

January 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	4 Wheat Crackers & Cheese (I/T: Oyster Crackers)	5 Fresh Apples & Ritz Crackers	6 Cottage Cheese & Peaches	/ Teddy Grahams & Fruit	8 Fig Newtons & Strawberries (I/T: Pears)
Lunch	Turkey Roll-Ups, Mixed Veggies, Diced Pears, & Milk	Macaroni & Cheese, Steamed Peas, Diced Mango, & Milk	Pasta with Red Sauce, Green Beans, Diced Peaches, & Milk	Teriyaki Chicken & Rice, Steamed Carrots, Pineapple Tidbits, & Milk	Turkey Sausage & Cheese on a Bun, Peas & Carrots, Mandarin Oranges, & Milk
PM Snack	Tropical Fruit & Cheerios	Bananas & Goldfish	Sun Chips & String Cheese (I/T: Crackers)	Warm Pretzels & Cheese Dip	Animal Crackers & Applesauce
AM Snack	Blueberry Belvita Biscuits & Milk	Fresh Oranges & Cheerios	Hawaiian Rolls & Jelly	Crackers & Craisins (I/T: fruit)	English Muffins & Fruit
Lunch	Meatball Sub, Steamed Broccoli, Mandarin Oranges, & Milk	Warmed Ham & Cheese, Steamed Peas, Diced Pears, & Milk	French Toast Sticks, Turkey Sausage, Steamed Green Beans, Diced Peaches, & Milk	Chicken Tenders, Califonia Veggies, Applesauce, & Milk	Sloppy Joes on a Bun, Diced Carrots, Pineapple Tidbits, & Milk
PM Snack	Pita Bread & Jelly	Chips & Salsa	Cucumbers & Ranch Dip	Warm Breadsticks & Marinara	Graham Crackers & Fruit
AM Snack	18 Bagels & Cream Cheese	19 NutriGrain Bars & Fruit	20 Vanilla Yogurt & Blueberies (I/T: pears)	21 Englsh Muffins & Jelly	22 Rice Cakes & Fruit (I/T: Fig Newtons)
Lunch	Fish Nuggets, Sweet Potato Tots, Green Beans, Diced Peaches, & Milk	Brown Rice Chicken Bake, Diced Carrots, Diced Pears, & Milk	Grilled Cheese, Peas & Carrots, Mandarin Oranges, & Milk	Mini Corn Dogs, Steamed Peas, Pineapple Tidbits, & Milk (I/T: Chicken Nuggets)	Cheese Pizza, California Veggies, Diced Pears, & Milk
PM Snack	Animal Crackers & Fruit	Apples & Cheese Slices	Trail Mix & Fruit	Graham Crackers & Apple Butter	Wheat Crackers & Cheese (I/T: Ritz)
AM Snack	25 Raisin Toast (I/T: Graham Crackers)	26 Crackers & Cheese	27 Bananas & Cheerios	28 Vanilla Yogurt & Peaches	29 Hawiin Rolls with Jelly
Lunch	Burrito Bake with Salsa and Sour Cream, Green Beans, Diced Peaches, & Milk	Vegetable Soup, Peas, Pineapple Tidbits, & Milk	Turkey & Cheese Roll-Ups, Diced Carrots, Applesauce, & Milk	Chicken Patties, Steamed Peas, Fresh Oranges, & Milk	Pasta/turkey Meatballs,Pears & Mixed Vegables
PM Snack	Apples & Sun Butter	Cucumbers & Ranch	Oranges and Oyster Crackers	Pita Bread with Jelly	Chips and Salsa (I/T: Goldfish)
AM Snack					
Lunch					
PM Snack					