

# January 2021 Menu



|                 | MONDAY  | TUESDAY   | WEDNESDAY                                      | THURSDAY   | FRIDAY                                      |
|-----------------|---|---|--|--|---|
| <b>AM Snack</b> | 4<br>Strawberry Poptart                           | 5<br>Cinnamon Toast Crunch                          | 6<br>Chocolate Chip Cereal Bar                 | 7<br>Maple Crackers                                  | 8<br>Muffins                                |
| <b>Lunch</b>    | Spaghetti with meat sauce, Mixed Veggies, Peaches | Beef Tacos, Peas, Pineapple                         | Macaroni and Cheese, Green Beans, Apple Slices | Sweet and Sour Meatballs, Potatoes, Carrots, Peaches | Pizza, Mixed Veggies, Oranges               |
| <b>PM Snack</b> | Pretzels  | Teddy Grahams                                       | Trail Mix                                      | Oatmeal Cookie                                       | String Cheese                               |
| <b>AM Snack</b> | 11<br>Waffle Grahams                              | 12<br>Maple Crackers                                | 13<br>Strawberry Poptart                       | 14<br>Cereal   | 15<br>Strawberry Cereal Bar                 |
| <b>Lunch</b>    | Chicken Barbecue Quesdilla, Corn, Pineapple       | Beef Nachos, Peas, Mixed Fruit                      | Chicken Nuggets, Tator Tots, Carrots, Pears    | Chicken Patty Sandwich, Mixed Veggies, Oranges       | Eggs, Sausage, Bagel, Green Beans, Peaches  |
| <b>PM Snack</b> | Cheddar Chex Mix                                  | Goldfish Grahams                                    | Crackers and Cheese                            | Teddy Grahams  | Trail Mix                                   |
| <b>AM Snack</b> | 18<br>Cinnamon Apple Sauce                        | 19<br>Waffle Grahams                                | 20<br>Cereal                                   | 21<br>Chocolate Chip Cereal Bar                      | 22<br>Maple Crackers                        |
| <b>Lunch</b>    | Tuna Noodle Cassarole, Carrots, Pears             | Sweet and Sour Meatballs, Potatoes, Corn, Pineapple | Macaroni and Cheese, Green Beans, Peaches      | Baked Ziti with Meat Sauce, Peas, Mixed Fruit        | Ranch Chicken, Rice, Mixed Veggies, Oranges |
| <b>PM Snack</b> | Oatmeal Cookie                                    | String Cheese                                       | Goldfish Grahams                               | Cheezits   | Vanilla Pudding                             |
| <b>AM Snack</b> | 25<br>Strawberry Poptart                          | 26<br>Oatmeal Bar                                   | 27<br>Muffins                                  | 28<br>Strawberry Applesauce                          | 29<br>Waffle Grahams                        |
| <b>Lunch</b>    | Beef Nachos, Peas, Mixed Fruit                    | Macaroni and Cheese, Mixed Veggies, Oranges         | Pizza, Carrots, Pears                          | Sweet and Sour Meatballs, Potatoes, Corn, Pineapple  | Soybutter and Jelly, Green Beans, Peaches   |
| <b>PM Snack</b> | Crackers and Cheese                               | Teddy Grahams                                       | Trail Mix                                      | Pretzels   | Cheddar Chex Mix                            |
| <b>AM Snack</b> |   |   |  |  |   |
| <b>Lunch</b>    |   |   |  |  |   |
| <b>PM Snack</b> |   |   |  |  |   |