

Chesterbrook Academy February 2021 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on February 1, 2021

A.M. Snack	ENGLISH MUFFIN, APPLE BUTTER, MILK 1%	TASTEEOS, BANANA, MILK 1%	MINI WG BAGEL, STRAWBERRY PRESERVES, MILK 1%	CORN FLAKES CEREAL, SLICED BANANA, MILK 1%	WG BANANA MUFFIN, MILK 1%
Lunch	GRILLED CHEESE, MIXED VEGETABLES, PEACHES, MILK 1%	SAILSBURY STEAK, TATER TOTS, MANDARINE ORANGES, MILK 1%	WG PASTA, STRINGBEANS, APPLESAUCE, MILK 1%	ZESTY ORANGE DICED CHICKEN, BROWN RICE, PEACHES, MILK 1%	CHEESE QUESADILLA ON WHOLE WHEAT TORTILLA, CARROTS, DICED PEARS, MILK 1%
P.M. Snack	WHEAT CRACKERS, STRING CHEESE	PRETZEL TWISTS	HUMMUS, WG PITA	MOZZARELLA STRING CHEESE, WHEAT THIN CRACKERS	WG STRAWBERRY YOGURT CHEX

Week Beginning on February 8, 2021

A.M. Snack	WG CRANBERRY ORANGE MUFFIN, MILK 1%	TASTEEOS CEREAL, BANANA, MILK 1%	WHOLE GRAIN MINI BAGEL, APPLE BUTTER, MILK 1%	WG FRENCH TOAST BITES, BLUEBERRIES, MILK 1%	APPLE CINNAMON MUFFIN, MILK 1%
Lunch	CHICKEN CHEESESTEAK, WHOLE WHEAT ROLL, PEAS, DICED PEARS, MILK 1%	TURKEY BURGER ON WHOLE WHEAT BUN, STRINGBEANS, SLICED STRAWBERRIES, MILK 1%	BBQ CHIC QUESADILLA (VO - Garden Burger), BAKED SWEET POTATO FRIES, APPLESAUCE, MILK 1%	SCRAMBLED EGG PATTY, MANDARIN ORANGES, DICED POTATOES, MILK 1%	DICED TURKEY HAM, MASHED POTATOES, PINEAPPLE, MILK 1%
P.M. Snack	BABY CARROTS, RANCH DRESSING	CHEEZIT CRACKERS	SLICED CUCUMBERS, RANCH DRESSING, WHEAT THINS	WG SALTINES, COLBY JACK CHEESE STICK	WG SOFT PRETZEL ROD, CHEDDAR CHEESE SAUCE

Week Beginning on February 15, 2021

A.M. Snack	HAPPY	WG BISCUIT, BLUEBERRIES, MILK 1%	STRAWBERRY SHRED WHEAT, MILK 1%	WHOLE GRAIN PANCAKE, SUGAR FREE SYRUP, ORANGE SLICES, MILK 1%	TASTEEOS CEREAL, BANANA, MILK 1%
Lunch	PRESIDENT'S	MAC N CHEESE, STRINGBEANS, PEARS, MILK 1%	HONEY MUSTARD GRILLED CHIC NUGGETS, WG SLIDER, TATER TOTS, APPLESAUCE, MILK 1%	HAMBURGER ON WHOLE WHEAT BUN, CORN, SLICED STRAWBERRIES, MILK 1%	PIEROGIES, MIXED VEG, FRUIT COCKTAIL, MILK 1%
P.M. Snack	DAY!!	VANILLA YOGURT, MIXED BERRIES	WG GOLDFISH CRACKERS	TOWNHOUSE CRACKERS, CHEESE SLICES	WG SOFT BAKED OATMEAL COOKIE

Week Beginning on February 22, 2021

A.M. Snack	YOGURT, DICED MANGO, MILK 1%	RICE KRISPIES CEREAL, MILK 1%	WHOLE GRAIN ENGLISH MUFFIN, APPLE BUTTER, BLUEBERRIES, MILK 1%	WHOLE GRAIN WAFFLE, MIXED BERRIES, MILK 1%	WG FRENCH TOAST STICKS, MILK 1%
Lunch	GRILLED CHEESE ON WHEAT, STRINGBEANS, DICED PEACHES, MILK 1%	RICE & BEAN BOWL, CORN, MANDARIN ORANGES, MILK 1%	WG PIZZA, MIXED VEGGIES, DICED PEARS, MILK 1%	WHOLE GRAIN CHICKEN PATTY, BROCCOLI FLORETS, APPLESAUCE, MILK 1%	LASAGNA ROLL UPS, CORN, DICED PEACHES, MILK 1%
P.M. Snack	WG VEGGIE & BEAN CRACKERS	WG GRANOLA BITES	GRAHAM CRACKERS, APPLE BUTTER	FRESH APPLE, SUNBUTTER OR SOYBUTTER	MOZZARELLA STRING CHEESE, WHEAT THIN CRACKERS

Week Beginning on March 1, 2021

A.M. Snack	HONEY GRAHAM SQUARES CEREAL, MILK 1%	TASTEEO CEREAL, MIXED BERRIES, MILK 1%	WHOLE GRAIN WAFFLE, SLICED STRAWBERRIES, MILK 1%	SCRAMBLED EGG PATTY, MILK 1%	WHOLE WHEAT TOAST SLICE, APPLE BUTTER, MILK 1%
Lunch	TURKEY SAUS/PEPP CALZONE, MIXED VEG, SLICED STRAWBERRIES, MILK 1%	GRILLED CHICKEN NUGGETS (VO - Gardein Chicken Strips), PEARS, CORN, MILK 1%	WG TURKEY TACO MEATLOAF, MASHED POTATOES, PEARS, MILK 1%	JUMBO CHEESE RAVIOLI, SPAGHETTI SAUCE, SWEET PEAS, DICED PEACHES, MILK 1%	CHIC TENDER & CHEESE WRAP, WG TORTILLA, STRINGBEANS, APPLESAUCE, MILK 1%
P.M. Snack	COLBY JACK CHEESE STICK, WG TRISCUITS	WG SOFT PRETZEL ROD, CHEDDAR CHEESE SAUCE	FRESH APPLE, SUNBUTTER OR SOYBUTTER	WG SOFT BAKED OATMEAL COOKIE	SLICED CUCUMBERS WITH RANCH DRESSING, MOZZARELLA STRING CHEESE