

August 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	2	3	4	5	6
AM Snack	Fig Newton & Goldfish, Water	Bagel & Jelly, Water	Apple Slices & Sunbutter, Water	String Cheese & Cracker, Water	Mixed Fruit & Cheerios, Water
Lunch	Cheese Pizza, Peas & Carrots, Apple Slices, Milk	BBQ Chicken, Mixed Veggies, Tropical Fruit Mix, Roll, Milk	Diced Ham, California Veggie Blend, Peaches, Tortilla, Milk	Chicken Nuggets, Green Beans, Mango, Naan Bread, Milk	Egg Patty, Turkey Sausage, Broccoli & Ranch Dip, Banana, English Muffin, Milk
PM Snack	Pita Chips & Hummus, Water	Soft Pretzel & Cheese, Water	Yogurt & Graham Cracker, Water	Sweet Potato Cracker & Cream Cheese, Water	Mixed Snack, Water
Breakfast	9	10	11	12	13
AM Snack	Goldfish, Juice	Cinnamon Raisin Bagel & Cream Cheese, Water	Cottage Cheese & Wheat Thins, Water	Fig Newtons, Juice	Yogurt & Wafers, Water
Lunch	Vegetable Lasagna, Mixed Veggies, Peaches, Milk	BBQ Rib Patty, Peas, Pineapple, Wheat Bun, Milk	Hamburger on Wheat Bun, Broccoli & Cauliflower, Banana, Milk	Macaroni & Cheese, Green Beans, Mixed Veggies, Milk	Turkey & Cheese Sandwich on Wheat Bread, Spinach Salad & Ranch Dressing, Apple Slices, Milk
PM Snack	Biscuit & Jelly, Water	Strawberries & Graham Cracker, Water	Pita Bread & Hummus, Water	Mango & Cheerios, Water	Nutri-Grain Bar, Juice
Breakfast	16	17	18	19	20
AM Snack	Mixed Snack, Water	Goldfish & Applesauce, Water	Biscuit & Jelly, Water	String Cheese & Cracker, Water	Crackers & Sunbutter, Water
Lunch	Ham & Cheese Wrap on Wheat Tortilla, Romaine Salad & Italian Dressing, Banana, Milk	BBQ Chicken, Mixed Veggies, Tropical Fruit Mix, Roll, Milk	Mozzarella Breadsticks, Carrot Sticks & Ranch Dip, Mixed Fruit, Milk	Chicken Nuggets, Corn & Black Bean Mix, Mango, Hawaiian Roll, Milk	Egg Patty, Turkey Sausage, Mixed Veggies, Apple Slices, English Muffin, Water
PM Snack	Dried Cranberries & Wheat Thins, Water	Soft Pretzel & Cheese, Water	Sweet Potato Crackers & Cream Cheese, Water	Yogurt & Wafers, Water	Pita Bread & Guacamole, Water

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	23	24	25	26	27
AM Snack	Goldfish, Juice	Bagel & Cream Cheese, Water	Yogurt & Fig Newton, Water	Cheese Cube & Cracker, Water	Dried Cranberries & Wheat Thins, Water
Lunch	Macaroni & Cheese, Mixed Veggies, Peaches, Milk	Sweet & Sour Chicken, Green Beans, Apple Slices, Roll, Milk	BBQ Rib Patty, Peas, Tropical Fruit Mix, Cracker, Milk	Cheese Pizza, Carrot Sticks, Banana, Milk	Chef's Choice!
PM Snack	Pita Chips & Hummus, Water	Strawberries & Graham Cracker, Water	Mango & Cheerios, Water	Nutri-Grain Bar & Applesauce, Water	Mixed Snack, Water
Breakfast	30	31			
AM Snack	Apple Slices & Sunbutter, Water	Naan Bread & Guacamole			
Lunch	Diced Turkey, Wheat Tortilla, Shredded Lettuce, Shredded Cheese, Banana, Milk	BBQ Chicken, Celery Sticks, Mandarin Oranges, Roll, Milk			
PM Snack	Cottage Cheese & Pineapple, Water	Mixed Snack, Water			