January 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
AM Snack	Cereal and Milk	Bagel with Cream Cheese	Yogurt	Cereal and Milk	Muffin
Lunch	Pizza, Peas, Pears, Milk				Turkey Ham Sandwich, Green Beans, Pineapple, Milk
PM Snack	Waffle Grahams	Cookies and Milk	Chocolate Bears	Crackers and Cheese	Goldfish
	11	12	13	14	15
AM Snack	Muffin	Cereal and Milk	Yogurt	Cereal and Milk	Muffins
Lunch	Fish Sticks, Corn, Pears, Milk	Cheese Quesadilla, Carrots, Pineapple, Milk	Chicken Nuggets, Potatoes, Peaches, Milk	Pizza, Green Beans, Mixed Fruit, Milk	Chicken Patty, Carrots, Applesauce, Milk
PM Snack	Chex Mix	Ritz Bitz with Cheese	Animal Crackers	Goldfish	Waffle Grahams
	18	19	20	21	22
AM Snack	Bagels and Cream Cheese	Oatmeal Bars	Cereal and Milk	Oatmeal Bars	Cereal and Milk
Lunch	Hamburgers, Corn, Fruit Cup, Milk	Sunbutter and Jelly Sandwiches, Yogurt, Mixed Fruit, Milk	Meatloaf, Carrots, Pears, Milk	Chicken Nuggets, Peas, Pineapple, Milk	Fish Sticks, Green Beans, Fruit, Milk
PM Snack	Ritz bits w/ Cheese	Bear Grahams	Crackers and Cheese	Waffle Grahams	Fruit Cup
	25	26	27	28	29
AM Snack	Cereal and Milk	Muffin	Oatmeal Bar	Fruit and Milk	Cereal and Milk
Lunch	Chicken Tenders, Carrots, Pineapple, Milk	Fish Sticks, Carrots, Pears	Chicken Patty, Potatoes, Corn, Milk	Sunbutter and Jelly Sandwiches, Applesauce, Mixed Fruit, Milk	Pizza, Green Beans, Peaches, Milk
PM Snack	Goldfish	Chex Mix	Rice Cakes	Bear Grahams	Waffle Grahams
AM Snack					
Lunch					
PM Snack					