

October 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1 Strawberry Cereal Bar	2 Yogurt
Lunch				Tator tot Casserole, Mixed Veggies, Pears	Chicken Nuggets, Smiley Fries, Peas, Oranges
PM Snack				Teddy Grahams	Goldfish
AM Snack	5 Maple Crackers	6 Blueberry Muffins	7 Kix Cereal	8 Bananas	9 Mixed Fruit Cup
Lunch	Barbecue Chicken, rice, corn, pineapple	Chicken Noodle Soup, Crackers, Mixed Fruit	Fish sticks, Sweet Potato Puffs, Green Beans, Pears	Pierogies, Broccoli, peaches	Soybutter and Jelly, Carrots, Applesauce
PM Snack	Strawberry Applesauce	String Cheese	Apple Slices	Ritz Bits with Cheese	Rice Cakes
AM Snack	12 Strawberry Poptart	13 Cinnamon Toast Crunch	14 Chocolate Chip Cereal Bar	15 Yogurt	16 Waffle Grahams
Lunch	Sausage, egg and cheese crossiant, Oranges	Beef Tacos, Peas, Pineapple	Macaroni and Cheese, Green Beans, Apple Slices	Sweet and Sour Meatballs, Potatoes, Carrots, Peaches	Pizza, Green Beans, Mixed Fruit
PM Snack	Pretzels	Teddy Grahams	Trail Mix	Oatmeal Cookie	Crackers and Cheese
AM Snack	19 Maple Crackers	20 Chex Mix Cereal	21 Mixed Fruit Cup	22 Blueberry Muffins	23 Chocolate Chip Cereal Bar
Lunch	Tuna Noodle Cassarole with Peas, Pears	Ranch Chicken, Rice, Carrots and Peas, Pineapple	Cheeseburger, tator tots, Green Beans, Apple Sauce	Baked Ziti with meat sauce, Mixed Veggies, Peaches	Ham and Cheese Sandwich, Corn, Oranges
PM Snack	Pizza Crackers	Ritz Bits with Cheese	Rice Cakes	String Cheese	Trail Mix
AM Snack	26 Pineapple Fruit Cup	27 Cranberry Orange Muffin	28 Waffle Grahams	29 Strawberry Poptart	30 Cinnamon Toast Crunch
Lunch	Soybutter and Jelly, Carrots, Applesauce	Eggs, Sausage, Cinnamon Raisin Bread, Fruit Cocktail, Orange Juice	Meatball Sandwich, Broccoli, Pears	Chicken Nuggets, Sweet Potato Puffs, Peas and Carrots, Apple slices	Quesdilla, Corn, Pineapple
PM Snack	Oatmeal Cookie	Peaches	Rice Cakes	Goldfish	String Cheese