



March - 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	English Muffins, Jelly, Water	Mini-Bagels, Cream Cheese, Water	Cinnamon Muffins, Milk	Warm Waffles with Syrup, Milk	Vanilla Yogurt, Peaches
Lunch	Mini Turkey Comdogs, (I/T: Chicken Tenders) Mixed Vegetables, Fruit, Organic Milk	Beef Tacos with Shredded Cheese, Refried Beans, Peaches, Organic Milk	Chicken Patty on a Bun, Hash Browns, Apples, Organic Milk	Cheese Raviolis with a Marinara, Breadsticks, Broccoli, Fruit, Organic Milk	Pollock Fish with French Fries, Peas and Carrots, Pineapples, Organic Milk
PM Snack	Crackers, Cheese, Water	Warm Pretzel, Cheese, Water	Animal Crackers, Fruit Water	Sun Chips, String Cheese (I/T: Crackers) Water	Rice Cakes Fruit, Water
AM Snack	Warm Oatmeal, Milk	Wheat Crackers, Craisins, (I/T: Goldfish Crackers) Water	Blueberry Belvita Biscuits, Milk	Mini-Bagels, Cream Cheese, Water	Nutrigrain Bar, Milk
Lunch	Pasta with Marinara and Chicken, Green Beans, Fruit, Organic Milk	Chicken Gyro on Pita Bread, Steam Vegetables, Fruit, Organic Milk	Meatloaf, Sweet Potato Tots, Steam Carrots, Mandarin Oranges, Organic Milk	Cream of Chicken and Rice Soup, Mixed Veggies, Honeydew Melon, Organic Milk	Homemade Spinach Pizza, Fruit Cocktail, Organic Milk
PM Snack	Wheat Crackers, Cheese Cubes, Water	Rice Cakes, Cream Cheese, Water	Goldfish Crackers, Apples, Water	Fresh Fruit, Crackers, Water	Vanilla Wafers, Applesauce, Water
AM Snack	Yogurt, Granola, (I/T: Cheerios) Water	Warm Waffles with Syrup, Milk	Cinnamon Raisin Bread, Cream Cheese, Water	Teddy Grahams, Apples, Water	Fig Newtons, Fruit, Water
Lunch	Cheese Burgers, French Fries, Sliced Apples, Organic Milk	Pancakes, Turkey Sausage, Hash Brown, Mandarin Oranges, Organic Milk	Kale Pesto Chicken Pasta, Breadstick, Broccoli, Pears, Organic Milk	BBQ Chicken, Peas & Carrots, Dinner Rolls, Strawberries, Organic Milk	Homemade Chicken Parmesan, Mixed Vegetables, Pears, Organic Milk
PM Snack	Graham Crackers, Jelly Water	Animal Crackers, Fruit, Water	Sun Chips, Peaches, (I/T: Goldfish Crackers), Water	Pineapple, Strawberries, Water	Warm Pretzel, Cheese, Water
AM Snack	Biscuits, Jam, Milk	Pears, Crackers, Water	Fig Newtons, Fruit	Yogurt, Fresh Bananas, Water	Wheat Crackers, Craisins, (I/T: Goldfish Crackers), Water
Lunch	Chicken Enchilada Bake, Refried Beans, Cantaloupe, Organic Milk	French Toast Sticks with Sausage, Green Beans, Pineapple, Organic Milk	Whole Grain Pasta Marinara, Mixed Vegetables, Peaches, Organic Milk	Ham and Cheese Roll Up, California Vegetables, Bananas, Organic Milk	Sloppy Joes, Fresh Carrots, Applesauce, Organic Milk
PM Snack	Ritz Crackers, Cheddar Cubes Cheese, Water	Warm Pretzels, Cheese, Water	Peaches, Crackers, Water	Sun Chips, String Cheese (I/T: Crackers) Water	Bananas, Crackers, Water
AM Snack	English Muffins, Cream Cheese, Water	Cheerios, Fruit, Water	Nutrigrain Bar, Milk	Cinnamon Muffins, Milk	Cinnamon Raisin Bread, Cream Cheese, Water
Lunch	Cheeseburger Mac, Green Beans, Fruit, Organic Milk	Hot Turkey & Swiss Roll-ups, Tater Tots, Tropical Fruit, Organic Milk	Grilled Chicken, California Veggies, Pineapple, Organic Milk	Egg, Cheese, and Turkey Sausage Sandwich, Green Beans, Apples, Organic Milk	Tuna Casserole with Peas & Carrots, Mandarin Oranges, Organic Milk
PM Snack	Fruit, Crackers, Water	Wheat Crackers, Hummus, Water	Warm Breadsticks, Marinara Sauce, Water	Mandarin Oranges, Crackers, Water	Trail Mix, Fruit, Water

1
2
3
4
5
6
7
8
9
10
11

*If you use a menu supplied by your caterer, you do not need these templates.
Otherwise, please continue.*

Select your template based on the number of meals you provide and the length of your meal descriptions. **Delete the other tabs.** Save as a new name.

Replace the logo with that of your school brand.

Go into the footer and change the school name, address and phone number to that of your school.

In row 1, change the name of the month and year if needed.

Change the names of meals if needed. For example, you may call it breakfast instead of am snack.

Change the blue date numbers to reflect the particular month that you are in.

Type or "copy special" your actual food items into each meal & date.

Make sure you have saved your menu under a new name.

Save as a PDF (File -> Print -> Select Adobe PDF as the Printer -> Click Print)

Email the Excel file & PDF to Marketing to post on your website

Each month, repeat steps 4-9 but instead of sending to marketing, **post the PDF to your menu page on your website.**