



July Menu 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		6 Cereal and Milk	7 Yogurt	8 Muffins	9 Cereal and Milk
Lunch	Closed Happy 4th of July!!	Cheese Omelets, Hash Browns, Oranges, and Milk	Smile Nuggets, French Fries, Pineapples, and Milk	Beef Mac & Cheese, Peas, Peaches, and Milk	Pizza, Green Beans, Pears and Milk
PM Snack		Goldfish Crackers	Waffle Grahams	Chips and Salsa	Fun Food Friday!
AM Snack	12 Cereal and Milk	13 Croissants	14 Cereal and Milk	15 Muffins	16 Fruit and Yogurt Parfait
Lunch	Grilled Cheese Sandwiches, Mixed Veggies, Fruit, and Milk	Chicken Tacos, Carrots, Applesauce, and Milk	French Toast Sticks, Turkey, Sausage, Pears and Milk	Bow ties with Parmesean Cheese, Broccoli, Peaches and Milk	Hamburger on Whole Grain Bun, Baked Beans, Pineapples, and Milk
PM Snack	Cheese its	Pudding	Cheese and Crackers	Animal Crackers and Milk	Fun Food Friday!
AM Snack	19 Bagels and Cream Cheese	20 Cereal and Milk	21 Oatmeal Bars	22 Whole Grain Muffins	23 Fresh Fruit
Lunch	Grilled Chicken Patty, Carrots, Applesauce, and Milk	Ravioletties, Peas, Peaches and Milk	Fish Sticks, Corn, Oranges and Milk	Pancakes, Turkey Sausage, Sliced Apples, and Milk	Ham and Cheese Sandwiches, Carrots, Pears, and Milk
PM Snack	Teddy Grahams	Pretzels	Graham Crackers and Milk	Chex Mix	Fun Food Friday!
AM Snack	26 Fresh Fruit	27 Cereal and Milk	28 Oatmeal Bars	29 Muffins	30 Cereal and Milk
Lunch	Meatloaf, Diced Potatoes, Peas and Carrots, and Milk	Chicken Parmesean, Green Beans, Mandarin Oranges and Milk	Diced Turkey, Rice Pilaf, Mixed Veggies, and Milk	Pizza Stix, Salad, Mixed Fruit and Milk	SunButter and Jelly Sandwiches, Apple Slices, Cheez-its, and Milk
PM Snack	Bear Grahams	String Cheese and Crackers	Pretzel Fish	Waffle Grahams	Fun Food Friday!