

AUGUST INFANTS

Links to Home: Shared Activities for Parents & Children

ACTIVITY:

Poke a scarf through a paper towel roll to create a fun hide and seek game. Talk to your baby while playing to engage her. "Where's the scarf? Where did it go? Oh, there it is! Peek-a-boo." Allow older infants to try to pull the scarf out independently.





BABY SIGN LANGUAGE

This Month's Baby Sign is "BEAR."

To sign the word "bear," make your hands into claws and cross your arms by your chest. Scratch up and down repeatedly. For further assistance, have your child's teacher show you how to make the baby sign, or refer to videos and articles on the Web.

In our infant program, we start using baby sign language from the earliest months. Baby signs are common terms that have been modified and simplified from American Sign Language. As your baby reaches approximately six to eight months of age, he will begin to recognize and perhaps sign back to you on his own.

Baby signs are a good way to help children express themselves and lessen frustration in the early stages of language development. Signing helps young children learn to recognize, and eventually verbalize, the word associated with the sign.

Signing with your child is fun. Say the word as you sign. You can sign while holding your baby, and have him feel the sign that you are making. Baths and diaper changes are great times to practice baby signs.



Your child's teacher will take a purposeful approach to model, nurture and provide opportunities for growth in these Links to Learning skill areas.

Birth to 3 months

(III) Language and Literacy

- Cries to express need
- Varies pitch and loudness
- Responds to familiar voices
- Makes ooh and aah cooing sounds

(Creative Expression

- Responds to sounds in environment
- Searches for sound source

★ Wellness

- Opens and shuts hands
- Brings hand to mouth
- Grasps objects when placed in hand
- Waves hands and feet when on back
- Engages in tummy time for short periods of time
- Lifts head briefly
- Moves head side to side when on stomach

Social-Emotional

- Begins to make eye contact
- Watches faces intently
- Smiles responsively
- Responds to being held
- Responds to being spoken to
- Recognizes caregiver
- Imitates some movements or facial expressions



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3-6 Months	
Language and Literacy	★ Wellness
Communication	Gross Motor Skills and Balance
 Laughs out loud Vocalizes simple consonant sounds (m, p, b, n) Answers a sound with another sound Attends to baby sign language Smiles at caregiver Responds to own name Uses voice to express joy and displeasure 	 Holds head with control when in an upright position Engages in tummy time for short periods of time Lifts head and chest off floor during tummy time Lifts head when on back Brings feet to mouth Rolls from side to back or from side to stomach Reaches out when on stomach Allows self to be pulled into a sitting position Sits with support
Literacy	
 Explores books orally and by touch Looks at clear, simple pictures and designs Follows objects with eyes from side to side, focusing both eyes at the same time 	
	 Reaches for toys Grabs toys Holds and shakes a rattle
Social-Emotional	 Grasps with finger and thumb
 Expresses feelings by making sounds Notices strangers Recognizes and responds to familiar actions Engages in social play with caregiver Recognizes and responds to basic facial expressions of caregiver (e.g. smiles in response to happy facial 	Uses hand to "rake" smaller objects Creative Expression Responds differently to a variety of sounds Attends to noisemakers Explores texture and sensation
expression) • Attends to mirrors	



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6-9 Months	
Language and Literacy	★ Wellness
Communication	Gross Motor Skills and Balance
 Strings together sounds (ba-ba, da-da, etc) Uses toys to make noises Stops in response to 'no' Responds to voice games Responds to familiar words Attempts to mimic frequent baby sign language signs Uses baby sign language to 	 Rolls over independently Sits without support Pushes self into a sitting position Crawls forward with stomach on floor Rocks on hands and knees Creeps on hands and knees Assists in pulling up Bears some weight on legs when held in a standing position
communicate needs	Fine Motor Skills
Enjoys being read to Looks at named picture Recognizes pictures of familiar people, objects, and actions Mathematics Tracks and locates objects falling	 Reaches and grasps toys Uses fingers and palms to hold objects Transfers objects from one hand to the other Holds objects with both hands Holds and releases objects Strikes objects together Takes objects out of large-mouth
from view • Develops object permanence • Shows some understanding of cause	containers Social-Emotional
 and effect Repeats certain activities, such as dropping a spoon Unstacks nesting blocks or rings 	 Plays unattended for a short time Plays peek-a-boo Develops preferences, particularly with toys Eats baby food from a spoon
(Creative Expression	 Eats finger food Holds own bottle Feeds self finger foods Explores multi-sensory activities
 Enjoys rhymes and song Responds to music with body movement Claps hands Experiments with different art materials 	



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9-12 Months	
Language and Literacy	Mathematics
Communication Associates meaning to familiar words Says 3-6 words with meaning Responds to simple verbal requests Practices sounds in a variety of ways Uses a variety of baby sign language signs to communicate wants and needs Looks at object named Shakes head for 'no' and uses other simple gestures Imitates heard words Squeals to elicit attention	 Looks for hidden objects Begins to remember where things are kept Stacks rings or nesting blocks Shows basic understanding of schedule of events, such as after nap expects bottle
	★ Wellness
	Gross Motor Skills and Balance
	 Crawls Pulls self up to stand Bears weight in standing position Stands unaided Walks with support Cruises, using furniture Helps with getting dressed, such as pushing hands into sleeves
Literacy	
 Enjoys being read to Looks at pictures in books Shows preference for a certain book Attempts to turn pages in board books Interacts with textured or sound-producing books Recognizes pictures of familiar people, objects, and actions 	
	Fine Motor Skills
	 Points Picks things up with a pincer grasp (thumb and forefinger) Continues to hold one small object when handed another Retrieves dropped objects Puts objects into a container
Social-Emotional	
 Uses physical behavior (such as pulling up) to establish closeness Becomes upset if a toy or other object is taken away Participates in games of imitation Holds own bottle Self-feeds Begins to explore table foods Independently uses a sippy cup Participates in hand washing 	
	(k) Creative Expression
	 Enjoys rhymes and songs Claps hands Moves body in response to music Plays simple musical instruments Explores the texture of paint Holds and uses a large brush to explore paint Explores large crayons and markers Engages in multi-sensory art activities