

Chesterbrook Academy August 2021 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on August 2, 2021					
A.M. Snack	RICE KRISPIES CEREAL, PEARS, 2% MILK	TOAST AND APPLE BUTTER, MILK 2%	FRENCH TOAST STICKS, MIXED FRUIT, MILK 2%	MUFFIN, MILK 2%	YOGURT, PEACHES, MILK 2%
Lunch	FISH STICKS, PEAS AND CARROTS, APPLESAUCE, MILK 2%	CHICKEN TACOS WITH LETTUCE AND CHEESE, PEACHES MILK 2%	CHEESE RAVIOLI, BROCCOLI, PEACHES, MILK 2%	CHICKEN NOODLE SOUP, GRILLED CHEESE SANDWICH, APPLESAUCE, MILK 2%	PIZZA, SALAD, APPLE SLICES, MILK 2%
P.M. Snack	PRETZELS	HUMMUS AND PITA	GOLDFISH CRACKERS	TOLLHOUSE CRACKERS, CHEESE	SPORTS CRACKERS
Week Beginning on August 9, 2021					
A.M. Snack	CEREAL BAR, MILK 2%	EGG PATTY, FRESH ORANGES, MILK 2%	ENGLISH MUFFIN WITH CHEESE, BLUEBERRIES, MILK 2%	CORNFLAKES CEREAL, BANANA, MILK 2%	YOGURT, MILK 2%
Lunch	CHICKEN FRIES, SWEET POTATO FRIES, MIXED TROPICAL FRUIT, MILK 2%	CHICKEN AND RICE, CARROTS, BANANA, MILK 2%	CHEESE QUESADILLA, MIXED VEGETABLES, MIXED BERRIES, MILK 2%	CHICKEN NUGGETS, TATER TOTS, MANDARIN ORANGES MILK 2%	MACARONI AND CHEESE, PEAS, APPLESAUCE, MILK 2%
P.M. Snack	GRAHAM CRACKERS	STRAWBERRY WAFFLE CRACKERS	FRESH CUCUMBERS, RANCH DRESSING	FRESH APPLES	GRAHAM CRACKERS
Week Beginning on August 16, 2021					
A.M. Snack	CHEERIOS CEREAL, PEARS, MILK 2%	PANCAKES, PEACHES, MILK 2%	YOGURT, MILK 2%	BAGELS, JELLY, MILK 2%	RICE KRISPIES CEREAL, MIXED FRUIT, MILK 2%
Lunch	SPAGHETTI, CORN, MIXED BERRIES, MILK 2%	SUNBUTTER AND JELLY SANDWICH, CELERY STICKS, BANANA, MILK 2%	CHICKEN NUGGETS, GREEN BEANS, MIXED FRUIT, MILK 2%	TURKEY SAUSAGE, EGG PATTY, PEARS, MILK 2%	CHICKEN PATTY, SWEET POTATO FRIES, FRESH ORANGES, MILK 2%
P.M. Snack	SALTINES AND CHEESE	WHEAT CRACKERS, CHEESE STICKS	BABY CARROTS, RANCH DRESSING	PRETZEL RODS	STRAWBERRY WAFFLE GRAHAMS
Week Beginning on August 23, 2021					
A.M. Snack	APPLE CINNAMON MUFFIN, MILK 2%	CORNFLAKES CEREAL, BANANA, MILK 2%	WAFFLE STICKS, BLUEBERRIES, MILK 2%	CHEERIOS CEREAL, MANDARIN ORANGES, MILK 2%	RICE KRISPIES, PEACHES, MILK 2%
Lunch	TOMATO SOUP, SUNBUTTER SANDWICH, APPLESAUCE, MILK 2%	BEEF NACHOS WITH CHEESE AND LETTUCE, MIXED TROPICAL FRUIT, MILK 2%	DICED TURKEY WITH GRAVY, MASHED POTATOES, APPLE SLICES, MILK 2%	CHEESE QUESADILLA, BROCCOLI, PEACHES, MILK 2%	CHICKEN FRIES, TATER TOTS, STARWBERRIES, MILK 2%
P.M. Snack	GOLDFISH CRACKERS	GRAHAM CRACKERS, CREAM CHEESE	SPORTS CRACKERS	CEREAL BAR	YOGURT