or little Completes 1-3 piece puzzles through trial & error	minimal prompting Attends to and plays with a toy independently for a short span of time Shows varied feelings Says "please"

(continued on the back)



20-24 Months (contd.)



Gross Motor Skills and Balance

- Jumps in place with two feet
- Runs
- Climbs steps independently
- Throws a ball forward
- Sits upright on floor with legs crisscrossed
- Fills and dumps containers

Fine Motor Skills

- Puts large pegs in a peg board
- Places blocks in a row
- Strings large beads
- Turns large knobs
- Builds a tower of 4 or more blocks
- Lifts lids from large containers

Health, Safety and Nutrition

- Climbs playground stairs holding the railing
- Sits and stands from child-sized chair without falling