



January 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1 Cereal and Organic Milk
Lunch					Hamburger on a bun, Green Beans, Applesauce (v. Sunbutter and Jelly on a Bun)
PM Snack					Build Your Own Stackables (Crackers, Cheese, and Pepperoni)
AM Snack	4 Caramel Rice Cakes and Fresh Fruit	5 Graham Crackes and Grape Jelly	6 Warm Oatmeal and Granola	7 Muffins and Organic Milk	8 Belvita Breakfast Biscuit and Cream Cheese
Lunch	Chicken Parmesan, Peas, Applesauce (v. Soy Chicken Parmesan)	Chicken Alfredo, Mixed Veggies, Pineapple (v. Cream of Mushroom Casserole)	Ham and Cheese Melt, Mixed Veggies, Peaches (v. Sunbutter and Jelly Sandwich)	Turkey and Rice Bake, Green Beans, Pears (v. Vegetarian Rice Bake)	Cheeseburger Sliders, Hash Brown Triangles, Peaches (v. Veggie Burger)
PM Snack	Goldfish Crackers and String Cheese	Tortilla Chips with Warm Nacho Cheese (i/t: Cheerios and Fruit)	Naan Bread and Hummus	Graham Crackers and Fresh Fruit	Soft Pretzel Bites and Cheese Sauce (i/t: crackers and cheese slices)
AM Snack	11 Nurtrigrain Bar and Organic Milk	12 Cereal and Organic Milk	13 Wheat Thin Crackers and Cheese Slices	14 Turkey Sausage and Biscuits	15 Pancakes and Organic Milk
Lunch	Creamy Turkey and Noodles Casserole, Carrots, Mixed Fruit (v. Creamy Noodle Casserole)	Chicken Nuggets, Mixed Veggies, Pineapple (v. Soy Chicken Nuggets)	Pasta with Meat Sauce, Carrots, Fresh Fruit (v. Pasta with Marinara Sauce)	BBQ Diced Chicken Sandwich, Green Beans, Peaches	English Muffin Pepperoni Pizza, Mixed Veggies, Pears (v. English Muffin Pizzas with Cheese)
PM Snack	Crackers and String Cheese	Build Your Own Stackables (Crackers, Cheese, and Pepperoni)	Apple Slices and Sunbutter (i/t: Cheerios and Fruit)	Sunchips and Salsa (i/t: Goldfish Crackers and Cheese)	Breadsticks and Marinara Sauce
AM Snack	18 Strawberry Yogurt and Animal Crackers	19 French Toast Sticks and Organic Milk	20 Bagels and Cream Cheese	21 Nutrigrain Bars and Fruit	22 Cereal and Organic Milk
Lunch	Ham and Cheese Casserole, Mixed Veggies, Pinapple (v. Cheesy Casserole)	Southwest Chicken Pasta, Broccoli, Mixed Fruit (v. Vegetarian Southwest Pasta)	Turkey Sausage and Cheese on an English Muffin, Carrots, Pears (v. Sunbutter and Jelly on English Muffin)	Chicken Tenders, Green Beans, Mandarin Oranges (v. Soy Chicken Nuggets)	Pasta with Meat Sauce, Peas and Carrots, Peaches (v. Pasha with Veggie Crumbles)
PM Snack	Crackers and Cheese	Soft Pretzel Bites and Cheese Sauce (i/t: crackers and cheese slices)	Animal Crackers and Fresh Fruit	Sunchips and Salsa (i/t: Goldfish Crackers and Cheese)	Graham Crackers and Cream Cheese
AM Snack	25 Graham Crackers and Applesauce	26 English Muffins and Grape Jelly	27 Muffins and Organic Milk	28 Cereal and Organic Milk	29 Hawaiian Rolls and Grape Jelly
Lunch	BBQ Pulled Pork, Hash Brown Triangle, Pears (i/t: Chicken Sandwich: v. Soy Chicken)	Cheesy Spanish Rice with Chicken, Green Beans, Peaches (v. Cheesy Spanish Rice)	Chicken Pesto Pasta, Carrots, Peaches (v. Pesto Soy Chicken)	Sloppy Joes, Mixed Veggies, Mixed Fruit (v. Veggie Burger)	Chicken Nuggets, Mixed Veggies, Pineapple (v. Soy Chicken Nuggets)
PM Snack	Rice Cakes and Applesauce	Tortilla Chips and Salsa (i/t: Cheerios and Fruit)	Graham Crackers and Fruit	Build Your Own Stackables (Crackers, Cheese, and Pepperoni)	Soft Pita Chips with Hummus