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| **September 2020**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** | **4** |
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| **Sept. 8** |  |  |  |  |
| **Sept. 9** |  |  |  |  |
| **Sept. 10** |  |  |  |  |
| **Sept. 11** |  |  |  |  |
| **Sept. 14** |  |  |  |  |
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| **Sept. 23** |  |  |  |  |
| **Sept. 24** |  |  |  |  |
| **Sept. 25** |  |  |  |  |
| **Sept. 28** |  |  |  |  |
| **Sept. 29** |  |  |  |  |
| **Sept. 30** |  |  |  |  |
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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 1**MENU DUE to OFFICE** | 2 | 3 | 4 |
| 7**NO YUMMY LUNCHES****TODAY!!** | 8Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit3 Cheese Pasta Bake, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 9Arroz con Pollo, Baked Plantains, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 10Korean Beef Bowl w/Rice, Sautéed Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 11Havana Style Pulled Pork Cuban Sandwich, Veggie Chips, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit |

Meals x $4.50 = \_\_\_\_\_\_\_\_

Paid by: check # \_\_\_\_\_\_\_

1. Check off your child’s lunch order for each day (select a meal) with beverage of choice.
2. Every day you have the option of Water (W), Milk (M), or Chocolate Milk (CM).
3. Each meal is **$5**. A full menu for the month is **$105**
4. Tear off and return the completed form by **Monday September 1st.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 14Low Fat Penne Alfredo w/ Chicken, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 15Ground Turkey & Cheese Burrito, Black Beans, Roasted Seasonal Veggies, Fresh FruitCheese Tortellini w/Olive Oil (Sauce on the Side), Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 16Philly Cheesesteak, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 17Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 18“Make Your Own Yummy…” Chicken Ramen w/Veggies, Broth, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit |
| 21Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitPasta w/Lean Beef Bolognese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 22Chicken Paella, Black Beans, Roasted Seasonal Veggies, Fresh FruitPasta w/Pomodoro Sauce w/Chicken, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 23Beef Barbacoa over Rice, Mexican Veggie Skillet, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 24Maple Glazed Sliced Turkey, Roll, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 25Chicken Tikka Masala w/Couscous, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit |
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|  |  |  |  |  |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 28Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitLow Fat Penne Alfredo & Chicken, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 29Breakfast for Lunch—French Toast, Eggs, Lyonnaise Potatoes, Fresh FruitBaked Penne, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit | 30Picadillo, Roasted Seasonal Veggies, Brown Rice, Fresh FruitGrilled Chicken & Cheddar Sandwich, Roasted Seasonal Veggies, Fresh FruitBagel w/Cream Cheese, Veggies & Hummus, Fresh FruitTurkey Sandwich, Veggie Chips, Fresh Fruit |  |  |