



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|---|--|--|--|---|
| AM Snack | | 1 Whole Grain Cereal w/ Fresh Sliced Strawberries & Milk | 2 Cinn.Sugar Toast w/ Bananas & Milk | 3 Nutri-Grain Bars w/ Blueberries, Milk | 4 Whole Grain Cereal, Bananas, Milk |
| PM Snack | | Yogurt w/ Fresh Fruit Medley & Chilled Water | Mozz. Cheese with Whole Grain Crackers and Water | Graham Crackers w/ Apple Slices & Chilled Water | Sunbutter & Jelly Pinwheels w/ Water |
| AM Snack | 7 CLOSED | 8 Pancakes & Blueberries, Milk | 9 Whole Wheat Biscuits with Turkey Sausage, Milk | 10 Yogurt, Fresh Sliced Strawberries, Milk | 11 Whole Grain Cereal w/ Fresh Blueberries, Milk |
| PM Snack | CLOSED | Graham Crackers, Apple Slices, Chilled Water | Whole Wheat Pita w/Hummus, Chilled Water | Strawberry Chex Mix w/ Sliced Pineapple, Water | Baked Sweet Potato Wedges with Hummus & Chilled Water |
| AM Snack | 14 Whole Wheat Bagels w/ Apple Butter, Milk | 15 Whole Grain Cereal w/ Blueberries & Milk | 16 Whole Grain Waffles w/ Sliced Peaches & Milk | 17 Egg Patty w/ Whole Wheat Toast & Milk | 18 Cinn.Sugar Toast w/ Bananas & Milk |
| PM Snack | Wheat Crackers w/ Cheese Cubes & Chilled Water | Sunbutter/Banana Quesadilla & Chilled Water | Cornbread Muffins with Applebutter & Chilled Water | Breaded Raviolis w/ Marinara Sauce & Chilled Water | Fresh Apple Slices w/ Sunbutter & Chilled Water |
| AM Snack | 21 Blueberry Muffins w/ Sliced Pears, Milk | 22 Whole Wheat English Muffins w/ Strawberry Jam and Milk | 23 Whole Grain Waffles w/ Fresh Strawberries & Milk | 24 Egg Patty w/Whole Wheat Toast & Milk | 25 Whole Wheat Biscuits with Turkey Sausage, Milk |
| PM Snack | Cheese Cubes w/ Whole Wheat Crackers, and Chilled Water | Whole Wheat Pita Chips w/ Salsa & Chilled Water | Wheat Chex Mix, w/ Fresh Blueberries & Chilled Water | Graham crackers w/ Apple Slices, Chilled Water | Whole Wheat Pita Chips with Avocado & Chilled Water |
| AM Snack | 28 Whole wheat bagels w/apple butter milk | 29 Whole wheat bagels w/apple butter milk | 30 Whole Grain Cereal, Bananas, Milk | | |
| PM Snack | Cinn. Pita w/ Fruit Salsa & Chilled Water | Cheese Cubes w/ Whole Wheat Crackers, and Chilled Water | Cheddar Cheese Rice Cakes , water | | |