



September 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31	1	2	3	4
AM Snack	Hawaiian Rolls and Jelly	Bagels and Cream Cheese	Oatmeal and Bananas	Strawberry Yogurt and Granola	Hashbrown Triangles and Milk
Lunch	Chicken Parmesan, Carrots, Applesauce (v: Meatless Chicken Parmesan)	Beef Tacos, Cauliflower, Mandarin Oranges (v: Beef Sub Crumbles)	Ham and Rice Casserole with Cream of Mushroom Soup, Peas, Pears (v: Cream of Mushroom Rice Casserole)	Baked Mostoccoli and Meatballs, Broccoli, Peaches (v: Garden Burger Patty)	Chicken Nuggets, Cauliflower, Pears (v: Meatless Chicken Nuggets)
PM Snack	Ham and Cream Cheese Pinwheels	Tortilla Chips and Nacho Cheese (i/t: Cheerios and Fruit)	Breadsticks with Marinara Sauce	Goldfish Crackers and String Cheese	Soft Pretzel Bites and Nacho Cheese (i/t: Ritz Crackers and Cheese Slices)
	7	8	9	10	11
AM Snack	Chesterbrook Closed	Cereal and Milk	Wheat Thin Crackers and Cheese Slices (i/t: Ritz Crackers)	Biscuits and Turkey Sausage	Muffins and Milk
Lunch	Happy Labor Day!	Spanish Rice with Beans, Mixed Veggies, Pineapple	Spaghetti and Beef Crumbles with Marinara Sauce, Cauliflower, Peaches (v: Spaghetti with Marinara Sauce)	Turkey and Cheese Wraps, Sweet Potato Tots, Apple Slices (v: Meatless Chicken Nuggets)	Sweet & Sour Turkey Meatballs, Stir Fry Veggies, Pineapple (v: Garden Burger Patty)
PM Snack	Chesterbrook Closed	Soft Pita Chips and Hummus	Apples and Sun Butter (i/t: Cheerios and Applesauce)	Sunchips and Salsa (i/t: Goldfish Crackers and Cheese)	Frozen Strawberry Yogurt and Graham Cracker Sandwich
	14	15	16	17	18
AM Snack	Nutrigrain Bars and Fruit	Biscuits and Jelly	Soft Pita Chips and Sun Butter	Bagels and Cream Cheese	Belvita Breakfast Biscuit and Milk
Lunch	Ham and Cheese on Hawaiian Rolls, Mixed Veggies, Pineapple (v: Sun Butter and Jelly on Hawaiian Roll)	Pepperoni English Muffin Pizzas, Broccoli, Peaches (v: Cheese English Muffin Pizza)	Homemade Macaroni and Cheese with Ham, Salad, Pears	Chicken Stir Fry with Brown Rice and Sweet & Sour Sauce, Stir Fry Veggies, Mandarin Oranges (v: Vegetarian Stir Fry)	Cheeseburger Sliders, Sweet Potato Tots, Fresh Fruit (v: Garden Burger)
PM Snack	Graham Crackers and Sun Butter	Bosco Sticks and Marinara Sauce	Animal Crackers and Fruit	Ritz Crackers, Pepperoni, Cheese	Naan Bread and Hummus
	21	22	23	24	25
AM Snack	Cereal and Milk	Hawaiian Rolls and Jelly	Graham Crackers and Sun Butter	Warm Oatmeal and Bananas	Hashbrown Triangles and Milk
Lunch	Chicken Tetrizzini, Mixed Veggies, Pears (v: Pasta with Alfredo Sauce)	Ham and Cheese Wraps, Broccoli, Mixed Fruit (v: Sun Butter and Jelly Wrap)	Pancakes, Turkey Sausage, Hash Browns, Peaches	Beef Tacos, Mixed Veggies, Pineapple (v: Soy Chicken Taco)	Chicken Nuggets, Green Beans, Apple Slices (v: Meatless Chicken Nuggets)
PM Snack	Bosco sticks with Marinara Sauce	Tortilla Chips and Nacho Cheese (i/t: cheese and crackers)	Goldfish Crackers and String Cheese	Apples and Cheese Slices (i/t: Applesauce and Cheese Slices)	Sunchips and Salsa(i/t: Cheerios and Fruit)
	28	29	30		
AM Snack	Bagels and Cream Cheese	Pancakes and Milk	Nutrigrain Bars and Fruit		
Lunch	Spanish Rice and Beans, Mixed Veggies, Pineapple	Meatball Sandwich with Marinara in Pita Bread, Peas, Pears (v: Hummus in Pita Bread)	Baked Mostoccoli with Beef Crumbles, Salad, Peaches (v: Baked Mostoccoli)		
PM Snack	Soft Pretzel Bites and Nacho Cheese	Ritz Crackers, Pepperoni, Cheese	Cornbread and Applesauce		