



# July - 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>				1 Wheat Thins and Cream Cheese	2 Yogurt and Granola/Cheerios
<b>Lunch</b>	**Meals & Snacks are subject to change			Cheeseburger on a Bun, French Fries, Fruit, Organic Milk	Kale Pesto Tortellines, Vegetables, Fruit, Organic Milk
<b>PM Snack</b>				Crackers, Apple Butter, Water	Trail Mix, Water
<b>AM Snack</b>	5	6 Warm Waffles with Syrup, Water	7 Nutrigrain Bar, Milk	8 Muffins and Milk	9 Fig Newtons, Milk
<b>Lunch</b>	CLOSED FOR INDEPENDENCE DAY!	Chicken Nuggets, Fries, Fruit, Organic Milk	Turkey and Cheese Sandwich with Apples and Carrots, Organic Milk	Tuna Salad on a Hawaiian Roll with Peas-Carrots, Peaches, Organic Milk	Mini Corn Dog, hashbrown, Fruit, Organic Milk
<b>PM Snack</b>		Gold Fish, Water	Sun Chips, (I/T: Crackers) Water	Boscosticks and Marinara	Graham Crackers, Jelly, Water
<b>AM Snack</b>	12 Biscuits, Jam, Water	13 Cinnamon Raisin Bread, Cream Cheese, Water	14 Blueberry Belvita Biscuits, Milk	15 Yogurt and Fruit, Water	16 Mini Bagels with Cream Cheese
<b>Lunch</b>	Beef Quesadillas with Cheese, Vegetarian Baked Beans, Mixed Fruit, Green Beans	BBQ Chicken and Mash Potatoes, Mixed Fruit and Vegetables, Organic Milk	Mac N' Cheese With or Without Ham, Pears, Broccoli, Organic Milk	Spinach Pizza, Vegetables, Pineapple, Organic Milk	Chicken Nuggets, Vegetables, Fruit, Organic Milk
<b>PM Snack</b>	Tortillas Chips and Queso, Water	Gold Fish and Apple Sauce, Water	Warm Pretzel, Cheese Sauce Water	Fresh Vegetable with Rach Dip, Water	Wheat Thins and Humms, Water
<b>AM Snack</b>	19 Pears and Crackers	20 Teddy Grahams, String Cheese and water	21 Cinnamon Muffin and Milk	22 Wheat Crackers, Cream Cheese or Jelly, Water	23 Fresh Fruit and Grahams Crackers
<b>Lunch</b>	Tuna Salad Casserole, Peas and Carrots, Fresh Fruit, Organic Milk	BBQ Boneless Ribs, Hash Browns, Pineapple and Mixed Vegetable, Organic Milk	Tomato Soup, Grill Cheese, Fruit and Vegetables, Organiz Milk	Chicken Enchiladas, Vegetarian Refried Beans, Mangos, Organic Milk	Fish Sticks with Mashed Potatoes, Bananas, Carrots, (I/T: Chicken Nuggest) Organic Milk
<b>PM Snack</b>	Animal Crackers, Fresh Fruit, Water	Trail Mix and Water	Sun Chips, (I/T: Crackers) Water	Warm Pretzel, Cheese Dip and Water	Apples and Vanilla Crckers, Water
<b>AM Snack</b>	26 Cinnamon Muffins, Water	27 Wheat Thin, Craisins and Water (I/T: Cheerios)	28 Cottage Cheese, Pineapple Tidbits, Water	29 English Muffins and Jelly	30 Peaches and Yogurt
<b>Lunch</b>	Pasta Primavera with Chicken, Peaches, Green Beans, Organic Milk	French Toast Sticks, Turkey Sausage, Fruit, Vegetables, Organic Milk	Sweet and Sour Chicken With Rice, Pears, Broccoli, Organic Milk	Personal Cheese Pizza with Marinara and Mozarella Cheese, Mandarin Oranges, Green beans, Organic Milk	Sloppy Joes on a Bun, Fresh Cucumbers, Fresh Fruit, Organic Milk
<b>PM Snack</b>	Cheesy Breadsticks with Dip, Water	Rice Cakes, Fruit & Water (I/T: Crackers & Fruit)	Wheat Thin, Craisins and Water (I/T: Graham Crackers)	Mangos, Crackers, Water	Goldfish, Apple Sauce, Water