



July 2021 Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|---|---|---|---|
| Breakfast | | | | 1 | 2 |
| AM Snack | | | | English Muffin with Jelly and Water | Yogurt and Granola with Water |
| Lunch | | | | Chicken and Rice Stir Fry with Sweet and Sour Sauce, Stir Fry Veggies, Pineapple, and Milk (v: Veggie Crumble Stir Fry) | Build Your Own Launchable: Pepperoni, Cheese, Crackers, Mixed Veggies, Mandarin Oranges, and Milk |
| PM Snack | | | | Tortilla Chips and Salsa with Water (I/T: Cheerios and Applesauce) | Bananas and Graham Crackers with Water |
| Breakfast | | 6 | 7 | 8 | 9 |
| AM Snack | Chesterbrook | Cheerios and Milk | Oatmeal and Bananas with Water | Biscuits and Jelly with Water | Blueberry Muffins and Milk |
| Lunch | Closed | Chicken Quesadilla, Peas, Peaches, and Milk (v: Cheese Quesadilla) | Turkey and Cheese Wrap, Mixed Veggies, Mangos, and Milk | Cheesy Ham and Rice Bake, Carrots, and Pears (v: Veggie Crumble Rice Bake) and Milk | Chicken Nuggets, Fresh Salad, Apples (v: Sun Butter Wrap) and Milk |
| PM Snack | | Ritz Crackers and Cheese Slices with Water | Soft Pretzel Bites and Nacho Cheese with Water | Goldfish Crackers and Apples with Water (I/T: Applesauce) | Corn Bread with Milk |
| Breakfast | 12 | 13 | 14 | 15 | 16 |
| AM Snack | Hash browns and Milk | Yogurt and Granola with Water | English Muffins and Jelly with Water | Chex and Milk | Graham Crackers and Cream Cheese with Water |
| Lunch | Creamy Chicken and Noodle Casserole, Carrots, Pears (v: Cream of Mushroom Casserole) and Milk | Beef Tacos, Mixed Veggies, Mangos, and Milk (v: Beef Sub Crumbles) | Pancakes, Turkey Sausage, Hash brown Triangles, Applesauce, and Milk | Ham and Cheese on a Hawaiian Roll, Carrots, Pineapple, and Milk (v: Sun Butter and Jelly on Hawaiian Roll) | Pepperoni Pizza, Green Beans, Applesauce, and Milk (v: Veggie Burger) |
| PM Snack | Naan and Sunbutter with Water | Tortilla Chips and Nacho Cheese with Water (I/T: Puffs and Fruit) | Sweet Potato Crackers and Cream Cheese with Water | Bosco Sticks and Marinara with Water | Wheat Crackers and Bananas with Water |
| Breakfast | 19 | 20 | 21 | 22 | 23 |
| AM Snack | Cheerios and Milk | Biscuits and Jelly with Water | Oatmeal and Bananas with Water | Cinnamon Bread and Milk | Mini Bagels with Cream Cheese and Water |
| Lunch | Chicken Tacos, Carrots, Mixed Fruit, and Milk (v: Veggie Crumble Tacos) | Mac and Cheese with Diced Ham, Diced Peaches, Peas, and Milk (v: Mac and Cheese with Veggie Crumbles) | Build Your Own Launchable: Pepperoni, Cheese, Crackers, Mixed Veggies, Mandarin Oranges, and Milk | Chicken and Rice Stir Fry with Sweet and Sour Sauce, Stir Fry Veggies, Pineapple, and Milk (v: Veggie Crumble Stir Fry) | Turkey and Cheese Wraps, Mixed Veggies, Pineapple, and Milk (v: Sun Butter Wrap) |
| PM Snack | Corn Bread and Milk | Soft Pretzel Bites and Nacho Cheese with Water | Fresh Fruit and Graham Crackers with Water | Tortilla Chips and Salsa with Water (I/T: Cheerios and Applesauce) | Goldfish Crackers and Apples with Water (I/T: Fruit) |
| Breakfast | 26 | 27 | 28 | 29 | 30 |
| AM Snack | Yogurt with Granola and Water | Blueberry Muffins and Milk | Turkey Sausage and Hash browns with Water | Rice Crispys and Milk | Oatmeal and Bananas with Water |
| Lunch | Ham and Cheese on a Hawaiian Roll, Carrots, Pineapple, and Milk (v: Sun Butter and Jelly on Hawaiian Roll) and Milk | Chicken Nuggets, Green Beans, Applesauce, and Milk (v: Veggie Burger) | Cheesy Rice with Ham Bake, Carrots, and Pears (v: Veggie Crumble Rice Bake) and Milk | Cheese Pizza with Pepperoni, Fresh Salad, Mangos, and Milk | Creamy Chicken and Noodle Casserole, Carrots, Pears (v: Cream of Mushroom Casserole) and Milk |
| PM Snack | Bosco Sticks and Marinara with Water | Pita Bread and Hummus with Water | Goldfish Crackers and Fresh Fruit with Water | Sweet Potato Crackers and Cream Cheese with Water | Graham Crackers and Sun Butter with Water |