



# January 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	4 Cereal and Milk	5 Fruit Cup	6 Oatmeal Bars	7 Cereal and Milk	8 Chef's Choice
<b>Lunch</b>	Cheese Quesadillas, Corn, Fruit and Milk				Chef's Choice
<b>PM Snack</b>	Cheese Sticks	Oatmeal Cookie and Milk	Fruit and Milk	Pudding Cup	
<b>AM Snack</b>	11 Oatmeal Bars	12 Cereal and Milk	13 Yogurt	14 Cereal and Milk	15 Muffins
<b>Lunch</b>	Grilled Cheese, Green Beans, Pears and Milk	Mac and Cheese, Carrots, Mixed Fruit and Milk	Pasta with Tomato Sauce, Green Beans, Fruit and Milk	Pizza, Corn, Peaches and Milk	Chicken Patty on Whole Grain Roll, Carrots, Applesauce and Milk
<b>PM Snack</b>	Yogurt	Fruit Cup	Animal Crackers	Goldfish	Waffle Grahams
<b>AM Snack</b>	18 Bagels and Cream Cheese	19 Oatmeal Bars	20 Cereal and Milk	21 Oatmeal Bars	22 Cereal and Milk
<b>Lunch</b>	Cheeseburgers, Corn, Fruit Cup and Milk	Ham and Cheese Sandwich, Yogurt, Applesauce and Milk	Diced Turkey, Rice, Carrots and Milk	Meatloaf, Potatoes, Peas and Milk	Fish Sticks, Green Beans, Fruit and Milk
<b>PM Snack</b>	Ritz bits w/ Cheese	Bear Grahams	Crackers and Cheese	Waffle Grahams	Fruit Cup
<b>AM Snack</b>	25 Cereal and Milk	26 Muffins	27 Oatmeal Bars	28 Fruit and Milk	29 Chef's Choice
<b>Lunch</b>	Chicken Tenders, Carrots, Pineapple and Milk	Cheeseburger, Sweet Potato Fries, Pineapple and Milk	Chicken Nuggets, Broccoli, Pears and Milk	Tacos, Corn, Peaches and Milk	Chef's Choice
<b>PM Snack</b>	Goldfish	CheX Mix	Rice Cakes and Milk	Bear Grahams	