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| **September 2020**  Child’s Name  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Classroom   |  |  |  |  |  | | --- | --- | --- | --- | --- | | **Date** | **1** | **2** | **3** | **4** | |  |  |  |  |  | | **Sept. 8** |  |  |  |  | | **Sept. 9** |  |  |  |  | | **Sept. 10** |  |  |  |  | | **Sept. 11** |  |  |  |  | | **Sept. 14** |  |  |  |  | | **Sept. 15** |  |  |  |  | | **Sept. 16** |  |  |  |  | | **Sept. 17** |  |  |  |  | | **Sept. 18** |  |  |  |  | | **Sept. 21** |  |  |  |  | | **Sept. 22** |  |  |  |  | | **Sept. 23** |  |  |  |  | | **Sept. 24** |  |  |  |  | | **Sept. 25** |  |  |  |  | | **Sept. 28** |  |  |  |  | | **Sept. 29** |  |  |  |  | | **Sept. 30** |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 1  **MENU DUE to OFFICE** | 2 | 3 | 4 |
| 7  **NO YUMMY LUNCHES**    **TODAY!!** | 8  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  3 Cheese Pasta Bake, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 9  Arroz con Pollo, Baked Plantains, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 10  Korean Beef Bowl w/Rice, Sautéed Veggies, Fresh Fruit  Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 11  Havana Style Pulled Pork Cuban Sandwich, Veggie Chips, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit |

Meals x $4.50 = \_\_\_\_\_\_\_\_

Paid by: check # \_\_\_\_\_\_\_

1. Check off your child’s lunch order for each day (select a meal) with beverage of choice.
2. Every day you have the option of Water (W), Milk (M), or Chocolate Milk (CM).
3. Each meal is **$5**. A full menu for the month is **$105**
4. Tear off and return the completed form by **Monday September 1st.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 14  Low Fat Penne Alfredo w/ Chicken, Roasted Seasonal Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 15  Ground Turkey & Cheese Burrito, Black Beans, Roasted Seasonal Veggies, Fresh Fruit  Cheese Tortellini w/Olive Oil (Sauce on the Side), Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 16  Philly Cheesesteak, Roasted Seasonal Veggies, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 17  Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit  Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 18  “Make Your Own Yummy…” Chicken Ramen w/Veggies, Broth, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit |
| 21  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Lean Beef Bolognese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 22  Chicken Paella, Black Beans, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Pomodoro Sauce w/Chicken, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 23  Beef Barbacoa over Rice, Mexican Veggie Skillet, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 24  Maple Glazed Sliced Turkey, Roll, Roasted Seasonal Veggies, Fresh Fruit  Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 25  Chicken Tikka Masala w/Couscous, Roasted Seasonal Veggies, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit |
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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 28  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Low Fat Penne Alfredo & Chicken, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 29  Breakfast for Lunch—French Toast, Eggs, Lyonnaise Potatoes, Fresh Fruit  Baked Penne, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit | 30  Picadillo, Roasted Seasonal Veggies, Brown Rice, Fresh Fruit  Grilled Chicken & Cheddar Sandwich, Roasted Seasonal Veggies, Fresh Fruit  Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit  Turkey Sandwich, Veggie Chips, Fresh Fruit |  |  |