



November 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Oatmeal Bar 2		Cereal and Milk 4	Muffins 5	Yogurt 6
Lunch	Cheese Quesadilla, Corn, Peaches and Milk	CLOSED for IN-SERVICE DAY			Hamburgers on Whole Grain Bun, Green Beans, Fruit Cup and Milk
PM Snack	Apple Slices/Applesauce		Pudding Cup	Bear Grahams	Ritz Bitz w/ Cheese
AM Snack	Cereal and Milk 9	Fruit Cup 10	Oatmeal Bars 11	Bagels w/ Cream Cheese 12	
Lunch	Chicken Nuggets, Carrots, Pineapple and Milk				Chef's Choice
PM Snack	Goldfish Crackers	Oatmeal Cookie and Milk	Fruit and Milk	Rice Cakes and Milk	
AM Snack	Oatmeal Bars 16	Cereal and Milk 17	Yogurt 18	Cereal and Milk 19	Muffins 20
Lunch	Meatloaf, Potatoes, Corn and Milk				Chicken Patty on Whole Grain Roll, Peas, Applesauce and Milk
PM Snack	Yogurt	Chex Mix	Animal Crackers	Fruit Cup	Waffle Grahams
AM Snack	Bagels and Cream Cheese 23	Oatmeal Bars 24	Cereal and Milk 25	Oatmeal Bars 26	
Lunch	Fish Bites, Broccoli, Pears and Milk				Chef's Choice
PM Snack	Ritz bits w/ Cheese	Bear Grahams	Crackers and Cheese	Pudding Cup	
AM Snack	Cereal and Milk 30	Muffins 1	Oatmeal Bars 2	Fruit and Milk 3	Cereal and Milk 4
Lunch	Ham and Cheese Sandwich, Yogurt, Fruit Cup and Milk				Pizza, Green Beans, Peaches and Milk
PM Snack	Goldfish Crackers	Waffle Grahams	Rice Cakes and Milk	Yogurt	Applesauce and Milk