A close up of a logo

Description automatically generated

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 4  Whole wheat Pasta with Meat sauce  Peas  Apple Sauce | 5  Cheesy Broccoli Rice  Green Beans  Banana Half | 6  Grilled Cheese on wheat bread  Carrots  Pineapple | 7  Turkey & Broccoli Casserole  Mixed vegetables  Apple Slices | 8  Chicken Salad on wheat roll  Cali vegetables  Pineapple |
| 11  Mac ‘n’ cheese  Green beans  Apple Slices | 12  Beef Soft Taco  Tossed Salad /Peas (t)  Banana Half | 13  Ham & Cheese on wheat bread  Sweet Potato Fries/Green Beans  Sliced pears | 14  Chicken Parmesan  California vegetables  Apple Sauce | 15  Hot Chicken Sandwich w/Gravy  Mashed Potatoes  Banana Half |
| 18  Beefy Mexican rice  casserole  Mixed vegetables  Pineapple | 19  Home Made Lasagna  Green Beans  Banana Half | 20  Turkey & Cheese on wheat bread  Carrots  Sliced Pears | 21  Chicken BBQ on a wheat roll  Mashed Potatoes  Apple sauce | 22  Mini Mexican Cheese Pizza  Autumn Blend  Banana Half |
| 25  Chicken Fajitas  Green Beans  Sliced Apples | 26  Beefaroni  Tossed salad/peas (T)  Banana half | 27  Grilled cheese sandwich on wheat bread  Carrots  Apple sauce | 28  Chicken Vegetable casserole  Carrots  Pineapple | 29  Stewed Beef & Rice  Tater Totes/Green beans  Sliced Pears |